

**STOCKBRIDGE-MUNSEE COMMUNITY
 REQUEST FOR BIDS
 50th ANNUAL MOHICAN POWWOW
 ROYALTY CROWN/SASH, CLOTHING
 ARTWORK DESIGN, POSTER ARTWORK
 DESIGN**

The Stockbridge-Munsee Community Cultural Affairs Committee (CAC) is seeking Artists to submit an artwork design that will be used in relation to the 50th Annual Mohican POWWOW.

Sealed proposals for the artwork designs requested in the RFP will be received until February 9, 2026, at 4:00 PM, Central Daylight Time. Proposals shall be marked "2026 (proposal you choose) Design" on the outside of the envelope. Proposals shall be delivered to the Stockbridge-Munsee Tribal Secretary, N8476 Moh He Con Nuck Road, P.O. Box 70, Bowler, WI 54416.

Official RFP/Bids can be viewed on Mohican-nsn.gov towards the bottom of the page under the RFP/Bids tab



John Quinney's coat and other belongings return from Smithsonian

The Stockbridge-Munsee Community is officially the first Tribe to complete an Ethical Return from the Smithsonian National Museum of the American Indian (NMAI) under the Smithsonian's 2022 Ethical Returns Policy. The return is for four significant belongings of 1800s Sachem John Waunaucon Quinney: his coat, silver armbands, wampum string, and Presidential peace medal.

In December, Tribal Historic Program Manager Bonney Hartley and Sherry

White, Tribal Liaison and former Program Manager, together traveled to the NMAI to complete the legal and physical transfer of these cultural belongings. Next, the items will make their way to the Arvid E. Miller Memorial Library Museum for an anticipated homecoming celebration and exhibit opening the weekend of May 2nd, 2026.

The four items are attributed to celebrated Sachem John Wannaucon Quinney (1787- 1855), known as "The Dish," a prominent

Quinney cont. on pg Five: role, Dr. Bailey is committed to ensuring that the clinic upholds the highest professional and ethical standards while delivering exceptional health care to the community it serves.

Originally from Massachusetts, Dr. Bailey has lived and worked in Missouri, Ohio, and Wisconsin, and has called the Wausau area home for more than 20

Bailey cont. on pg Eight:



Dr. Richard H. Bailey serves as the Medical Director of SMHWC, where he helps manage and guide the clinic's clinical staff. In this

Be a voter
VOTE
 for our sovereignty
APRIL 7



conservationvoices.org/vote



Vote Tuesday, April 7 to protect our culture
 by Maria Haskins, Anishinaabe, Lac Courte Oreilles
 As Native people, it's important to vote in our elections – both tribal and state elections – to protect our culture, languages, and ways of life. The people elected to offices have the power to make decisions that impact our Tribal nations and daily lives. When we vote, we are choosing our leaders and we have a say in our future. The next general election is coming up on Tuesday, April 7 and we will have the opportunity to vote for

Vote cont. on page Four:

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Books Connecting Us to Traditional Foods

By- Thomas Kazik
Lucy Grignon, an enrolled member of the Stockbridge-Munsee Tribe, partnered with the Tribe's Garden, Education Department, Community Health, along with Bowler School students, to host a Traditional Family Literacy Event at the Eunice Stick Gathering Place on January 14, 2026. The event centered on reading, learning, and educating young children through stories and traditional foods.

a children's picture book by Métis author Willie Poll and Mohawk illustrator Shaikara David was used to help families and local community members introduce young children to Indigenous food traditions and intergenerational learning. Created for children ages Pre-K through 2, the guide supports early literacy while encouraging meaningful conversations at home and in community settings about family, sharing, and respect for the land. The story follows a young girl learning a special

family recipe from her grandparents, highlighting seasonal harvesting, traditional foods, and the importance of passing knowledge between generations. Parents and caregivers are encouraged to introduce children to the creators' First Nations identities and to explore the diversity of Indigenous cultures across North America. Suggested activities include discussing the illustrations, identifying story characters, and learning about traditional foods such as wild rice, maple syrup, sunchokes, and blueberries. The guide also promotes hands-on learning through everyday experiences,

helping children understand where food comes from, its nutritional value, and the importance of harvesting responsibly to protect the environment for future generations. Designed to be flexible, the guide can be adapted for families, cultural gatherings, libraries, and community programs, fostering cultural understanding, gratitude, and a deeper connection to the natural world. To conclude the event, Diane Burr from the Stockbridge-Munsee Education Department, with the help of 11th-grade students from Bowler High School, led a make-and-take wild rice activity using ingredients harvested from the tribe's garden.



Express your thoughts and opinions. Let your voice be heard.
We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
COMMUNITY
Band of Mohican Indians

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Stockbridge-Munsee Community

Editor

Staff Reporter
Thomas Kazik II

EDITORIAL BOARD:
Diane Burr
William Martin

Please consider signing
up for the Editorial
Board.

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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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Constitution Committee Update

A huge thank you to those who attended our November 8, 2025 Constitution Committee Update Meeting at the casino. We are grateful for the large turnout, and we obtained nearly a third of the signatures needed at the November 8th meeting! The Committee and others are obtaining signatures on the Petition for the BIA's Secretarial Election to amend the Tribe's Constitution.

The PowerPoint presentation from that meeting is posted on the Tribal Member website.

We need about 190 signatures to request the BIA Secretarial Election. Because of the BIA's rules, only Tribal Members at least 18 years-old who reside within the 1856 reservation boundary can sign the Petition.

The proposed Constitutional Amendments would:

1. Remove the BIA from future Constitutional Amendments; and/or
2. Change Membership requirements from the ¼ blood requirement to lineal descendancy-Children of Members would be eligible for Tribal Membership.

Remember, on March 31, 2025, the Tribal Council suspended enrollment until the Secretarial Election is held. It is critical that we hold the BIA Secretarial Election.

About half of our membership are 55-years and older.

And, the 2009 actuary report estimated that Tribal Membership would be 840 in 2040, if the enrollment requirements were not changed.

The 2023 Tribal survey indicated that 72-80% of Tribal Members thought that Membership change was important or extremely important.

It is estimated that there are about 1,700 direct descendants. PowerPoint presentation contains information from many Tribal departments on the potential impact if Tribal Membership requirements are changed.

There is a false rumor that if the Membership is changed, we will lose our reservation land base. That is completely false, is a scare tactic, and completely ignores legal precedent and common sense.

As soon as we have 190 signatures, the Committee will submit the signed petitions to the BIA and request the Secretarial Election.

If you are 18-years or older and reside within the 1856 reservation, and want to sign the petition, please contact:

Alpha Crepeau, or JoAnn Schedler, or Doug Huck 715-584-4240, or Joe Miller 715-881-0545, or email the Committee at: Stockbridge2026@gmail.com



News Release

Writing contest for Shawano area students
The Shawano Area Writers group has kicked off the 29th year of the George Putz Memorial Student Writing Contest. Information about the contest is being distributed to public and private schools and homeschoolers in Shawano and Menominee County.

The contest is open for four grade groups: 1-2, 3-5, 6-8, and 9-12. There are three categories: Poetry, Fiction, and Nonfiction. Students will be competing only within their grade group, and cash prizes will be given in each of the categories. Students may enter in more than one category, and they may submit entries as many times as they want.

The judges for the contest are selected from outside Shawano and Menominee Counties. They will be picking a 1st, 2nd, and 3rd place in each category, within each grade group.

First, second, and third place winners in each grade group will receive cash prizes in each of the three categories. They will also be giving out honorable mentions to some of the students. All winners, including honorable mentions, will get a certificate of achievement for being selected by the judges.

The deadline for the contest is March 27, 2026. All the rules and the entry form are posted on our website. Each entry must have an entry form. **Entries can be mailed to: Shawano Area Writers, P.O. Box 657, Shawano, WI 54166, or emailed to: Student.Writing.Contest@ShawanoAreaWriters.org**

Steve Lorenz, Coordinator, George Putz Memorial Student Writing Contest

Again this Student Writing contest that is open for all students who live or go to school in Shawano and Menominee Counties.

ATTENTION!

All patients will now be required to pick up, sign, and hand carry their referrals for each appointment. This will be done in the PRC department located off of the Medical Waiting Room in the Clinic.

REMINDER!

- Please stop at the PRC department to ensure eligibility before assuming that a referral will be covered, they can help you.
- Make sure **ALL** appointments are called in to the **Referral Department** 3 days **PRIOR** to the appointment to make sure that there is a referral for you in place.

Please call the PRC department with any question or concerns.
PRC LINE – 715-793-5013

Ronni James – 715-793-5010 PRC Manager

Joan Olson, Referral Department Case Manager – 715-793-4102

Sara Miller, Referral Specialist – 715-793-5077

Veterans Corner

203 W. Main St
Bowler, WI. 54416

Gregg W. Duffek,
Tribal Veterans Service
Officer
Office: 715-793-4036
gregg.duffek@mohican-nsn.gov



715-793-4036



Alert Media
Information sent right to your Phone
Weather: Ice, fog, tornado or any safety issue threat to our community.
If you are interested in receiving these alerts, contact:
Bill Terrio at 715-793-5622
Craig Kroening Jr at 715-793-5070

Purchased/Referred Care
Please acknowledge that receiving a referral from a provider at the Stockbridge-Munsee Health & Wellness Center does not conclude that it will be paid for by Purchased/Referred Care. You are required to call or see PRC staff to make sure you are eligible for PRC. Per PRC Policy #202PRC0002.

PRC Staff:
Ronni James PRC Manager 715-793-5010
Lenore 'Punkin' Shepard 715-793-5094
Schlyer Martin PRC Assistant 715-793-3015

ATTN: PATIENTS OF STOCKBRIDGE-MUNSEE HEALTH & WELLNESS CENTER
EVERY APPOINTMENT WITH AN OUTSIDE PROVIDER AND ER VISITS NEED TO BE CALLED IN TO THE REFERRAL DEPARTMENT PRIOR TO ALL VISITS, OR TO THE ER LINE TO ENSURE ANY MEDICATIONS WILL BE FILLED AT THE STOCKBRIDGE MUNSEE HEALTH & WELLNESS CENTER.

Referral Department Phone Numbers:
Sara- (715) 793-5077
Joan- (715) 793-4102
ER LINE (715) 793-5025

Vote cont. from pg One:
a new justice to sit on the Wisconsin Supreme Court for the next 10 years. Depending where you live, there may also be races for circuit court judges, county boards, city councils, school boards, and more. On Feb. 17 there is also a primary election for certain races. You can find out if you have a primary election in your voting district by going to myvote.wi.gov/Whats-On-My-Ballot. Regardless of where you live, you will have the opportunity to elect a Wisconsin Supreme Court justice on April 7. The Wisconsin Supreme Court has the power to make decisions about Tribal

sovereignty, the Indian Child Welfare Act (ICWA), environmental protections, voting rights, and more. Just this year, a Tribal sovereignty case was in front of the court. Our votes have a long-lasting effect on our future generations. When we go to our polling places to cast our ballots, we think of those who came before us and remember that it is a way of protecting our future and our sovereignty. It's very important, now more than ever, to uplift one another's voices and encourage one another to vote. In the same way that we work to maintain traditions within our family, we encourage

On the Trail Home



Clifford Paul Church
12/18/1949 - 1/7/2026

Clifford Paul Church, aged 76 (known by many as CC) passed away peacefully on Wednesday, January 7, 2026 at his residence in Bowler after a courageous battle with cancer. Clifford was born in Milwaukee, WI to Dewey Wilbur Church and Colleen (Huff) Bailey, served in the US Army 1972-1978, and received a Technical Diploma from the College of the Menominee Nation in 2010. He enjoyed taking long country drives, nature, volunteering at the Mohican Family Center,

people to make voting one of those traditions. In our communities, traditions survive because we practice them over and over. Casting your ballot is the same way. When we show up collectively, again and again, our voices and communities are stronger. Native people were only granted the right to vote about 100 years ago. Our ancestors fought to give us this opportunity, just as they fought to keep our languages alive. So we must honor our ancestors and cast our votes on April 7. Find the voting information

and sharing his sense of humor with others. Survivors include his children: Richard (Jennifer) Church of West Bend and Karrie (Paul) Nieto of New London. Three grandchildren: Michael (Elizabeth) Nieto of Omro, Paul Nieto of Menasha, and Zachary Church of West Bend. His surviving siblings are: Jeaneen (Ron) Brown of Vancouver, WA, Mary Ann Bailey-Webster of Keshena, Faron Bailey of Green Bay, Jeff Bailey of Keshena, Terrence Bailey of Keshena, Dawn Webster of Keshena, Sterling (Dora) Bailey of Keshena, Roni Bailey of Keshena, and Lizette Bailey (BW) O'Kimosh of Keshena. He was preceded in death by one grandson, Joshua Ryan Nieto and seven siblings (Bridgette Grueb, Dewey Bruce Church, Donald Bailey, Emerson Bailey, Lyndon John Bailey, Renee Leroy, Thomas Bailey) Spring burial intended at Red Springs Cemetery, Gresham - details to follow in Mohican News, Menominee Nation News, and Shawano Leader.

you need, like where to vote and what to bring to the polls at www.conservationvoices.org/vote. To see nonpartisan candidate information, visit www.vote411.org hosted by the League of Women Voters. Every single vote is important for our people. Make your voice heard and vote on Tuesday, April 7.





Quinney from page One: leader of the Stockbridge-Munsee Band of Mohican Indians during the 19th century. The anglicized name Quinney comes from the Mohican family name of Quanaukaunt, a long family line of Mohican sachems. As a leader and thinker, he used his skills to keep the Stockbridge-Munsee together during very fragile times, always invoking pride in his Native American lineage and Mohican cultural identity. These important mid-1800s items were initially separated from the Tribe in the 1920s, and pursuing their return has been at least a 45-year odyssey. The Smithsonian Institution is legally exempt from the Native American Graves Protection and Repatriation Act (NAGPRA), the typical route of return that Stockbridge-Munsee Tribal Historic Preservation conducts repatriation for the Tribe. Instead, repatriation activities at the NMAI are governed by the National Museum of the American Indian Act, which has been in place since 1989. Only certain types of items are included, and the process is lengthy. The Tribe has had a consistent position that Quinney's coat, in particular, was a priority for return: The Tribal Historic Preservation Program under then-Manager Sherry White pursued Quinney's coat in 2002. In her correspondence,

she noted that the Tribe's Historical Committee had inquired about the coat since 1979, when it was at the Heye Foundation Collection prior to the NMAI's founding. White's 2002-era efforts picked up the same community assertion, that the coat was unethically obtained



from elder Phoebe Quinney, John Quinney's daughter-in-law, when she was vulnerable, targeted by 'relic-hunters,' and pressured out of important belongings. Despite these assertions, the NMAI at the time ultimately did not move forward with the claim, citing to White that the policy did not encompass ethical considerations such as this.

The Stockbridge-Munsee Tribal Historic Preservation Office again picked up this claim in 2021. From 2021-2024, Manager Bonney Hartley consulted with the NMAI Repatriation office, expanding the claim from the coat alone to include the several other belongings and conducting additional research with support of Williams College interns. Hartley and team

exhaustively investigated archival documents related to the Heye Foundation and compiled evidence toward a Repatriation claim based on the Quinney belongings being Cultural Patrimony, or "property of the State" of the Stockbridge-Munsee Community. This is an important distinction that elevates the understanding of the items from being someone's personal clothing or accessories, but rather as badges of the office of Sachem, belonging to the whole Nation.

Kelly McHugh, the NMAI's Head of Conservation and a representative on the NMAI's Shared Stewardship and Ethical Returns team, approached Hartley about the new Ethical Return Policy in spring 2024. The policy acknowledges that "ethical norms and professional best practices in collecting have changed. The Smithsonian has collections that it would not have acquired under present-day standards." Hartley evaluated this as the Tribe's strongest route to return and worked with Williams College Graduate Fellow Maximillion Alegria to pivot from the previous body of cultural patrimony research for Repatriation toward instead squarely focusing on the Tribe's simultaneous concerns of ethics under the Ethical Return Policy.

Alegria and Hartley submitted a revised claim

letter in November 2024. They presented evidence that John Quinney's coat, silver engraved armbands, wampum string, and peace medal had been obtained through standards which would not be acceptable today—such as buyers sleeping overnight in his daughter-in-law Phoebe Quinney's home. The letter demonstrated the harassment of Phoebe Ann Quinney in the 1920s, by eager buyers taking advantage of her weakening state and her and the Tribe's financial difficulties.

Stockbridge-Munsee's 2024 claim made its way through the Smithsonian review and approval process, and the Tribe's research was incorporated into an official report prepared by Samantha Hixson, Repatriation Research Specialist. It was ultimately approved by its Board of Trustees; the Tribe was notified of the outcome in Nov. 2025.

In being the first Tribe to complete the ethical returns process with NMAI, Stockbridge-Munsee has demonstrated proof to other Tribes that the policy is a viable route to return cultural belongings. The Cultural Affairs Department will be sharing more news in the lead-up to the planned exhibit and celebration for the weekend of May 2nd 2026 at the Tribal museum.



Smithsonian NMAI staff members send off Stockbridge-Munsee representatives Sherry White and Bonney Hartley on the journey with Quinney's coat, armbands, wampum string and peace medal, Dec. 2025.



Give Them More
of the
Good Stuff!

Brussels Sprouts Basics

Shop and Save

- Choose firm, compact Brussels sprouts that are green and heavy for their size. They look like tiny cabbages.
- Brussels sprouts are available as individual sprouts or still attached to the stalk. Choose sprouts that are the same size so they will cook in the same amount of time.
- Avoid wilted or blemished sprouts and those with yellow leaves.
- Brussels sprouts may be lowest cost and best quality from October to December.
- Frozen Brussels sprouts are easy to keep on hand and might cost less at some times of the year.

Brussels sprouts are an excellent source of vitamin C that helps our bodies fight infection.



More About Brussels Sprouts



- Most Brussels sprouts are green but red or purple have been developed as specialty crops.
- Brussels sprouts are similar to cabbage but have a milder taste and denser texture.
- Overcooked Brussels sprouts turn olive green and have an unpleasant sulfur odor.



Store Well Waste Less

- Refrigerate in an open or perforated plastic bag in the vegetable drawer. They will keep for up to 10 days, but quality is best when used soon.
- Wash under cool running water and trim just before using:

- Remove outer leaves.
- Trim stem even with the bottom leaves.
- Leave whole, cut in halves or quarters, or shred.



Brussels Sprout Math

1 pound = about 24 sprouts 1 inch thick
= about 4 cups trimmed
= 2 1/2 cups cooked



This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). SNAP provides nutrition assistance to people with low income. SNAP can help you buy nutritious foods for a better diet. To find out more, contact Oregon Safe Net at 211. USDA is an equal opportunity provider and employer.

Share on:



Stockbridge-Munsee
COMMUNITY HEALTH DEPARTMENT

Enjoy Brussels Sprouts

Lemon Dill Brussels Sprouts

Ingredients:

- 1/2 cup Greek yogurt
- 1 teaspoon dill weed
- 1 teaspoon lemon juice
- 1/4 teaspoon salt
- 1/2 pound (2 cups) Brussels sprouts trimmed and halved lengthwise
- 2 teaspoons margarine or butter
- 1/4 cup water

Directions:

- In a small bowl, mix yogurt, dill weed, lemon juice and salt. Set aside.
- In a large skillet over medium-high heat, saute sprouts (cut side down) in margarine until they begin to brown.
- Stir. Add water. Cover. Steam until water is gone and sprouts are tender crisp, 3 to 5 minutes.
- Mix sprouts with lemon dill sauce.
- Refrigerate leftovers within 2 hours.

Makes 2 cups

Prep time: 15 minutes

Cook time: 10 minutes

Roasted Brussels Sprouts

Ingredients:

- 1 1/4 pounds (5 cups) Brussels sprouts, trimmed and halved lengthwise
- 1 Tablespoon oil
- 1/8 teaspoon each, salt and pepper
- 1 teaspoon lemon juice

Directions:

- In a large bowl, toss Brussels sprouts with oil, salt and pepper.
- Spread in a single layer on a large foil-lined baking sheet.
- Roast at 400 degrees F for 20 to 30 minutes. Stir once after 15 minutes. Sprouts should be tender crisp and lightly browned.
- Drizzle with lemon juice; serve warm.
- Refrigerate leftovers within 2 hours.

Makes 5 cups

Prep time: 15 minutes

Cook time: 20-30 minutes

See FoodHero.org for Roasted Honey Mustard Brussels Sprouts.

Brussels Sprouts, Cranberry and Bulgur Salad

Ingredients:

- 1/3 cup dried bulgur
- 1 cup boiling water
- 1/2 pound (2 cups) Brussels sprouts
- 1/2 cup dried cranberries
- 1/4 cup nuts, chopped
- 1/4 cup orange juice
- 4 1/2 teaspoons oil
- 2 Tablespoons vinegar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Directions:

- Cover bulgur with boiling water and let stand until soft, about 30 minutes. Pour off any excess water.
- Rinse and trim Brussels sprouts. Cut in half lengthwise then slice crosswise into thin strips.
- In a large bowl combine bulgur, Brussels sprout strips, cranberries and nuts.
- In a small bowl or jar with a lid, combine orange juice, oil, vinegar, salt and pepper. Mix or shake well. Pour dressing over salad and serve.
- Refrigerate leftovers within 2 hours.

Makes 5 cups

Prep time: 35-45 minutes

Kids Can!

- When kids help make healthy food, they are more likely to try it. Show kids how to:
- wash Brussels sprouts under cool running water and pull off outer leaves.
 - spread Brussels sprouts on a pan for roasting.
 - measure salad dressing ingredients into a jar, close lid tightly and shake.

FEBRUARY 2026

MAKE & TAKE

Beefy Taco Soup

Participants must have access to internet as the Make & Take will be done virtually, sessions will be pre-Recorded and sent out via email prior to pick up. Ingredients must be picked up on Wednesday, February 18th, at the SMHWC from 11:45am -1:15pm. Sign up is February 2nd-6th. We will be drawing names for the virtual Make & Take. We will contact you on Monday, February 9th if your name has been chosen.

Contact Violet Azzolina, Community Health Representative to sign up!

PHONE: 715.793.3018

EMAIL: VIOLET.AZZOLINA@MOHICAN.COM

ATTENTION: MAKE & TAKE ACTIVITIES ARE MADE POSSIBLE THROUGH GRANT FUNDING. PICTURES OF YOUR COMPLETED CREATIONS MUST BE SUBMITTED TO VIOLET. PICTURES ARE PART OF THE VERIFICATION OF APPROPRIATE FUNDING USE TO OUR GRANTOR, WHICH ALLOWS US TO CONTINUE TO PROVIDE THIS PROGRAM. FAILURE TO DO SO MAY EFFECT YOUR FUTURE ELIGIBILITY.

FEBRUARY 2026 MAKE & TAKE

Beefy Taco Soup

INGREDIENTS

- 1 LB LEAN GROUND BEEF
- 1 BELL PEPPER, CHOPPED
- 1 SMALL ONION, CHOPPED
- 2 CLOVES GARLIC, MINCED
- 1 (14.5 OZ) CAN DICED TOMATOES
- 2 CUPS BEEF BROTH
- 1 TBSP TACO SEASONING
- 1/2 TSP CUMIN

SALT AND PEPPER TO TASTE

OPTIONAL TOPPINGS: SOUR CREAM, SHREDDED CHEESE, JALAPEÑOS, AVOCADO



INSTRUCTIONS

- BROWN GROUND BEEF IN A LARGE POT OVER MEDIUM HEAT. DRAIN EXCESS FAT IF NEEDED.
- ADD BELL PEPPER, ONION, AND GARLIC. SAUTÉ UNTIL SOFTENED, ABOUT 5 MINUTES.
- STIR IN TOMATOES, BROTH, TACO SEASONING, CUMIN, SALT, AND PEPPER.
- SIMMER FOR 15-20 MINUTES UNTIL FLAVORS BLEND.
- SERVE HOT WITH A DOLLOP OF SOUR CREAM AND YOUR FAVORITE TOPPINGS.



Stockbridge-Munsee
COMMUNITY HEALTH DEPARTMENT

February 6th, 2026 National Wear RED Day

For American Heart Month.

**NATIONAL WEAR RED DAY IS ALMOST HERE!
GRAB YOUR FRIENDS AND GET RED-Y.**

Why wear red? We want to raise awareness about heart disease. Many cardiac events can be prevented with education and lifestyle changes. On Friday, February 6th, 9am-11am we will be having screenings in the atrium of the SMHWC.

Snap a picture when you're red-y and send it to violet.azzolina@mohican.com or stop by the atrium February 6th for a chance to win a prize!



February is Children's Dental Health Month

Creating and maintaining good oral health habits during infancy and early childhood help set a foundation for good oral health later in life. Oral health is about more than a great smile. The health of a child's mouth can affect their growth and development, behavior, as well as social interactions. It can also affect speech, language, learning, and cognitive development. Children learn healthy habits from their parents and caregivers, so it is important to lead by example.

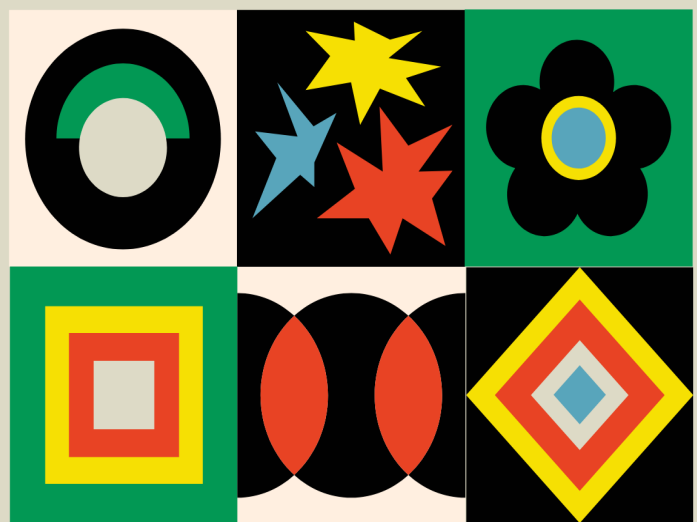
10 Tips for Keeping your Child's Teeth Healthy

- 1. Clean little mouths after each meal.** For babies without teeth, wipe their gums with a clean, damp cloth after each feeding. After the first tooth breaks through, switch to a soft-bristled toothbrush with a rice-sized smear of fluoride toothpaste. Around your child's first birthday, brush twice a day for two minutes each time. Supervise kids younger than six while brushing to make sure they are brushing well and not swallowing toothpaste. Once your child's teeth touch, start flossing!
- 2. Do not put your baby to bed with a bottle.** The sugars found in breastmilk and formula linger on teeth, causing tooth decay. No other liquids should be placed in a bottle other than breastmilk or formula, unless indicated by a doctor.
- 3. Avoid sharing germs.** Tooth decay-causing bacteria can be passed from mouth to mouth. Avoid sharing utensils, cups, or putting a pacifier in your mouth and then giving it to your child.
- 4. Introduce a cup around your child's first birthday.** Transition your child from a bottle to a lidded cup around 12 months of age. Sippy cups can affect oral development (ex: speech, language, and feeding skills), so be mindful of the cup you choose. While transitioning from a bottle to an open cup, a good option is a lidded cup with a soft straw.
- 5. First tooth, first birthday, first dental visit.** Take your child to the dentist for their first visit after their first tooth has erupted or when they are one year old, whatever comes first. Then, schedule regular check-ups every 6 months or as recommended by your dentist.
- 6. Skip the sugary drinks.** It's not recommended for babies under 12 months to have juice. After that, limit juice to 4 ounces per day and dilute them with water. Avoid drinks with added sugar, especially carbonated beverages, which damages tooth enamel. Juice is not a requirement in a healthy diet.
- 7. Water is best.** Not only is it the healthiest drink for teeth, it also helps maintain saliva flow and washes away decay-causing bacteria.
- 8. Limit sticky fruits and treats.** They can cling to a child's teeth and give mouth bacteria a feast! Limit foods like raisins, dried fruits, gummy candies, fruit roll-ups, etc or try to brush or rinse with plain water after eating them.

Make oral health a priority in childhood to create healthy oral habits for life!

Information adapted from healthychildren.org

NWE'WNE'TAWNA WE ARE MAKERS, BUILDERS, CREATERS



EXPRESSIVE ARTS GROUP AGES 18+

**FEB 5TH
FEB 12TH
FEB 19TH
FEB 26TH
1PM**

Come and join in expressive art activities to help improve health

Facilitator: Rainer Posselt, LPC-IT

Eunice Stick Gathering Place
Call 715-793-3000 or email joann.schedler@mohican.com to register



**STOCKBRIDGE
MUNSEE
COMMUNITY HEALTH
DEPARTMENT**



**SMHWC
BEHAVIORAL
HEALTH
DEPARTMENT**

HEALTHY 2026 Heart DAY

a healthy heart is the main source of your strength

ON WEDNESDAY, **FEBRUARY 11TH** FROM **10AM-2PM** WE WILL BE HAVING A HEALTHY HEART DAY EVENT AT THE SMHWC IN THE LOWER-LEVEL CONFERENCE ROOM. THIS EVENT WILL INCLUDE INFORMATIONAL BOOTHS, CHAIR MASSAGES, HEART HEALTHY SNACKS, AND PRIZES!

Blood Sugar & Blood Pressure screenings

Questions? Contact Vi Azzolina at 715.793.3018
violet.azzolina@mohican.com



First 100 participants
receive Free Play!

Medications can be linked to injuries as we age

Take action to stay safe and independent

Injuries from falls and car crashes are more common as we age. Adults ages 65 and older can be at greater risk of a fall or car crash if they use a medication that has side effects such as dizziness, blurry vision, or slowed reaction time.

As we age, our bodies process medications differently. A prescription or over-the-counter (OTC) medication that worked well in the past could start causing side effects now or in the future. Older adults are also more likely to take multiple medications. **Taking five or more medications further increases the chances of side effects.**

Talk with your health care provider (such as a community health aid, doctor, pharmacist, nurse, nurse practitioner, or physician assistant) about any medications you take that may increase your risk of falling or having a car crash. Your health care provider can help you make any changes needed to stay safe and independent.



3 out of every 4 older adults take at least one medication commonly linked to falls or car crashes.



Do not stop taking your medications without first talking to your health care provider.



Below are some examples of medication categories that can increase the risk of falls or car crashes. Also listed are some examples of medications* within those categories.

This is not a complete list of all medications that may increase risk.

Opioid or narcotic pain medications:

- Oxycodone (OxyContin, Percocet)
- Hydrocodone (Vicodin)
- Tramadol (Ultram)

Medications for depression or mood:

- Paroxetine (Paxil)
- Amitriptyline (Elavil)

Anti-anxiety medications:

- Diazepam (Valium)
- Alprazolam (Xanax)
- Lorazepam (Ativan)

Muscle-relaxing medications:

- Methocarbamol (Robaxin)
- Cyclobenzaprine (Flexeril)

OTC allergy and motion sickness medications:

- Diphenhydramine (Benadryl)
- Dimenhydrinate (Dramamine)
- Meclizine (Bonine)
- Hydroxyzine (Vistaril)

Medications for bladder control:

- Oxybutynin (Ditropan)
- Tolterodine (Detrol)

Anti-psychosis or mood stabilizing medications:

- Haloperidol (Haldol)
- Risperidone (Risperdal)
- Quetiapine (Seroquel)
- Gabapentin (Neurontin)

High blood pressure/heart medications:

- Metoprolol (Toprol)
- Clonidine (Catapres)
- Furosemide (Lasix)
- Lisinopril (Zestril)

Prescription and OTC sleep aids:

- Zolpidem (Ambien)
- Eszopiclone (Lunesta)
- Doxylamine (Unisom)
- Diphenhydramine (ZzzQuil, Tylenol PM)

Effects of alcohol or illicit drugs can increase the risk of falls and car crashes at any age. These effects may be even more dangerous for older adults. Alcohol and illicit drugs may also interact with medications we take.

What are some side effects to look for?

- Blurry vision
- Daytime fatigue
- Drowsiness
- Fainting or passing out
- Lightheadedness
- Loss of balance
- Muscle weakness
- Slowed reaction time
- Trouble concentrating or problem solving

***NOTE: Common, but not all, brand names are listed in parentheses after the generic name. For example, Valium is one brand name version of the generic medication diazepam.**

How can I reduce my risk of falling or having a car crash?

- Use the **MyMedications List** to make a list of the medications you take. Include all prescription medications, OTC medications, vitamins, supplements, herbal products, and traditional cultural medicines.
- Update your completed **MyMedications List** with your health care provider at least once a year or whenever you change medications.
- Use the **MyMedications Action Plan** with your health care provider to identify medications linked to falls or car crashes and make a plan to adjust medications if necessary.

Download the Fact Sheet, MyMedications List, and MyMedications Action Plan at bit.ly/CDC-MedicinesRisk. For more information visit: www.cdc.gov/transportationsafety/older_adult_drivers/mymobility/

Bailey cont. from pg One: years. He completed his undergraduate studies at Saint Louis University, earned his medical degree from the University of Missouri–Columbia, and completed his Internal Medicine residency at Case Western Reserve University in Cleveland, Ohio. Dr. Bailey brings a long and diverse career in medicine, with experience spanning academic medicine, administration, private practice, government practice, and both rural and urban health care settings. His clinical

background includes internal medicine, hospital medicine, critical care, and primary care. Most recently, he spent seven years serving patients at the VA Outpatient Clinic in Wausau.

Outside of work, Dr. Bailey enjoys spending time outdoors, woodworking, and soapmaking. He and his life partner, Angie, have six children ranging from teenagers to adults. A longtime hockey fan thanks to his kids' involvement in the sport, he is also a devoted Green Bay Packers fan—and proudly not a Patriots fan. Go Pack!

Purchased/Referred Care Department Reminder!!!

If you receive emergency room care, you must call the ER notification line at **715-793-5025** within 72 hours or 30 days for elders or disabled with the following information: The same information will be required to ensure PRC coverage.

- | | |
|-----------------------------|---------------------------|
| 1. Patient name | 2. Name of hospital |
| 2. Date of service | 4. Reason for visit |
| 3. Ambulance, if applicable | 6. Additional information |

Thank You, PRC Staff



On Tuesday, January 6th, 2026, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey;	Present
William Miller;	Present
Crystal L Malone	Present
Terrie Terrio;	Present
Ella Kazik;	Present
Terrance Miller, Jr.	Present
Rainer Shooter;	Present

APPROVAL OF AGENDA-ADD: Audit Report in Executive Session
Powwow 2026 Bids/RFP's Committee Discussion in Executive Session
Motion by Terrance Miller to approve the meet-

ing agenda for Tuesday, January 6th, 2026, with the three added agenda items and also including moving Open Session portion to the front of the meeting schedule.

Seconded by Terrie K. Terrio. Motion carried.

MEETING MINUTES- Motion by Terrie K. Terrio to approve December 16th, 2025, Regular Tribal Council Meeting minutes.

Seconded by Willy Miller.

Roll Call: Terrance yes, Ellie abstains (*was not present*), Crystal yes, Willy yes, Terrie yes and Rainer yes. Motion carried.

RED SPRINGS-Lonnie Schreiber, Chairman and Jennifer Morris, Supervisor

Directives cont. on pg 9:

Directives from page 8:

Thanked the Tribe for the monetary assistance to fix S. Schmidt Road project.

OPEN SESSION-REVISED AMENDMENTS TO FORESTRY ORDINANCE, ENV.02-Bridget Swanke, Legal

Motion by Terrie K. Terrio to adopt resolution #016-26, Now Therefore Be It Resolved, that the Stockbridge-Munsee Tribal Council hereby adopts revisions to Section ENV.02.10 of the Forestry Ordinance and authorizes the submittal of the amended ordinance to the Bureau of Indian Affairs for approval. Seconded by Rainer Shooter. Resolution adopted.

HUD IHBG GRANT APPLICATION-Randy Young, Housing Director

Motion by Terrie K. Terrio to authorize the Tribal President to submit a HUD grant to support the Department's project titled: Stockbridge-Munsee Community Indian Housing Block Grant Competitive (IHBG-COMP) for FY2026 Building Project for Low-Income Tribal Members and Randy has agreed to correct the grant that anything not covered by the grant would come from the Tribe to amend the language not for construction but for in-kind. Seconded by Willy Miller.

Roll Call: Rainer abstains (*supervises department*), Terrie yes, Willy yes, Crystal yes, Ellie yes and Terrance yes. Motion carried.

WATER TOWER CHANGE ORDER #1-Rainer Shooter, Executive Director

Motion by Terrie K. Terrio to approve the Change Order as presented from IHS for the Water Tower Project. The funds coming from the Public Utility-Water Tower Project Budget, Change Order #1 and we will be reimbursed from IHS we just need to put the money upfront. Seconded by Willy

Miller.

Roll Call: Rainer abstains (*supervises department*), Terrie yes, Willy yes, Crystal yes, Ellie yes and Terrance yes. Motion carried.

BIA TRIBAL COURT ASSESSMENT-Sterling Schreiber II, Associate Judge

Motion by Terrie K. Terrio to approve Tribal Court to request a free BIA Tribal Court assessment and authorize Tribal President to sign and submit request to BIA. Seconded by Rainer Shooter. Motion carried.

PURCHASE DENTAL PANORAMIC X-RAY-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to purchase a dental panoramic x-ray device from Henry Schein, Inc. Seconded by Ellie Kazik. Motion maker amends motion: the purchase was approved in capitals. Second concurs. Motion carried.

BOARD/COMMITTEE MEETING MINUTES-Land Committee-

Motion by Terrance Miller to accept the Land Committee Minutes from November 25th, 2025, and approving all actions contained within.

Land Assignment

Relinquishments:

Kayla Pecore in favor of Clifton Pecore
Description: E 1/2, E 1/2, NE 1/4, NW 1/4, NE 1/4 Sec. 20 T.28N-R.13E Bartelme. Approximately .5 acre more or less

Tammy Pecore in favor of Clifton Pecore
Description: W 1/2, W 1/2, NW 1/4, NW 1/4, NE 1/4, NE 1/4 Sec. 20 T.28N-R.13E Bartelme. Approximately .5 acre more or less

Diane Burr in favor of Travis Spice

Description: W12845 Ah Toh Wuk Road, Bowler, WI 54416. Approximately 2 acres more or less

Land Assignment Applications:

Clifton Pecore
Description: E 1/2, E 1/2, NE

1/4, NW 1/4, NE 1/4, NE 1/4, AND W 1/2, W 1/2, NW 1/4, NW 1/4, NE 1/4, NE 1/4 Sec. 20 T.28N-R13.E Bartelme. Approximately 1 acre more or less

Diane Burr

Description: Taconic-Lot 16

Travis Spice

Description: W12845 Ah Toh Wuk Road, Bowler, WI 54416

Natalya Rae Condit

Description: Taconic-Lot 18

Business Permit

Levi Miller-Business and Conditional Use Permit for Site II. Seconded by Rainer Shooter. Motion carried.

BOARD/COMMITTEE APPOINTMENTS-

Motion by Terrie K. Terrio to appoint Sara Putnam, Misty Cook and Vaughn Miller to the Investment Committee. Seconded by Ellie Kazik. Motion carried.

POWWOW 2026 BIDS/RFPS-Linda Mohawk-Katchenago, Tribal Administrator

Motion by Terrance Miller to approve the attached request for bids for POWWOW 2026 services:

- Crowns, medallion and sashes for royalty
 - Poster Design Artwork
 - Clothing Design Artwork
 - Traditional Feast Services.
- Seconded by Ellie Kazik. Motion carried.

EXECUTIVE SESSION-

Motion by Ellie Kazik to go into Executive Session. Seconded by Willy Miller. Motion carried at 5:32 PM. Motion by Terrie K. Terrio to come out of Executive Session. Seconded by Ellie Kazik. Motion carried at 6:03 PM.

While in Executive Session discussion was held on an Internal Audit, Tribal Member Request, Elderly Hardship, Land Acquisition and Committee Discussion.

Motion by Rainer Shooter to adopt resolution #017-26, Whereas, the Stockbridge-Munsee Community is a federally recognized

Indian Tribe, with full and sovereign powers over its lands and people; and Whereas, the Tribal Council of the Stockbridge-Munsee Community is empowered by Section IX of the Stockbridge-Munsee /Wisconsin Gaming Compact to waive restrictions of gaming employment where the applicant demonstrates sufficient rehabilitation and present fitness, Whereas, the subject of this waiver requested has demonstration sufficient rehabilitation and present fitness,

Now Therefore Be It Resolved, that the Stockbridge-Munsee Council waives the restrictions to employment that currently prevents GW26.03 from obtaining employment at the Community's Gaming Facilities. Seconded by Ellie Kazik. Resolution adopted.

Motion by Terrie K. Terrio to direct the Tribal President to write a letter regarding the Elderly Hardship as discussed and identified in Executive Session. Seconded by Willy Miller Motion carried.

Motion by Terrie K. Terrio to authorize the President to notify the Director of Health Center regarding 2 PRC Matters with the discussion and follow up discussed in Executive Session which includes paying the requests. Seconded by Terrance Miller. Motion carried.

Motion by Terrie K. Terrio to approve as recommended by the Internal Audit the HR Audit. Seconded by Ellie Kazik.

Roll Call: Terrance abstains, Ellie yes, Crystal yes, Willy yes, Terrie yes and Rainer yes. Motion carried.

ADJOURNMENT-

Motion by Ellie Kazik to adjourn. Seconded by Terrance Miller. Motion carried at 6:06 PM.



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Stop in and see us at CMN or any of our off-site locations (Stockbridge-Education Department 1st Monday of the month, Shawano; 2nd Monday of the month, Maehnowesekiyah; 3rd Monday of the month, and Neopit- Menominee Tribal Enterprises; 3rd Tuesday of the month).

Call or visit in person or online today to begin your referral application process



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