Vol. XXX No. 21

N8480 Moh He Con Nuck Road • Bowler, WI 54416

November 1, 2023

Elections Results 2023 Tribal President **Shannon Holsey-228** Write Ins -111

**Tribal Vice President** "Tully" Kroen-Craig ing-216

Matthew Putnam-112 Write Ins-51

**Tribal Treasurer** Sara Putnam-203 Terrie Terrio-181 Write Ins-1

**Tribal Council Members** Ella Kazik-214 Joseph Miller-161 Terrance (Moonie) Miller-171 Willy Miller-182 Shawn Moede-176 Jeremy Mohawk-122 Sterling Schreiber Sr-160 Martin Welch-116 Write ins-153

**Education Board Mem**ber Parent/Grandparent Pat Merckes-247 Write ins-65 AJ Miller-19 Write Ins

Total number of Voters: 400

Certified & Signed by Stockbridge-Munsee Election Board Member's on: October 14th 2022 Jeffery Vele-Election Judge Melissa Penass-Clerk Jessica Boyd-Clerk Beverly Miller-Teller Lawrence Curtis-Teller

Mohicans the say "wuniiwih" and not "oneewe"

Stockbridge-Munsee By Language and Cultural Committee

The word for "Thank you!" in the Munsee dialect of the Delaware language, "anúshiik," has become a commonly used and well understood word in our community. It is properly pronounced with emphasis on the second syllable.

The Mahican word for "Thank you!" was written down for us by Jonathan Edwards Jr., a fluent speaker of the language in 1788. He wrote the word as "Wneeweh" meaning "I thank you."(1) This word is pronounced as 'we-NEEweh' and the final "h" is but a slight puff of air expelled after the vowel. "Wuniiwih" is the same word using the Munsee orthography (Note: Double "ii" or "i-" is the way the phonetic alphabet writes the long "e" as in the English word "knee").

So why do some people write this word "oneewe?" This slip-up, identified by the tribe's Language and Cultural Committee (LCC), finds its origins in the writings of Johann Jacob Schmick,

Words cont on pg Four:

A brief history of why Women's Empowerment Conference



(L to R): Secretary of the Interior Deb Haaland, First Ladv of the United States Dr. Jill Biden, and Menominee Tribal Chairwoman Gena Kakkak

Thomas Kazik II – News the US Secretary of the Reporter

On October Tenth the This summit was created Menominee Development hosted the Women's Summit and Training at the second-ever Women's Menominee Casino.

The summit also offered Menominee. It featured surprise guests First Lady, speakers, a panel of

Interior, Deb Haaland.

Sustainable in response to locally Institute identified needs for space second to empower and support Empower women. This event was Empowerment Summit in

Dr. Jill Biden, as well as WEST cont on pg Seven:

North Star Mohican Casino Resort hires new General Manager of Gaming, Tony Granquist



BOWLER, North Star Mohican Casino pleased Resort introduce Tony Granquist a recent successful tenure Gaming new our General Manager. Tony Manager. brings an impressive 15 GM continued on pg Six:

WISCONSIN- years of gaming industry experience, with a focus on gaming regulations and as Interim Gaming General

PERMIT NO. 135



# What's Inside?

Ads pg 14-16 pg 13 **Directives** Voices pg 2-3

pg 11-12 Health Veterans pg 5



## **Community Powwow 2023**

Hosted by the SMC Family Services

Everyone Welcome! Free Entry!

Saturday, November 4th, 2023 | 12pm-5pm

@Mohican Family Center N8605 Oak St Bowler, WI 54416

Grand Entry 1pm

**Craft Vendors Educational booths/Raffles Social Dancing** 

**Invited Drums** GiiTaa'se **Medicine Bear** Southern Sky

Free meal provided at 3pm

Flags presented by the Stockbridge-Munsee Veterans.

#### A limited number of vendor spots available.

For more information contact: Kori Price 715-793-4905 LaKeisha Williams 715-793-4906

Please be aware that all events are subject to change or cancellation in unforeseen circumstances. We reserve the right to modify the date or cancel any events if needed.

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

### **Community Voices**

Letters of opinion can be dropped of at Mohican News in the Tribal Offices or can be mailed to:

#### **Mohican News**

N8480 Moh He Con Nuck Road PO Box 70 Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.





# COULD YOU USE HELP WITH CHILD CARE COST?

ARE YOU EMPLOYEE OF

THE STOCKBRIDGE-MUNSEE COMMUNITY?

YOU MAY QUALIFY FOR A ONE-TIME CHILDCARE COST **ASSISTANCE** 

TO SEE IF YOU ARE ELEGIBLE CONTACT

**ROLANDA BIERMAN 715-793-4860** 

#### ALL EMPLOYEES

WITH CHILD CARE COSTS ARE ENCOURAGED TO APPLY **APPLICATION PERIOD until 10/31/2023** 

No applications (including verifications) accepted after this date.



STOCKBRIDGE-MUNSEE COMMUNITY

Band of Mohican Indians

PUBLISHER: Stockbridge-Munsee Community

> EDITOR: Jeff Vele

STAFF REPORTER: Thomas Kazik II

**EDITORIAL BOARD:** Rolanda Bierman Kim Taylor Rose Strege

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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

**Enrolled Tribal members: FREE** 

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mohican.news@mohican.com

#### Letter to the Editor and Public

Election for leaders – what a joke. Repeaters say how they have been challenged, and have grown through tough problems. We didn't vote for you for that. We want action and refusal and why on issues.

Be specific-returnees tell us what you have done- 4. Minutes should be re-1,2, etc. voted yes or no on which issue and why. What's in the future plan? We didn't vote for you or pay you a salary to be "building self-confidence" – what exactly did you do. Any new ideas (I did not vote – no transportation)? MY LIST:

- 1. What about the five year old telephone problems? A whole community gets about half service. We need service. Let's pay less also.
- 2. Any referendums there Betty Schiel 09-24-23

- should be on taking on new members.
- 3. What does it mean to be Stockbridge-Munsee member? Tribal The council should be leading. The requirements tie in with action they report after meeting.
- corded and accessible. Meetings decision discussed not already decided before meeting our meetings few past years are a waste of time - issues not discussed at meetings like in the past.
- 5. Time limit terms. How often have any of you been to visit our homes - I live at the Ella Besaw Residential Care. Come over we need to meet you. It's nice here.

## What's up with the cell phone service?



As you are all aware, lately we have all been experiencing poor cellular progress. service. We want provide you some critically Construction of the Cell important information to make purchasing а new cell phone or switching cellular devices or service providers.

The Tribal Council approved with NSight, the parent frustration in the company of CellCom, to of cellular service cellular telecommunication services in the community. Historically, the quality of the cellular services has been impact to the community of your cellular service.

and want to ensure that you are informed about the

tower on the Casino is think about before you anticipated to be completed investment in December of 2023. Four additional towers will be being constructed starting in November of 2023 with an anticipated completion in late 2024.

partnering We do understand the lack but construct towers on the improvements are on the reservation to enhance way. We know that it is your personal decision if you wish to choose to change your cellular device or change service providers, sporadic. We understand we just want you to know the significance of this that making these changes project and its potential will not increase the quality





#### **Calendar of Events**

- November 3<sup>rd</sup> and 17<sup>th</sup>:
- November 9th:
- November 10th:
- November 22nd:
- November 23-24th:
- **PT Conferences** Hero's Breakfast 8am **Veteran's Day -CLOSED**

Thanksgiving Luncheon 11am **Thanksgiving Break - CLOSED** 



#### Have a Safe and Happy Thanksgiving!

Alley, Amber, Ashley, Chemon, Dee, Donnette, Ginny, Schuylar & Teniesha Your Electa Ouinney Head Start Team

Thanksgiving is right around the corner and it is important that we get our littles involved in helping with the big day! Listed below are 10 Ways Kids Can Help with

- Help plan the menu
- 2. Make a grocery list
- 3. Help cook (with adult help)
- Set the table 5. Decorate
- Create a playlist
- Play Host (answering door, or offering beverages)
- 8. Create a gratitude jai
- Pick a charitable activity
- (volunteer, donate toys or clothing)
- 10. Plan the entertainment (like choosing a family game)



In October we had involvement where Ms Molly came and did fire and Ms. Cami came and did a delicious nutrition activity with the kids



Day all staff and children wore







#### The Quilt Project 2023-24

Calling out to all of our Tribal Elders to join in a project that will take a lot of time and effort by everyone in our Elder Tribal Community. We will be reaching out through various means to ensure each Elder gets a piece of the cloth to embroider/ stitch their name into a part of the patches that will become a Historical Quilt through living history.

This all started out as a viewing of a quilt being displayed during "Reservation Tour' things of Sherry Haskett's grandmother as their property on Big Lake, located in Red Springs, WI. quilt is stitched This together with each "square" having an elders name embroidered into it. An excited discussion began as Sherry already does come to our Elderly Center Quilt.

and does some crafting items. Cindy Miller joined us on our Reservation History Tour, hosted by her husband John, and she has quilting experience. Much discussion brewed and an idea was born!

Let's make a quilt with all of our current Elders getting a panel where they can embroidery- stitch their names onto a portion and add them to the quilt. We had a small meeting to marking ever participant see what ideas would we come up with. Identifying "quilters/sewers/worker bees" was on our list. I our will reach out to those we that know of, and if any of you was found in the old have some quilting skills, we will need you over the they winter months to ensure restored one of the older/ this vision comes to reality. original buildings among I look forward to everyone who will participate in this project and all who will be helping to piece the quilt together when that time comes as well. This will be a time of History repeating itself in a most positive way by replicating the Elders

German a large number of words in the Western dialect of the Mahican language in the mid 1700s. Linguist John Carl Masthay meticulously deciphered Schmick's Mahican handwritten notes for publication in response to a request of our tribe.(2) To Schmick's German ears. the sound "wə" was written as "o" no doubt because his ear was not finely attuned to the unfamiliar sounds of an indigenous his Mohican informants were not actually saying "o" in lieu of "w" because Schmick also used "o" for some Unami Delaware "w" words. It should be noted that Schmick was not a fluent speaker of Mahican, nor a linguist.

Another source of this error was the misinterpretation of some of the idiosyncratic phonetic symbols used by the linguist Truman Michelson who transcribed a collection of Mahican words and stories in 1914. (3) The consultant hired for our language program interpreted Michelson's transcriptions in such a Mahican pronunciation 'had changed' among speakers pronounced in the 20th century.

Michelson also used the same set of symbols for his writings in the Munsee Since language.(4,5) Munsee is still spoken and we have recordings of fluent speakers from the 1980s, we know how it is pronounced. This allows us to use his Munsee transcriptions as a Rosetta Stone for interpreting his as "wthkenooh."(8) Mahican words. In both languages, Michelson often used "u" instead of "w" at the beginning of words. Detailed information available by consulting the references.

Words cont from pg One: use of "w" rather than "o" Moravian is available in the papers missionary who recorded of Morris Swadesh,(6) a linguist who visited the tribe in the 1930s, and those of the distinguished linguist Р. Harrington.7 Swadesh's unfinished dictionary, partial listing of words starting with "w," included the word for "thank you" written as "wniiwi." We Swadesh based know the accuracy of his list on a 20th-century analysis because he rigorously listed variants and the older word language. We know that forms alongside his entries. The typewritten dictionary scores of lists other words which he analyzed as beginning with a "w," directly substantiating that modern Mahican speakers had NOT changed their pronunciation. Additionally, Harrington who visited the tribe in the 1940s recorded words from his informants who used "w," not "o."

Regrettably, our tribal language program lessons have been substituting "o" for a large number of words that should begin with "w." Imagine an English teacher telling students to say "ork" instead of "work" or "all" instead of "wall." The way that he concluded that Mahican word for "young man" "wuskiinuw," is /wus-KEE-/wŭth-KEE-no/. or Unfortunately, our recent curriculum has taught this word as "oskeenow" (sic) even though NONE of the 20th-century, or earlier, materials support substituting "o" for "w," as listed below:

- In the late 1700s or 1800s, **Thomas** early Jefferson wrote this word
- In 1905, Dennis Turkey said the same word as "withk enow." (9)
- In 1914 Michelson wrote is it as "uskēnō" in the Owl Story3 but we know that word initial "u" should be Evidence in support of the interpreted as "w" because

# What Increases Your Risk of Falling



There are many conditions that contribute to falling and these are called risk factors. Many risk factors can be modified or changed to help prevent falls.

#### Risk factors include:

- Lower extremity weakness
- Vitamin D deficiency
- Vision problems
- Foot pain or poor footwear
- Difficulty with balance or walking
- Use of medications, such as blood pressure, sedatives, tranquilizers, or antidepressants. Some over-the-counter medications can affect your balance and cause you to be unsteady on your feet.
- Home hazards such as broken or uneven steps, throw rugs, and clutter can be tripped over.

A majority of falls are caused by a combination of the listed above risk factors. The more risk factors an individual has, the greater their chances are of falling.

Healthcare providers can help decrease an individuals risk of falling by reducing risk factors.

Information provided by Center for Disease Control & Prevention

Stone" Michelson left for of us.(4,5)

- In 1937, Swadesh wrote it to bolster our knowledge as "waski naw."(6)
- In 1949, Harrington heard it from his informant Webb Miller as "wɪθkænʊw."(7) These linguistic findings been reveal that our 20thcentury elders, the last speakers Mahican, of deviated very little from the language used by Hendrick Aupaumut when he penned the Mahican catechism in 1795.(10) They used "w" sounds, and produced soft guttural "h" sounds as in earlier days. A few minor pronunciation variations are easily explained by the uncertainty they expressed when interviewed. Several fully and experienced linguists who have reviewed the 20th-century sources concluded that the patchy

of the Munsee "Rosetta recall of a small number Mahican language rememberers is best used the earlier sources, and not to override them. (11,12) The knowledge of our elders may have fragmentary, but nonetheless, whenever one of them confidently reported a solid memory of a word, its similarity to the same word written in centuries past was remarkable. The references provided (below), some of which are available online, must be consulted to substantiate the facts.

In addition to adjusting the curriculum of our language lessons, care must be taken to identify incorrect qualified words which have spread nationwide as well as those previously shared with many associations

Words cont on page Ten:

#### The Agent Orange Registry provides eligible Veterans with a free health evaluation related Agent Orange exposure.

- 1. It alerts Veterans to possible long-term health problems that may be related to Agent Orange exposure during their military service.
- 2. The registry data helps VA understand and monitor the potential for health problems related to Agent Orange exposure.
- 3. It is not a disability evaluation or required for other VA benefits.
- 4. Enrollment in VA health care is not required to join. Veterans are eligible for the Agent Orange Registry if they served in the following locations and time frames:
- 1. Vietnam Veterans who served in Vietnam anytime between 1962 and 1975, regardless of length of time. This includes "Brown Water" and "Blue Water" Navy Veterans.
- 2. Korea Veterans who served in a unit in or near the Korean Demilitarized Zone (DMZ) any time between September 1, 1967, and August 31, 1971.
- Thailand
- 3.1 U.S. Air Force Veterans who served on Royal Thai Air Force (RTAF) bases between February 28, 1961, and May 7, 1975.
- 3.2 Army Veterans who provided perimeter security on RTAF bases in Thailand between February 28, 1961, and May 7, 1975.
- 3.3 U.S. Army Veterans who were stationed on some small Army installations in Thailand anytime February 28. between 1961, and May /, 1975. The Army Veteran must have been a member of a military police (MP) unit or was assigned a military occupational specialty whose duty placed him or her at or near the base perimeter.
- 4. C-123 Airplanes Veterans (including some Re-

servists) who state that they flew on or worked on a C-123 aircraft between 1969 and 1986.

- 5. Veterans who served in additional locations added by the PACT Act
- 6. Other Veterans Veterans who may have been exposed to herbicides during a military operation or as a result of testing, transporting, or spraying herbicides for military purposes. To schedule a registry evaluation, contact your local VA Environmental Health Coordinator.

#### Question: Can I be tested for Agent Orange exposure?

As a Vietnam-era Veteran. you may wonder if there is an examination or medical test to find out if you have been exposed to Agent Orange. Perhaps you want to know your level of exposure.

Although your concerns about potential exposure to Agent Orange are valid, it is important to understand that the main components of tactical herbicides do not stay in the body long and would not be detected several decades after an exposure. The contaminant dioxin that was present in some tactical herbicides does remain in the body for years; however, because this chemical is widespread in the environment, there could potentially be several different sources of exposure to dioxin over an individual's lifetime. Therefore, there are no exams or tests that would confirm your exposure to Agent Orange or other herbicides.

If you served during certain times and at particular locations, VA presumes that you were exposed to Agent Orange or other herbicides. If you have a presumptive disease and served during the designated time and location, you will automatically be considered eligible for VA benefits. If you feel that you were exposed to



#### Veterans Corner

203 W. Main St Bowler, WI. 54416 Gregg W. Duffek, Tribal Veterans Service Officer

Office: 715-793-4036 gregg.duffek@mohican-

Agent Orange or herbi-

cides and have a health

condition other than those

listed that you believe is re-

lated to your exposure, VA

encourages you to submit

a claim for disability ben-

efits. Learn more about

submitting a claim for dis-

ability benefits at www.

benefits.va.gov/benefits or

call 1-800-827-1000.

nsn.gov

service. You may qualify for disability benefits and

Learn more about peripheral neuropathy and Agent Orange. Learn about filing a claim for disability benefits at www.benefits. va.gov/benefits or by calling 1-800-827-1000.



#### What is early-onset peripheral neuropathy?

Peripheral neuropathy is a condition in which nerves that are outside of the brain or spinal cord are damaged. Signs and symptoms of early-onset peripheral neuropathy include:

- numbness in the fingers or
- Burning, throbbing, or shooting pain that is greater at night and may
- High sensitivity to touch
- Muscular weakness
- Pain that is evenly distributed on both sides of the body (for example, in both hands and feet)

If you are concerned about asp. symptoms of early-onset peripheral neuropathy, consult with your health care provider. If you have early-onset peripheral neuropathy that presents within 1 year of herbicide exposure to a degree that is at least 10% debilitating, VA presumes that your condition is connected to your exposure to Agent Orange or other herbicides during

#### Find your advocate for benefits with VA's accredited list of Veteran Service Organizations

Veteran Service Organizations (VSOs) are private groups that advocate for Veterans, service members, dependents, survivors. A VA-accredited VSO can help you under-Tingling, prickling, or stand and apply for VA benefits, or request further review or appeal of an unfavorable VA benefits decision. VA's Office of General Counsel has a search tool extend to the hands or feet to help you find VA-recognized organizations and VA-accredited individuals that you can contact for help with VA benefits claims. Find the tool at https://www.va.gov/ogc/ apps/accreditation/index.

> "This project [is besupported, ing] [was] in whole or in part, by federal award number [SLFRP0135FAIN] awarded to [the Wisconsin Department of Veterans Affairs via the Wisconsin Department of Administration] by the U.S. Department of the Treasury."



GM cont from page One: Tony's background of made him a great candidate experiences and drive operational efficiencies at North Star Mohican Casino Resort.

apart is Tony Granquist's deep-rooted connection to our community. Born and raised in the community and a proud enrolled member of the Stockbridge-Munsee Band of Mohicans. been an active and welllocal community for many emphasizes our dedication fostering meaningful relationships.

Furthermore, Granquist brings with him an extensive educational background. MBA along with multiple Grill bachelor's degrees, Business Technology. and academic strong provides a foundation for becoming a well-rounded leader with a commitment to guiding North Star Mohican Casino Resort to new heights.

Granquist's is Tony innovative leadership style is has played a pivotal role in fun, entertainment,

the success of numerous initiatives throughout his experience and education career, earning him a welldeserved reputation as to provide enhanced guest a respected figure in the industry. We invite you to join us in welcoming Tony Granquist to our North Star team as we continue What sets this appointment our mission to, "Deliver the friendliest service to our quest while creating opportunity for our Tribal nation, team members, and surrounding communities." North Star Mohican Casino Resort

Tony not only climbed Known as the "Midwest's the ranks but has also Friendliest Casino," North Star Mohican Casino is respected member of the nestled in the breathtaking North Woods of Wisconsin. years. This longstanding Home to 1,200 of your connection reaffirms our favorite slots, a wide array commitment to serving our of table games, bingo, community's needs and and exciting daily and weekly promotions. It also offers the best in player rewards and benefits with Tony its exclusive Star Club. To complement the excitement of the casino, North Star's His multiple venues for dining background includes an and beverages. Embers features a very in popular breakfast buffet Management, with an omelet station, and in Information Science check out The Groove for His your favorite beverage, or experience along with his visit Aroma Deli & Café achievements for a sandwich or a quick bite. Need a break? Grab a cocktail at the center of it all, The Gravity Bar.

No matter what you're looking for, North Star Mohican Casino Resort where there truly more: more action. and

rewards! The resort offers a hotel with well-appointed and comfortable rooms, yet charming luxurious suites. full-service RV parking, fitness center, meeting rooms and business center. Choose one of several restaurants at the resort to enjoy a fantastic meal, play 9 or 18 holes surrounded lush, natural beauty by Pine Hills Golf. at Looking for unparalleled entertainment? North Star Mohican Casino Resort is known for its sprawling venue, The Orion Event Center, features that HUGE acts such as

Foreigner, Wynonna Judd, Jay Leno, The Spinners, Gabriel Iglesias, Theory of a Deadman, Smokey Robinson, and Foxworthy to name a few. Owned and operated by Stockbridge-Munsee the Band of Mohican Indians, this destination resort and casino is located within an hour drive of Green Bay, North of Hwy 29. North Star Casino Resort offers a great selection of amenities and is also surrounded by many other local attractions, making it the perfect getaway. To learn more visit www. northstarcasinoresort.com.





WEST cont from pg One: indigenous women leaders traditional wellness. This year's summit offered a diverse group of speakers for indigenous communities Mohican News got the Menominee Reservation.

started at Tribal Enterprises, history of Tribal Enterprises (MTE) Menominee people have for years. Today, these management practices have resulted in an extraordinary, healthy, and productive emerald forest whose boundaries can be seen from space. There to greet the First Lady and Secretary of Interior was MTE President along with Rainer Shooter, who is the Chief Operating Officer (COO) for MTE. Rainer has a Master's degree in Forest Resources with a focus on Forest Business University of Charles James, Bolt Mill weeks of rigorous course

Supervisor, and John Labarge, Lumber Grader, and breakout sessions with had the privilege to show Dr. Jill Biden and Secretary of the Interior Deb Haaland firsthand what it takes to grade lumber. James and throughout the world. The Labarge explained to the government VIP's pleasure to follow the First there are many different Lady and the Secretary of grades of lumber in the Interior on a tour around the variety of tree species that Menominee Tribal The tour of the reservation Enterprises cuts from their Menominee forest. James explained the that during production Menominee hours lumber graders on average have 5-10 seconds is a fascinating story about to look at both sides of the their forest and how the board before assigning it a grade. Lumber graders are successfully managed it one of the few employees that physically touch and flip every single piece of lumber that is produced within a saw mill. James also explained to the First Lady and secretary Haaland that lumber from MTE travels all around the world making its way to the inland of Europe all the way Stockbridge tribal member to Australia, who favors Menominee Red Oak. Other discussion topics were the pay of lumber graders and the education that is needed, both James and Labarge earned their and Accounting from the grading certificates from Georgia. NTC Antigo after eight



The First Lady visited the children at the Menominee Indian Middle School in Neopit while on a tour of the reservation



mathematical work and exercises.

Anotherstopmadealongthe trip was at the Menominee Sustainable Development Institute located on the College of Menominee Nation Campus (pictured above). The purpose of the Sustainable Development Institute is to ensure the principles of sustainability committed to by College of Menominee Menominee culture and values, influence the speakers at the conference activities of our Institute, and our tribe. Institute supports sustainable advances ways through a variety of initiatives: Educating community the sustainable ways of

Demonstrating research and projects, understanding sustainability practices, opportunities, principals and community efforts. and outreach Promoting, measuring, and reporting on sound and sustainable practices, sustainability.

The First Lady Secretary of in the Menominee school as competitors or district.

was at Menominee Indian Middle School located in Neopit, where the students lined the side walk with signs and cheers as the First Lady and Secretary Holland stopped to greet them. The second stop was at Keshena Primary School, where the gym was packed with students and teachers excited to meet the First Lady and Secretary Haaland

Nation and integrated in The Mohican News did not get to sit in on the but received feed back ourCollege, ourcommunity, from tribal employees who The were in attendance. The Sustainable Development following comes from each and one of the employees.

Melissa Penass said "I enjoyed the conference and listening to the speakers. about I found Sutton King to be very interesting. What I through found the most interesting practical is that it was about women Creating empowering women and of working together. I don't issues, feel we have that. I feel we are still in a community through where men get better engagement opportunities then women and our opportunities are still based on who you are and who you know. We institutional have so many educated Fostering smart women that do not get collaboration within the the same opportunities that College, tribal community, others get. Strong women and external partners in that speak their mind are not liked, are not given and the same opportunities as Interior others. It's as if we try our Holland made a couple of best to keep those women stops at different schools down, they are looked at

The first stop **WEST cont on page 13**:

# Public Safety Open House



























# First Lady Visits Menominee Tribe



The First Lady Dr. JIII Biden and Secratery of Interior Deb Haaland with Menominee Tribal Legislature





Charles James, Bolt Mill Supervisor, and John Labarge, Lumber Grader, had the privilege to show Dr. Jill Biden and Secretary of the Interior Deb Haaland firsthand what it takes to grade lumber.













Words cont from pg Four: versus Mahican language alliances and the preservation of our cultural and linguistic legacy for the just language learners, we would like to offer a path forward.

respect for both our elders references and grand elders. The LCC believes that the best way to honor their legacy is to reclaim our language and bring life back to all the existing words and phrases we can with integrity. Although some tribal citizens may wish to learn only a few words, and scholars, it is essential to provide ALL members of our community with proper word forms. Mahican words and phrases must References and Notes be carefully scrutinized by a group of motivated the and hard-working enrolled citizens under the auspices of the LCC with guidance from established non-tribal scholars possessing the title of *linguist emeritus*. The ill-advised lone wolf model favor of a clan.

We believe the preservation Philosophical of our language to be a (December 31, 1991) "language emergency" that 3) remediation. As a Nation *Frank* we should stand united to insist on a quality curriculum of all available sources. The Mohican people deserve a (available online) language for which every 4) word and inflected word *ethnological* has been lovingly vetted *Ottawa* by a group of enrolled Truman citizens The Stockbridge Munsee Smithsonian Community difference language of a limited vocabulary) folders

outside *preservation* (the teaching Nation. Since the of our language using the LCC is tasked with the data left behind by our 6) elders). We the people, Stockbridge-Munsee ALL tribal members, not band of Mohicans, deserve (American a language which is well of documented with linguistic uncertainties A cornerstone of our culture clearly marked as such; is showing the utmost and whenever possible. specific to sources of data must will ensure that future generations will know why we say "wuniiwih" and not 7) Papers of John P. "oneewe."

(Note: It is okay to write Harrington mf6 r10, this word as "wniiwih" or "wniiwii" or "wneewe." The LCC prefers "wuniiwih" as others to become linguistic the most accurate version because it uses spelling the least likely to be confused with English sounds.)

- **Observations** 1) on language of the Indians: Muhhekaneew Edwards. Jonathan: 1788 (available online at https://archive.org/details/ observationsonla01edwa/ page/n11/mode/1up)
- Schmick's Mahican should be abandoned, in *Dictionary;* Carl Masthay; Philadelphia, American Society
- Stockbridge notes requires swift and effective and texts, with copies by Speck; Truman Michelson, 1914; NAA MS 2734, folders 1-4; National derived from the very best Anthropological Archives, Institution Smithsonian
- Linguistic and notes on and Munsee, Michelson, 1922; double-checking NAA MS # 1635 National the work of the consultants. Anthropological Archives, Institution deserves (available online)
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### Five Healthy Eating Tips for the Holidays



Savor a serving of the Holiday Hacks foods you really love. Here's your recipe for staying on track no matter

what's cooking.

'Tis the season for family, festivity, and food—lots of food. Temptations are everywhere, and parties and travel disrupt daily routines. What's more, it all goes on for weeks.

Here are 5 tips that can help you stay on track this holiday season:

- 1. Holiday-Proof Your Plan You may not be able to control what food you're served, and you're going to see other people eating tempting treats. Meet the challenges armed with a plan:
- Eat close to your usual times to keep your blood sugar steady. If your meal is served later than at your usual mealtime and eat a little less when dinner is served.
- Invited to a party? Offer to bring a healthy dish along.
- treat, cut back on other carbs (like potatoes and bread) during the meal.
- Don't skip meals to be harder to manage your blood sugar, and you'll be really hungry and more likely to overeat.
- If you slip up, get adjusted. right back to healthy eating with your next meal.

- Have pumpkin pie instead of pecan pie. Even with a dollop of whipped cream, you'll cut calories and sugar by at least a third.
- Break physical activity up into smaller chunks so it's easier to schedule, like walking 10 minutes several times a day.
- Schedule some "me" time every day—a nap, dog walk, or hot bath to get your energy back for the next celebration.
- 2. Outsmart the Buffet When you face a spread of delicious holiday food, make healthy choices eas-
- Have a small plate of the foods you like best and then move away from the buffet table.
- Start with vegetables normal, eat a small snack to take the edge off your appetite.
  - Eat slowly. It takes at least 20 minutes for your brain to realize you're full.
  - Avoid or limit alcohol. If you do have an alcoholic If you have a sweet drink, have it with food. Alcohol can lower blood sugar and interact with diabetes medicines.

Also plan to stay on top of save up for a feast. It will your blood sugar. Check it more often during the holidays, and if you take medicine, ask your doctor if the amount needs to be

3. Fit in Favorites No food is on the naughty I tion. list. Choose the dishes you

really love and can't get any other time of year, like Aunt Edna's pumpkin pie. Slow down and savor a small serving, and make sure to count it in your meal plan. If you plan for it, no food needs to be on the naughty list.

4. Keep Moving

You've got a lot on your plate this time of year, and physical activity can get crowded out. But being active is your secret holiday weapon; it can help make up for eating more than usual and reduce stress during this most stressful time of year. Get moving with friends and family, such as taking a walk after a holiday meal.

5. Get Some Sleep Going out more and staying out later often means cutting back on sleep. Sleep loss can make it harder to manage your blood sugar, and when you're sleep deprived you'll tend to eat more and prefer high-fat, high-sugar food. Aim for 7 to 8 hours per night to guard against mindless

Most of all, remember what the season is about—celebrating and connecting with the people you care about. When you focus more on the fun, it's easier to focus less on the food.

https://www.cdc.gov/diabetes/library/features/holidays-healthy-eating.html

### Legal Services Corp President Ron Flagg to Keynote WEJF Eisenberg Dinner

eating.

President Ronald Flagg will join the Wisconsin Equal Justice Fund (WEJF) for their annual Howard B. Eisenberg Lifetime Achievement Awards Dinner, which will be held on Saturday, November 4 at The Madison Club. LSC is the single largest funder of civil legal aid for low-income Americans in the nation, and Flagg will speak on the topic of legal aid and the justice gap. His roots trace back to Wisconsin, where he commenced his career as a law clerk to Judge Myron L. Gordon in the U.S. District Court of the Eastern District of Wisconsin. Subsequently, he practiced law at Sidley Austin for 31 years and started work with the LSC in 2013. Throughout his distinguished career, Flagg has participated actively on numerous law-related for over a decade and has committees and boards, often in leadership roles, championing the cause of pro bono and public interest law throughout the na-

Judge David D. Raasch (re- Legal cont on page 15:

MADISON - Legal Ser- tired) will receive the 2023 vices Corporation (LSC) Howard B. Eisenberg Life-S. time Achievement Award at the dinner. The award honors those who have devoted significant time, talents, or resources to the provision or advancement of pro bono civil legal aid in Wisconsin. Raasch's commitment to the justice system spans over five decades, encompassing roles as a sheriff's deputy, clerk of municipal court, chief judge of the Stockbridge-Munsee Tribal Council Tribal Court, and peacemaking advisor and trainer. Currently, he serves as the Vice President of the Board of Directors for the Tribal Law and Policy Institute in West Hollywood, CA, and holds the position of Board Chairman for Judicare Legal Aid in Wisconsin.

Raasch has been an unwavering advocate and board member of Judicare been at the helm as Chairperson since 2017.

WEJF will also recognize Phoua Yang from Judicare Legal Aid with the Distinguished Service Award for

# Important reminder

According to Stockbridge Munsee tribal ordinances - Chapter 56 Food Service Code – all vendors selling food on the Stockbridge Munsee reservation must comply with our food code.

Chapter 56.2 speaks specifically to the point of obtaining Food Service Permits. Food Service Permits are **mandatory** for food service operation.

- Food Service Permits will not be issued unless the vendors comply with all aspects of our food code.
- Our Food Code requires all food handlers to have documentation of a current FOOD HANDLER CARD and food stands must submit to inspection prior to any sales.

Further information on our tribal food code may be found on our tribal website: <a href="https://www.mohican.com/ordinances/">https://www.mohican.com/ordinances/</a>



For more information on how to obtain food service permits, please call:

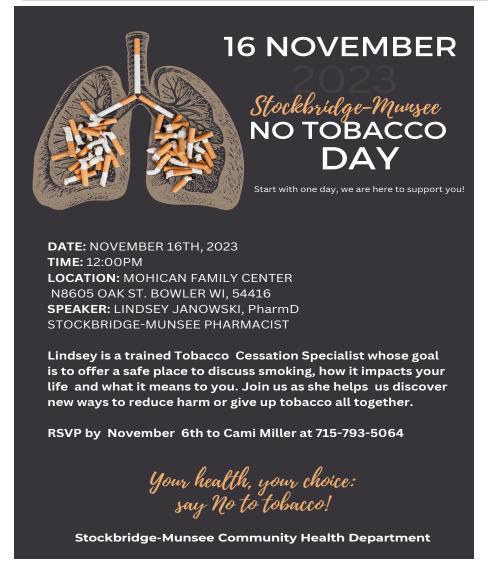
Casey Rosenberg, MS, RD, CD, CLS

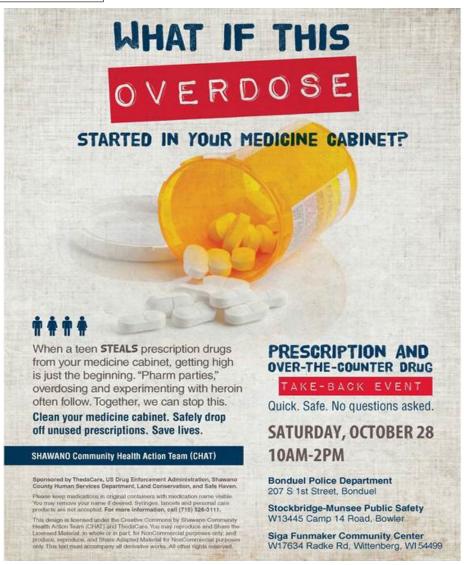
Dietitian

Stockbridge-Munsee Health and Wellness Center W12802 County Highway A, Bowler, WI 54416

Email: casey.Rosenberg@mohican.com

Phone: 715.793.5006







First Lady, Dr. Jill Biden and Secretary of the Interior, Deb Haaland also visited the Menominee Tribal Enterprises

WEST cont from Seven: an annoyance, instead of Beth Waukechon shared being jealous or part of the mean people club we empowering should be others and using their knowledge as an aide. I personally feel in order to get a great opportunity as an educated strong woman, you have to leave your own community. We put my spirit. Oneewe". so many roadblocks up for our own people especially women when the tribe is the one paying for them to get educated. I think our community could benefit from a similar summit".

Diane Burr stated "The Empowerment Women's Summit and Training was a fantastic event. The keynote speakers shared a powerful message about Manifesting your Warrior Woman, Creating a World Where No Woman or Girl is Bought or Sold. and Transmuting Trauma Entrepreneurship: into A Journey of Healing, Purpose, and Impact. The to many healing feelings. The blanket exercise is experiential learning tool that leads a group of participants through 500+ years of Indigenous history. The energy in the

quickly lightened when a healing song. My heart was full of love after a day of celebrating/supporting women leaders, community members, and friends. Anushiik to SDI College of Menominee Nation for an incredible opportunity to learn, connect, and refresh

Emily Lukacs shared "This past week we were able to join the Women's Empowerment Summit and Training (W.E.S.T.). Though this conference has the goal of "Empowering women through knowledge professional sharing, development, wellness, and personal growth" this day truly covered these topics and more. Through various teachings, stories, panels, and seminars, event speakers were able educate conference attendees on topics from trafficking human and breaking inter-generational Social trauma while empowering Blanket throughtopicsonleadership Ceremony by Larry skills, and developing an to highlight aspects of their feedback it came to the Littlegeorge open the room entrepreneurial mindset. This was all highlighted with a surprise speaking appearance from Deb Haaland, US Secretary of the Interior, as well as First Lady, Dr. Jill Biden. In addition to keynote room was very heavy, but speakers, the conference



On Tuesday, October 10<sup>th</sup>, 2023, the Stockbridge-Munsee Tribal Council held a Special Tribal Council Meeting and at that time taken:

#### Roll Call:

Shannon Holsey Present Craig Kroening, Jr Present Sara Putnam Absent Joe Miller Present Jeremy Mohawk; Absent Terrie K. Terrio Present Randall Wollenhaup Absent

APPROVAL OF AGENDA-**ADD:** Executive Session

**Job Description** Motion by Joe Miller approve today's Special Tribal Council Meeting agenda as amended. Seconded by Craig Kroening Jr. Motion contract. carried.

#### **CELLULAR** FUNDING-Brian McDonald, CIO

Motion by Terrie K. Terrio to approve the recommendation to put forth the \$420,000 needed to complete the cell tower project. Seconded by Craig Kroening Jr. Motion carried.

#### JOB DESCRIPTION-Brian McDonald, CIO

Motion by Joe Miller motion Cybersecurity & Network Operations job description as amended. Seconded by carried.

#### BAD RIVER BAND OF LAKE SUPERIOR CHIP-

was able to highlight Tribal Nations from across the US (and further!) that wanted Through cultures, or unique ways same conclusion communities. Some conversational, were while some taught crafts like birch bark baskets, or techniques of jewelry making.

#### PEWA AMICUS BRIEF-Shannon Holsey, President

Motion by Joe Miller to support Bad River tribe's litigathe following actions were tion request and to enjoin the amicus brief. Seconded by Terrie K. Terrio. Motion carried.

#### **EXECUTIVE SESSION-**

Motion by Craig Kroening Jr. to go into Executive Session. Seconded by Terrie K. Terrio. Motion carried at 10:12 AM.

Motion by Terrie K. Terrio to come back into Regular Session. Seconded by Joe Miller. Motion carried at 10:41 AM.

While in Executive Session discussion was held on a

Motion by Joe Miller to au-**TOWER** thorize the Roads Department to sole source equipment and materials as it relates to the housing projects. Seconded by Terrie K. Terrio. Motion carried. Motion by Terrie K. Terrio to approve the recommendation of the Executive Director to enter into a contract with Curtain Construction pertaining to the housing projects. Seconded Craig to approve the Director of Kroening Jr. Motion carried.

#### **ADJOURNMENT-**

Motion by Joe Miller to ad-Craig Kroening Jr. Motion journ. Seconded by Craig Kroening Jr. Motion carried at 10:42 AM.

> looking forward to next year's event!"

all of the women are impacting their WEST Conference was of filled with great keynote these breakout sessions speakers, great food, great attendees, and attendees left the conference feeling empowered. They would recommend this I am definitely conference to ALL.



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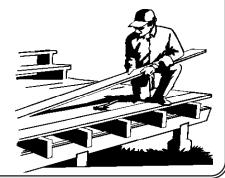
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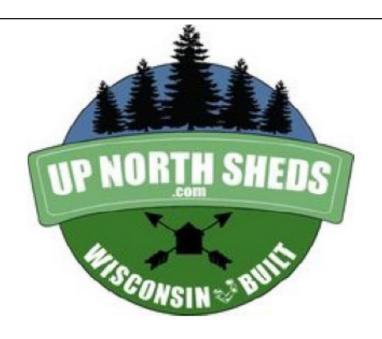
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Legal cont from page 11: 2023 for her exemplary record of legal service to underserved populations. Yang's tenure at JLA spans an impressive 21 years, during which she has fulfilled various roles within client services, from receptionist and interpreter to her current pivotal position as Client Services Director. Her unwavering commitment to her work has solidified her as an invaluable member of the JLA management team. She has trained and supervised more staff than anyone, and as part of that training, she has worked to support Americans all employees in maintaining a culture of hard work, respect, and compassion for their clients and each other.

Registration for the dinner is open now on the WEJF website, weif.org/dinnerregistration. Sponsorships are also available for the event.

consin Equal Justice Fund (WEJF) is a 501(c)(3) nonprofit organization based in Madison that raises funds to support three of the largest pro bono civil legal aid organizations in the state: Legal Action of Wisconsin, Wisconsin Judicare, and Disability Rights Wiscon-

sin. WEJF's Board of Directors consists of 29 attorneys from private law firms and in-house legal departments across Wisconsin. Since its inception in 1997, WEJF has raised over \$7 ■ To Go million to help these orga-\_ nizations address civil le- ■ Weekly Deli gal problems such as do- ■ Specials, mestic violence, housing and homelessness, and **I** Firewood. barriers to employment for Wisconsin's poorest citizens.

About Legal Services Corporation: Under the Sixth Amendment of the U.S. Constitution, are guaranteed a lawyer in criminal cases and must go without assistance if they are a senior citizen being evicted from their home, the victim of domestic violence, or a veteran being denied earned benefits. The LSC was created to financially support legal aid organizations that assist with these and other types of civil matters, About Wisconsin Equal and it provides grants Justice Fund: The Wis- for high-quality civil legal assistance to low-income Americans. Two of WEJF's beneficiaries, Legal Action of Wisconsin and Judicare Legal Aid, are among the 131 service providers that receive grants from the LSC.

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