

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans
MOHICAN NEWS
The people of the waters that are never still

Vol. XXVIII No. 8

N8480 Moh He Con Nuck Road • Bowler, WI 54416

March 15, 2022

Roberta Carrington (Left) and Jo Ann Schedler (Right) selected for their Untold Stories



March is Women's History month celebrating women's contribution to history, culture, and society. The Wisconsin Women's Council, the State's statutory commission on the status of women and girls, is highlighting Wisconsin's Women's *Untold Stories*. With a focus on diversity, Women's Council members, who are appointed by the Governor and Legislative leaders, were asked to nominate women

working in their communities today who are making a difference, but not broadly known or celebrated for their achievements and impact.

The general guidance for the nomination was to select an **individual whose story has been untold**, or otherwise not publicly recognized through traditional information sources.
Women continued on pg Four:

Elderly Stream is Moving to the Mohican News

The Elderly Stream will now be featured in our Mohican News moving forward. Please call us at 715-793-4236 to let us know what you think. We will have paper copies of the menu and activity calendar available at the Elderly Center.

The funding saved on publication costs will be used for activity incentives and gifts, events, and supplies. As our safety protocols are gradually lifting, we hope to see you soon!

COVID-19 Safety Protocols

1. Purpose
 The recent public health conditions caused by the COVID-19 virus, is a communicable disease, require this Community to implement stricter protective measures until infection rates are better controlled.

2. Scope
 These requirements are effective through 8 AM on April 8, 2022. It supersedes prior orders and may be cancelled or modified at any time by action of the Tribal President or Vice-President on behalf of the Tribal Stream continued on pg Four:

President of Stockbridge-Munsee Community Shannon Holsey delivers Claiming Williams morning keynote on history of the Mohican Nation

Charlotte Staudenmayer

February 9, 2022
 President of the Stockbridge-Munsee Band of Mohican Indians Shannon Holsey presented the morning keynote for Claiming Williams Day on Feb. 3. Holsey delivered a presentation on the history of the Stockbridge-Munsee community, a band of the people formerly known as the Muhheconeew, or Mohican Nation, and the tribe's forced removal from the College campus and Berkshire County. After her address, which took place on Zoom, Holsey answered audience questions about her role as a community leader and how institutions such as the College can work to build relationships with Indigenous communities and reckon with their



past injustices. Jayden Jogwe '24, who participated in an independent study during the fall semester titled "Mohican Nation in Williamstown: Past, Present, and Future," moderated
Holsey continued on page Five:

2021 Best Casino Property in Wisconsin



Voted Best:
Overall Property, Hotel Rooms, Casino Personnel, Advertising, Golf Course and Entertainment.

WHERE THE STARS ALIGN



North Star Casino ranked number 1 in the 2021 Gaming and Destinations Magazine Readers Choice Awards. **Award continued on page Five:**

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(Editor's Note: Sandee Barton is the Training & Continuous Improvement Coordinator for the Stockbridge-Munsee Community. We believe that much of the information she has for employees will be important to readers who are employees elsewhere, so we are including her information here).

Something to think about...
By Sandee Barton - Training & Continuous Improvement Coordinator

To carry on with the theme of accountability, below is an article from the blog at www.corestrength.com titled, *Ten Things Accountable People Never Say*.

But first, what is an accountable person? The definition I found stated that accountable people **focus on understanding the motives of others, rather than criticizing them for a lack of communication or not communicating in a particular style**. They seek to understand the other person's concerns, so they can connect and give them what they need.

So, communication is very important. An accountable person is going to try and figure out the best way to communicate with another and that includes **active listening** to really hear what is really being said rather than projecting their own thoughts or making assumptions. Active listening is a skill, and with the internet it is easy to find many articles on active listening and communication. In addition, the training department offers a workshop on communication and positivity.

Personally, I think the statements are thought provoking and I'm still mulling over the word 'never' Do any statements in the article remind you of a co-worker or even yourself? Do you agree with all of the statements?

Ten Things Accountable People Never Say

Accountability is a liberating and energizing force, but it does limit our vocabulary when interacting with people. So, one way to see if accountability is an issue for

you or your teams is to **listen to what's being said**.

Few things are more frustrating than hearing co-workers constantly shifting blame and denying accountability for the results of their teams.

What's worse, however, is reacting to those co-workers by expressing the same types of frustrations. Accountable people are different. They take ownership of their responsibilities and take initiative to make things happen. **They connect what needs to be done with why it's important—to them, the organization, and other key stakeholders**. This link sparks initiative and opens the door to a wide array of strengths that can be chosen based on the situation and the needs of the people involved.

Specifically, here are 10 things accountable people never say:

1. I don't have a choice.
We always have choices, but people allow their personal filters and the circumstances they're in to limit their perception of choice. We can only choose from the options we see, so if we have a self-limiting view, we don't see all of the options we have.

2. There's nothing I can do about it.

Accountable people initiate action by recognizing the wide array of strengths that are at their disposal. Research suggests that people can access at least 28 relational strengths to interact more productively with colleagues and customers.

3. I'm the victim.
Accountable people take ownership. They don't ask, "Why me?" Instead, they ask, "What can I do to make things better?"

4. It's not my fault. Blame ...
Whether their actions caused the problem or not, **accountable people focus on finding solutions, rather than affixing blame**. They see the bigger picture in terms of what's most important, so if one approach doesn't work, they regroup and try again.

5. We need better communication.
Accountable people **focus on understanding the motives of others, rather than criticizing them for a lack of communication or not communicating in a particular style**. They seek to understand the other person's concerns, so they can connect and give them what they need.

6. It's not my job.
Accountable people are fully committed to the team's success—

Training cont on page Three:
The *Mohican News* is published twice monthly by:

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Bowler, WI 54416
Telephone: 715-793-4389

Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage. A one-year subscription rate is \$12.00 for 24 issues. Send check or money order to *Mohican News*.
Mohican News is a member of:
NAJA (Native American Journalist Association)

Express your thoughts and opinions. Let your voice be heard.
We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

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PUBLISHER:
Stockbridge-Munsee Community

EDITOR:
Jeff Vele

STAFF REPORTER:
Thomas Kazik II

EDITORIAL BOARD:
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PO Box 70
Bowler, WI 54416

Voice: 715-793-4389
Fax: 715-793-1307
mohican.news@mohican.com

CORRECTION: We ran a list of Veterans in the xx-xx-22 issue of the Mohican News. We inadvertently excluded some Veterans from that list and would like to work to fix this list.

With Memorial Day coming around the corner we would like to acknowledge some veterans that were inadvertently left off our Veterans Day list. William Paramalee was listed as Army, but he served proudly in the United States Marine Corps. Some of Veterans that were inadvertently left off the list are as follows:

- Erb, Clair – U.S Navy – Krakow, WI
- Erb, John “Jack” – U.S Navy – Suring, WI
- Tousey, Jay R. – U.S Navy – Suring, WI
- Tousey, Michael – U.S Navy – Gillet, WI
- Tousey-Sousa, Winnie – U.S Navy
- Tousey, Gene “Bud” – U.S Navy – Lena, WI

If you know of any Veterans of Mohican descent that were not included, please feel free to reach out by email, phone or letter:

Email: Thomas.kazik@mohican-nsn.gov Phone: (715)-793-4389. Any Letters should be addressed to:

Mohican News
PO box 70
Bowler, WI 54416

Training cont from page Two:

whether the team is their department, a cross-functional collaboration, or the organization overall. This mindset destroys the silo mentality that often has departments working toward conflicting purposes.

7. If I only had more time...

In today's fast-paced, 24/7 business environment, there are constant demands that stretch us thin; however, accountable people use a timely process to accurately assess their high-stakes situations, mindfully choose the right strengths at the right time, and quickly engage others in finding solutions that work—within the constraints of time.

8. Someone should hold them accountable.

Accountability can't be demanded or imposed. When we mandate behaviors, we may get

compliance, but we may also get defiance or disengagement. True and sustainable accountability is personal; it begins with who we are at our core.

9. They need to change.

Accountable people recognize that they can't change others, but they can engage them (even the frustrating ones) by honoring who they are and what they care about. This can be done authentically with a foundational understanding of self. In other words, accountable people say, "Change begins with me and the actions I take to create different outcomes."

10. Can you fix this?

Accountable people activate their strengths to solve problems. They are after results, so waiting around for someone else to provide solutions or give direction doesn't address their goals.

Free Naloxone (Narcan) Training

The Stockbridge Munsee Community is offering Free Naloxone Training for the Community. Naloxone is more commonly known as Narcan and is used to reverse the effects of an Opioid Overdose.

To take the Naloxone (Narcan) trainer you just follow these easy steps Copy the Web Address Below into your computer:

https://www.canva.com/design/DAEo9_0PyYU/Ad2odLE2CDOPRAP6lqL4qA/view?utm_content=DAEo9_0PyYU&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink
from there you will go through the slideshow presentation and watch the short videos.

After that you will take a survey online at the Website Below:
<https://www.canva.com/>

Legal Notice for Intent to Change Name

Andy Jackson Stevens has petitioned the Stockbridge-Munsee Tribal Court for a name change from Andy Jackson Stevens to Jack Martin

The Court hearing will be held on Friday March 25 2022 at 9:45 AM at the Stockbridge-Munsee Community Tribal Court, N8476 Moh He Con Nuck Road, Bowler, WI 54416.

Any objections may be raised at that time.



Veterans Corner

203 W. Main St
Bowler, WI. 54416

Gregg W. Duffek,
Tribal Veterans Service
Officer

Office: 715-793-4036
gregg.duffek@mohican-nsn.gov



715-793-4036

1937 Constitution Origin

A synopsis of the history of how our current 1937 Constitution came to be. The following is a quasi-timeline of the history of how, why, and when our 1937 Constitution was finally approved. It covers a hundred years of struggles our ancestors endured.

There will be more updates as our committee's work and focus on the future with constitutional reform.

1837

John W. Quinney (Indian Party) drafted the first new written constitution for the tribe that marked a significant change in governance. Quinney's constitution abolished hereditary selection for sachems and replaced with a democratic election. It was not accepted by all.

During the 1840s, the Citizen Party had negotiated a treaty with the U.S. for land near the Menominee Reservation. This incessant fighting between the Quinney families (Indian Party) and the Hendricks allies (Citizen Party) led to the 1856 treaty with the government. Which led to the loss of power for the Indian Party under the Quinney leadership.

During the time between 1856 and 1893 saw many hardships, loss of land, loss of tribal recognition.

The tribe under leadership of Carl Miller had an informal style of government-The Business Committee.

1857

John Chicks (Citizen Party) wrote the 1857 constitution. Under this constitution, the tribe held elections in Red Springs. This new council included members of the Citizen Party with Hendrick Aupaumut the new sachem.

This started the conflict anew between the citizen Party and the Indian Party similar to the 1840s

struggles for power between the two factions.

1934

The two parties came together during this time to write a constitution under the "Indian New Deal". The new Indian Reorganization Act (IRA) was accepted by our tribe under the guidance of Carl Miller, Cornelius and others, Tribal leaders began drafting constitutions. None of these drafts were accepted by the IRA officials.

1937

Finally, September 18, 1937 a constitution was adopted and approved by the Interior.

This constitution was prepared by the IRA Officials not the tribe and it set forth membership standards, areas of tribal sovereignty, and election of tribal council.

It was a boiler plate constitution that many other tribes adopted because of the threat of termination of tribal status. Harry Chicks was the first President elected under this constitution. It is our current constitution.

Why the Citizen Party and the Indian Party?

The Stockbridge Indians were forced in 1832-1834 to move to the eastern shore of Lake Winnebago, Calumet County, Wisconsin, where they were joined by a number of dispossessed Munsee Indians.

In 1843, the U.S. government offered this group of residents a chance to become U.S. citizens and own their own property and they became the **Citizen Party**.

Or a part of the group could choose to remain within the tribe and live under treaty provisions and they became the **Indian Party**, as they preferred to retain tribal status.

"A Nation of Statesmen" by James W. Oberly is a great reference.



Stream cont from page One: Council.

3. Responsibilities

Staff and visitors of the Eunice Stick Gathering Place Community are required to comply with the following measures to limit opportunities for infection.

4. Procedure

1. Entry to Facility

a. Participants and visitors will be asked if they are experiencing or have experienced any of the following symptoms in the last 48 hours:

- i. Fever or chills
- ii. Cough
- iii. Shortness of breath or difficulty breathing
- iv. Fatigue
- v. Muscle or body aches
- vi. Headache
- vii. New loss of taste or smell
- viii. Sore throat
- ix. Congestion or runny nose
- x. Nausea or vomiting
- xi. Diarrhea

b. If participant or visitor is not or has not experienced the any of the above-mentioned symptoms, they will be granted entry to the facility.

c. Gatherings should be limited to persons that are experiencing none of the above-mentioned symptoms within the last 48 hours.

2. Masking

a. Participants will be encouraged to wear masks, but it is not required.

b. Visitors will be required to wear masks during their time at our facility unless they are eating or drinking.

c. Employees will be required to wear masks while working with participants and visitors as well as when doing any meal preparation. This also includes transportation services and home visits.

d. Employees will not be required to wear masks when

in their offices or in common spaces when no participants or visitors are in the facility.

3. Social Distancing

a. Social distancing of at least 6 feet will be encouraged.

4. Comply with quarantine and isolation orders. Persons who fail to comply with such orders are considered a public nuisance and subject to enforcement action(s).

5. Stay home when you have COVID-19 type symptoms except to seek medical care.

6. Use good hand hygiene practices. Wash hands when return home and after touching commonly touched public surfaces like doorknobs. Use an alcohol-based hand wash when soap and water is not available.

5. Definitions

1. Isolation-The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease. Isolation for public health purposes may be voluntary or compelled by federal, state, or local public health order.

2. Quarantine-The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease. Quarantine may be voluntary or compelled by federal, state, or local public health order.

3. Social Distancing-is a set of measures intended to prevent the spread of a contagious disease by maintaining a physical distance between people and reducing the number of times people come into close contact with each other. For this SOP, the distance is 6 feet.

Women cont from page One:

such as popular media, educational curriculum, or well-recognized award programs. In addition, to seek out **diversity**, highlighting representatives of groups whose inspirational stories are similarly often not reflected in broader society, such as by race/ethnicity, age, geography, socio-economic status, or public service, to bring greater diversity to the conversation.

Untold Stories was inspired by the La Crosse School District's *Untaught Histories Project*, but shifting the focus away from the historical examples to highlighting women at work across Wisconsin today. Both projects seek to inspire girls and expand their thinking beyond personal and social barriers. Resulting with girls having a better understanding of where they come from and rethink what they can strive for and achieve. A key goal of *Untold Stories* is for girls to learn about a diverse group women from different backgrounds and circumstances, perhaps from their own community, as examples of pursuing your passions, and making a difference in the process.

Roberta Carrington, contributor to policy changes within Tribal programs and services, and Jo Ann Schedler, contributor to The Mohican 101 Project, were nominated by Wisconsin Women's Council member Dr. Jolene Bowman. *Untold Stories* will be released during March 2022, each in a poster-type format, and will be available at <https://womenscouncil.wi.gov>.

Historically, the Stockbridge-Munsee Community has a rich history of Women as a legacy, including by not limited to the first Wisconsin Public School Teacher, Electa Quinney of the 1800's. Many Stockbridge-Munsee people continue to honor the legacies of Women—that of breaking glass ceilings and widening the path to make it easier for others that follow. Today, the Stockbridge-Munsee Community has a Cultural Affairs Department dedicated to these legacies. Contributing to these historical legacies are many inspirational, but too often untold stories, such as those of Roberta and Jo Ann.

Latest Covid Data

Positive Counts

COVID-19 testing statistics completed at the SMHWC through 3/4/2022.

- Total tested = 9,133 (+50 since last reporting period)
- Total Negative Counts = 8,434
- Total pending = 3
- Total Positive Cases = 696 (+1 since last reporting period)
- Total ever hospitalized = 24
- Active cases = 1
- Recovered Cases = 692
- Deaths (tested at clinic) = 3
- Total deaths = 4

Vaccination Data

6,919 doses of Covid-19 vaccine have been administered by the Tribe as of 3/4/2022. Count of fully vaccinated people: 2,864

Count of people who received both doses of vaccination (Pfizer or Moderna): 2,708
Count of people who received first dose of vaccination and are awaiting 2nd dose (Pfizer or Moderna): 210
Count of people who received a booster dose: 1,137
Count of people who received single dose (Johnson & Johnson): 156

Data cont on page Five:

School District Of Bowler

500 South Almon Street, Bowler, Wisconsin 54416

Tel: (715) 793-4101/Fax: (715) 793-1302

Website: www.bowler.k12.wi.us

"Home of the Panthers"



February 22, 2022

The Bowler School District is requesting a general contractor statement of qualifications for a project consisting of (approximately) 8,700 square feet which includes a Metals Lab, Auto Lab & Agriculture facility. The district's desire is to see construction start as soon as reasonably possible this year. The facility would need to be completed before the start of the 2023-2024 school year. Please visit Bowler School District's website for the complete request for statement of qualifications. <https://www.bowler.k12.wi.us/schools/ms-hs/ag-and-career-tech-project.cfm>

Respectfully submitted by

Christine Backes

District Secretary

christinebackes@bowler.k12.wi.us

Holsey cont from page One:

the event. "I just really want to emphasize just how monumental it is to have President Holsey here," Jogwe said. "This very well might be the first visit, albeit virtually, by a tribal sovereign nation leader to the College after its founding."

Holsey's speech explored the 2022 Claiming Williams theme, "Breaking Cycles: Where Do We go From Here?" The day's programming investigated how to move forward from harmful cycles at all levels — from destructive thought patterns to systemic injustice — that persist in the College community and beyond.

"It is my hope that today is one of many conversations...that we have as people, as the human race, because we are all interconnected in some form or fashion," Holsey said. "I want to speak to you and engage you and invite you into the conversation... knowing that there really are no questions off the table."

Holsey began her talk by sharing her personal history, followed by exploring the history of her tribe. After eight years as a member of the Tribal Council, the main governing body of the nation, Holsey was elected president of the Stockbridge-Munsee Community in October 2015, making her the tribe's second-ever and longest-serving female leader — a role that she said is "not for the weak of heart." Holsey is also president of the Great Lakes Inter-Tribal Council, representing eleven tribes spanning 45 counties in the Great Lakes region, and also serves on the Wisconsin State Legislature's Special Committee on State-Tribal Relations.

Holsey grew up on the Stockbridge-Munsee Community's reservation in Bowler, Wis. She explained that the tribe is descended from the Munsee and Mohican tribes. The Munsee is a sub-band of the Lenape tribe and the Mohican are a tribe related to the neighboring Lenape that lived in Stockbridge, Mass., during the eighteenth century. Holsey said that the tribe's original territory spanned between the Hudson, Potomac, and Delaware Rivers, but in the 1780s, European settlers forced the Mohicans from their ancestral territory in Massachusetts. Holsey also spoke to this history's connection to the College. "Mr. [Ephraim] Williams Sr. was a main cause of the reason that there was a forced removal in Stockbridge," she said.

The Mohicans then moved west and joined the Oneida Nation in New York, until European colonists once again forcibly removed them. Holsey noted that the Mohicans signed a treaty in 1821 that allowed them to settle alongside the Fox River by the Green Bay in Wisconsin. "By 1850, most of our tribe was living in Wisconsin," she

said. "There was a continuation to remove the tribe and a persistence of us moving."

She said that the U.S. government in 1846 unsuccessfully attempted to force the tribe to move to Montana and ten years later, the government forcibly relocated the community for the last time, displacing them to Red Springs and Bartelme in Shawano County, Wis., where the Stockbridge-Munsee reservation exists today.

The Stockbridge-Munsee Community's enterprises in Wisconsin include a casino, a health and wellness center, a food sovereignty initiative, a golf course, and a gas station. "Just to give some perspective — how things come full circle — we are now in our respective county the largest employers," Holsey said.

"A lot of people consider Indigenous communities... the descendants of subjugated people, and I always tell people that Indigenous people were never really conquered, through forced removal...or genocide," Holsey said. "Our spirits, and our will, and our willingness to adapt really don't precede the idea of subjugation... I'm the seed of the descendant who was adaptable and who was never conquered."

Holsey said that the Stockbridge-Munsee Community has made it through the pandemic debt-free so far and established public health orders in their various enterprises — even when the state government was unable to. According to Holsey, the Stockbridge-Munsee Tribe was the first in Wisconsin to provide vaccinations to its employees along with its tribal members. "Tribal nations are community-centric," Holsey said. "They think collectively, they don't think individually."

Holsey added that tribal nations are self-governing, meaning that "we are not sub-sovereigns to the state, we are sovereigns, we are political bodies," she said.

After the historical talk, Holsey started taking questions from the audience, many of which were about policies and recommendations towards better appreciating and recognizing tribal histories. She said that moving forward, it will be important to "[make] sure that there isn't a continuation of erosion of tribal governments — who are self-governing — and who have our own laws and our own jurisdictions, but [to make] sure that there is a reciprocal conversation about things that matter to us." Holsey said that equitable access to healthcare and education, as well as mitigating climate change, are some of her policy priorities.

Holsey said that these "reciprocal conversations" are important on a smaller scale as well, within institutions such as the College. "It really starts with a greater

depth of understanding and... an acknowledgement of the long misrepresented history of indigenous cultures," she said. "Perhaps there's an open invitation where my people can come and engage and do teachings, and have a broader conversation."

In October 2021, the College adopted a land acknowledgment — written in collaboration with the Stockbridge-Munsee Historic Preservation Office on Spring St. — in recognition of its place on the ancestral territory of the Stockbridge-Munsee Community. Holsey said that "mere acknowledgment" is a crucial starting place that should be followed by "looking at ways to...set priorities in terms of the reciprocal relationship, and how we can involve that partnership in a way that is meaningful not only

to people that are being educated by [the College], but meaningful for my people."

Holsey said that doing this work at the College in particular has the potential to be extremely meaningful. "Williamstown is home to an ancient site of our ancestors, shown from artifacts found in the campus and vicinity," she said.

Holsey plans to visit the College in person soon. "My ancestors are still there...they were buried there, they lived there, they're Indigenous there, and every time I visit the Berkshire [region], there's a connection to our ancestral homelands that I have, and it really can't be explained," she said. "It's just something that must be felt. And I could imagine that, when I visit Williams College soon, that I will probably have that same spiritual connection."



Award continued from pg One:

Gaming Media Group Inc. is the publishing company for Southern Gaming and Destinations, Midwest Gaming and Destinations and GamingandDestinations.com. Since 1999, they have served as a reliable information source for gaming enthusiasts and travelers throughout the United States.

NorthStar ranked first in 5 categories: 1 Advertising, 2 Casino Personnel (Table Game Dealers, Slot Attendants/Technicians, Etc.), 3 Entertainment, 4 Golf Course, and 5 Hotel Rooms. NorthStar ranked second in Hotel Suites behind Potawatomi Casino. NorthStar only ranked third in one Category which was Casino Theme, where is ranked behind

Lake of the Torches (Number 1) and Ho-Chunk Gaming Wisconsin Dells.

"As you can imagine we are very proud of the North Star Team. Such recognition is the result of true teamwork every day as well as a culture where every individual contribution is important and valued, and every team member strives to contribute. Our Team Members are what makes the North Star Mohican Casino Resort shine so brightly. On behalf of the North Star Team, we would like to thank the Midwest Gaming Magazine, their readers, and our guests for such recognition." — Terrance Miller Interim General Manager - North Star Mohican Casino Resort.

Covid cont from page Four:
State and County Counts

Wisconsin's 7 day average is 3.7% of all test coming back positive. The State's 7 day average is 779 new cases each day <https://www.dhs.wisconsin.gov/covid-19/cases.htm> The Clinic's 7 day positive rate is 3.1%. Shawano County had 22 new cases in the last 7 days (down from 41 new cases the week before) <https://covid.cdc.gov/covid-data-tracker/#county-view>

N-95s

The Clinic is offering free N-95s at our front desk.

At home Covid Tests

The Clinic is offering free at home covid-19 test kits at our front desk. If you test positive on an at home test, please notify contact tracing

at 715-881-0872. If you are an employee, please also inform your supervisor.

Booster Shots

The SMHWC is still offering booster doses to anyone who meets eligibility requirements as stated by FDA. Please consult the below chart to see if you are eligible for a booster, if so you can schedule a booster at the SMHWC by calling 715-793-5000.

Other options for finding a booster shot: search vaccines.gov, text your ZIP code to 438829, or call 1-800-232-0233 to find locations near you.

Andrew Miller
Director
Stockbridge-Munsee Health and Wellness Center

Test Your Home for Radon

Testing is easy and low-cost — and it could save your life.

You can't see radon gas. You can't smell it. But it's dangerous. Breathing in high levels of radon can raise your risk of lung cancer.

Testing your home is the only way to find out if you have a radon problem.

If you do, then you can fix it.

Why is radon dangerous?

Radon comes naturally from rocks and dirt in the ground. There's always some radon in the air around us. The problem is when radon gas from underneath a home leaks in through cracks or gaps. Too much of it can build up inside.

When you breathe in radon gas, the radioactive particles can get trapped in your lungs. Over time, they can cause lung cancer. The risks from radon depend on two things:

- **How much:** The higher the radon level the more dangerous it is.
- **How long:** The more contact you have with radon gas, the greater your risk.

In the United States, radon is the #1 cause of lung cancer for nonsmokers and it is estimated to cause over 20,000 deaths each year.

Smoking makes radon even more dangerous.

Radon and tobacco smoke from cigarettes (and cigars and pipes) can damage your lungs. When they're combined, smoking and radon are more dangerous than either one on its own.

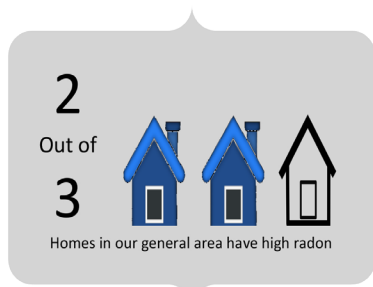
Smokers who live in homes with high radon levels have a risk of lung cancer that's 10 times higher than nonsmokers who live in homes with high radon levels.

Any home can have a radon problem.

High radon levels can be a risk anywhere in Wisconsin. Both old homes and new homes can have radon problems. So can homes with basements and homes without them. And 2 houses right next-door to each other could have very different radon levels.

That's why it's so important for every home to get tested.

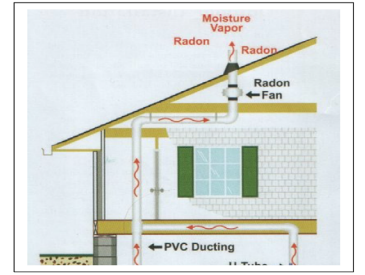
*Source: U.S. Environmental Protection Agency



Test Your Home

The good news is that testing your home for radon is easy. You can do it yourself or hire someone to do it for you.

- **Get a radon test kit.** A testkit can be requested directly from Stockbridge Munsee Environmental Department. Please contact us at (715) 793-4363 for more information.
- **Set up the testing device to check the air for radon.** Depending on the type of test, it takes just 2-4 days.
- **Send the device to a lab** and wait for the results.



If your test results show a radon level of **4 picocuries per liter (pCi/L) or higher**, additional testing should be done. If the second test is also high, you need to fix the problem.

If You Have High Radon Levels, Take Action

Finding out that your home has high radon levels can be scary. But you can take steps to make your home safer. Here's what you need to do:

- **Contact the Stockbridge Munsee Environmental Department** to speak with an environmentalist who can give advice. You can fix some radon problems with simple solutions. For other radon problems, you need a specialist — called a mitigation contractor — to fix your home.
- **If needed, repair your home.** Mitigation contractors can help by sealing cracks where radon gets in. They also put in special pipes that help suck radon from under your home, so it goes outside instead of inside.

Radon in your home can be a serious health risk — but it's a problem you can fix. **If you haven't tested your home for radon, get a test kit now.**



Learn More About Radon

Visit www.lowradon.org

MOHICAN FAMILY CENTER WILL BE OPEN TO THE COMMUNITY STARTING MARCH 1, 2022



PLEASE CALL MOHICAN FAMILY CENTER AT 715-793-4080 FOR MORE INFORMATION

MONDAY- FRIDAY
6AM TO 8PM

Mohican Family Center Little League Program

Looking For:

Coaching Staff

Youth

Parent Volunteers

If you are interested in joining the Mohican Little League Team for 2022 season

Please call the Mohican Family Center at 715-793-4080 if interested

Deadline is March 4, 2022

2022 FREE SPRING CLEANUP - MAY 9 & 10, 2022



Dear Stockbridge-Munsee Community,

NEW this year! The Spring Cleanup will occur on two days, with curbside pickup on **Monday, May 9** and Electronics/Appliance Recycling on **Tuesday May 10**.

All items collected curbside are **NOT RECYCLED**, but disposed of in a landfill. Recycling or reusing items by passing them on to others can save landfill space, limit costs and help others. Anything that you can donate to Goodwill, Habitat for Humanity or schools can be reused.

RESIDENTIAL CURBSIDE CLEANUP MONDAY, MAY 9

When? Place items curbside beginning Monday, May 2nd
Have **ALL** items curbside by **5am on Monday, May 9th**

Who? Tribal Curbside Residential Customers in **Bartelme ONLY**

What? No Construction Debris, Hazardous Material, or Tires

Furniture: FREE pickup for **ONLY** the items listed below during Spring Cleanup:

Bed Frames / Head Boards	Windows	Hard Fiberglass (4ft or less)
Mattresses / Box Springs	Cabinets	Carpet Rolls (5ft or less)
Fitness Equipment	Dressers	Chairs / Recliners
Large Plastic Toys	Toilets	Couches / Sofas
Bikes	Grills	Doors
	Sinks	

Volume: Total Volume **MUST NOT** exceed 4 cubic yards per residence (about the size of a 4 ft tall x 5 ft long x 5 ft wide container)

ELECTRONICS RECYCLING

Where? Drop Off at P&E and Roads Department

When? **Tuesday, May 10th** from 8:00 am - 4:00 pm

Who? Tribal Members of Bartelme **AND** Red Springs

Electronics: FREE Electronics recycling at P&E and Roads Department during Spring Cleanup:

Computer Accessories	DVDs / VCRs / Blue Ray Players	Mobile Phones
Computer Monitors	Fax / Copiers / Scanners	Telephones
Computer Towers	Radios / Stereos	Televisions
Computer Parts	Microwaves	Laptops
Type Writers		Printers

APPLIANCE RECYCLING

Where? Drop Off at P&E and Roads Department

When? **Tuesday, May 10th** from 8:00 am - 4:00 pm

Who? Tribal Members of Bartelme **AND** Red Springs

Fee for appliances with freon can be paid at the Finance Department. See Terrie Terrio.

Appliances: Appliance recycling at P&E and Roads Department during Spring Cleanup:

Appliances WITHOUT Freon: FREE
Stoves • Dishwashers • Compactors • Water Heaters • Washers • Dryers

Appliances WITH Freon: \$15.00 Each
Refrigerators • Freezers • Air Conditioners • Water Coolers • Dehumidifiers

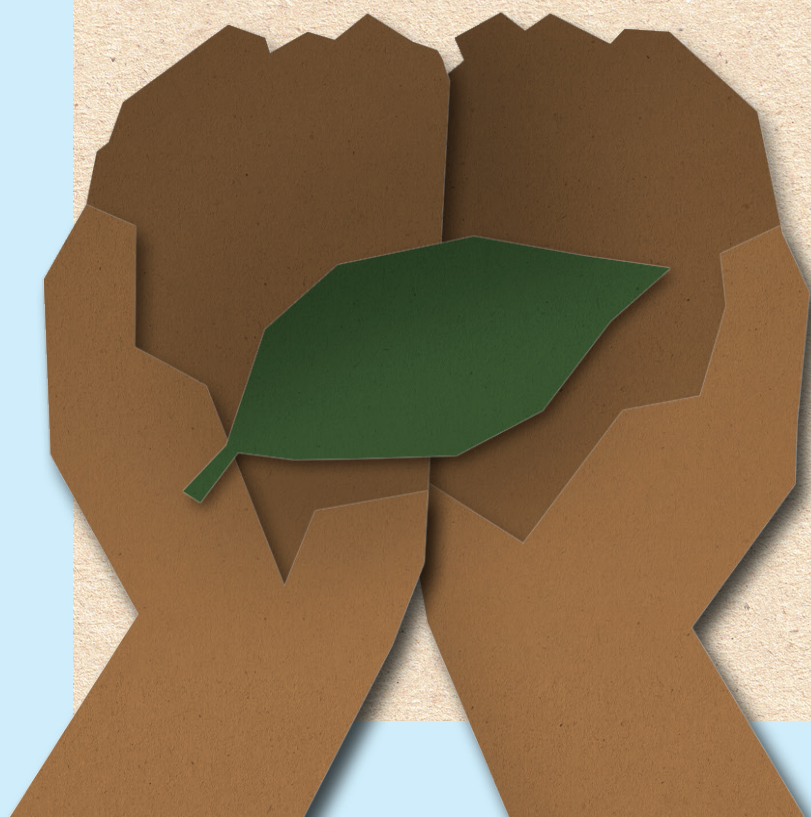


Stockbridge-Munsee Environmental Department • 715-793-4819
Stockbridge-Munsee Property & Equipment Department • 715-793-4879
Harter's Fox Valley Disposal • 888-804-8556



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OR TEXT READY TO 200-400



Education and Career Services
College Internship

What: The College Internship program gives undergraduate students practical work experience while gaining skills and building networks with potential employers and professionals in their fields. The College Intern is **paid \$20 hourly for a maximum of 200 hours**. This College Internship is available because Mr. Richard Edward Dwyer donated funds from his Living Trust to the Stockbridge-Munsee Community. On June 17th, 2014, the Tribal Council adopted a proclamation to celebrate a man who understood our history and to honor the memory of Mr. Dwyer, they proclaimed the funds to be used for Education.

When: Internship Program will start **June 6th** and end **August 19th, 2022**.

Where: Stockbridge Munsee Community

Eligibility: Stockbridge-Munsee enrolled members who are enrolled full-time in an accredited/certified institution are eligible to apply for an internship placement. The earliest a student may intern is after completing at least 12 credits with a minimum cumulative grade-point average of 2.0. All applicants **MUST** submit proof of Stockbridge-Munsee enrollment, proof they are enrolled in classes for the upcoming semester, and provide a grade report from the most recent completed semester. COVID-19 vaccination is mandatory.

Applications: Available @ Stockbridge-Munsee Education Office (located at Konkapot) or online at Mohican.com.

Deadline to Enroll: Completed applications **must be** received by Education and Career Services staff no later than **Thursday, MAY 6th, 2022 at 3:00 p.m.** No exceptions will be made for late applications. The Internship placements are limited and held on a first come, first served basis. Any applications missing required materials **WILL NOT** be considered if the deadline has passed.



Contact information:

Denise Huntington,
Career Services Specialist
Phone: 715-793-4353
denise.huntington@mohican-nsn.gov
W12635 County Rd A
P.O. Box 70
Bowler, WI 54416

2022 Summer Youth Program

Stockbridge-Munsee Education and Career Services

What: A short-term, community based program that includes skill building workshops and work experience components. It is designed for youth to learn community driven values and give back to the same community as a means of thanks for learning responsibility, self-reliance, and other important life skills.

Where: Stockbridge-Munsee Community

When: The Summer Youth Program will be held **June 21st - August 19th**

Who is Eligible: Enrolled Stockbridge-Munsee youth, ages 14-18 as of June 15, 2022. Direct descendants may participate if their established residency for the 2021-2022 school year is within the townships of Bartelme or Red Springs, excluding Middle Village and including Bowler and Gresham. If new to the Summer Youth Program, youth **MUST** submit proof of enrollment or descendency. COVID-19 vaccination is mandatory.

Applications: Available at S/M Education and Career Services (located at Konkapot), Bowler School (Jeff DePerry or Abby Behnke), Gresham School (Nancy Buettner), or online at Mohican.com.

Deadline to Enroll: Completed applications must be received by Education and Career Services staff no later than **Friday, May 6th, 2022 at 3:30 p.m.** No exceptions will be made for late applications. Any applications missing required materials **WILL NOT** be considered, if the deadline has passed.



W12635 County Rd A
P.O. Box 70
Bowler, WI 54416

Phone: 715-793-4353
Fax: 715-253-2436
email: denise.huntington@mohican-nsn.gov



Eat Right

Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics



20 Health Tips

- 1. Eat Breakfast**
Start your day with a healthy breakfast that includes lean protein, whole grains, fruits and vegetables. Try making a breakfast burrito with scrambled eggs, low-fat cheese, salsa and a whole wheat tortilla or a parfait with low-fat plain yogurt, fruit and whole grain cereal.
- 2. Make Half Your Plate Fruits and Vegetables**
Fruits and veggies add color, flavor and texture plus vitamins, minerals and dietary fiber to your plate. Make 2 cups of fruit and 2 ½ cups of vegetables your daily goal. Experiment with different types, including fresh, frozen and canned.
- 3. Watch Portion Sizes**
Use half your plate for fruits and vegetables and the other half for grains and lean protein foods. Complete the meal with a serving of fat-free or low-fat milk or yogurt. Measuring cups may also help you compare your portions to the recommended serving size.
- 4. Be Active**
Regular physical activity has many health benefits. Start by doing what exercise you can. Children and teens should get 60 or more minutes of physical activity per day, and adults at least two hours and 30 minutes per week. You don't have to hit the gym – take a walk after dinner or put on music and dance at home.
- 5. Get to Know Food Labels**
Reading the Nutrition Facts panel can help you choose foods and drinks to meet your nutrient needs.
- 6. Fix Healthy Snacks**
Healthy snacks can sustain your energy levels between meals, especially when they include a combination of foods. Choose from two or more of the MyPlate food groups: grains, fruits, vegetables, dairy, and protein. Try raw veggies with low-fat cottage cheese or hummus, or a tablespoon of nut or seed butter with an apple or banana.
- 7. Consult an RDN**
Whether you want to lose weight, lower your health-risks or manage a chronic disease, consult the experts! Registered dietitian nutritionists can help you by providing sound, easy-to-follow personalized nutrition advice.
- 8. Follow Food Safety Guidelines**
Reduce your chances of getting sick with proper food safety. This includes: regular hand washing, separating raw foods from ready-to-eat foods, cooking foods to the appropriate internal temperature, and refrigerating food promptly. Learn more about home food safety at www.homefoodsafety.org.
- 9. Drink More Water**
Quench your thirst with water instead of drinks with added sugars. Stay hydrated and drink plenty of water, especially if you are active, an older adult or live or work in hot conditions.
- 10. Get Cooking**
Preparing foods at home can be healthy, rewarding and cost-effective. Master some kitchen basics, like dicing onions or cooking dried beans.
- 11. Order Out without Ditching Goals**
You can eat out and stick to your healthy eating plan! The key is to plan ahead, ask questions and choose foods carefully. Compare nutrition information, if available, and look for healthier options that are grilled, baked, broiled or steamed.
- 12. Enact Family Meal Time**
Plan to eat as a family at least a few times each week. Set a regular mealtime. Turn off the TV, phones and other electronic devices to encourage mealtime talk. Get kids involved in meal planning and cooking and use this time to teach them about good nutrition.
- 13. Banish Brown Bag Boredom**
Whether it's for work or school, prevent brown bag boredom with easy-to-make, healthy lunch ideas. Try a whole-wheat pita pocket with veggies and hummus or a low sodium vegetable soup with whole grain crackers or a salad of mixed greens with low-fat dressing and a hard boiled egg.
- 14. Reduce Added Sugars**
Foods and drinks with added sugars can contribute empty calories and little or no nutrition. Review the new and improved Nutrition Facts Label or ingredients list to identify sources of added sugars.
- 15. Eat Seafood Twice a Week**
Seafood – fish and shellfish – contains a range of nutrients including healthy omega-3 fats. Salmon, trout, oysters and sardines are higher in omega-3s and lower in mercury.
- 16. Explore New Foods and Flavors**
Add more nutrition and eating pleasure by expanding your range of food choices. When shopping, make a point of selecting a fruit, vegetable or whole grain that's new to you or your family.
- 17. Experiment with Plant-Based Meals**
Expand variety in your menus with budget-friendly meatless meals. Many recipes that use meat and poultry can be made without. Vegetables, beans, and lentils are all great substitutes. Try including one meatless meal per week to start.
- 18. Make an Effort to Reduce Food Waste**
Check out what foods you have on hand before stocking up at the grocery store. Plan meals based on leftovers and only buy perishable foods you will use or freeze within a couple of days. Managing these food resources at home can help save nutrients and money.
- 19. Slow Down at Mealtime**
Instead of eating on the run, try sitting down and focusing on the food you're about to eat. Dedicating time to enjoy the taste and textures of foods can have a positive effect on your food intake.
- 20. Supplement with Caution**
Choose foods first for your nutrition needs. A dietary supplement may be necessary when nutrient requirements can't be met or there is a confirmed deficiency. If you're considering a vitamin, mineral or herbal supplement, be sure to discuss safe and appropriate options with an RDN or another healthcare provider before taking.

For a referral to a registered dietitian nutritionist and for additional food and nutrition information, visit www.eatright.org.

eat right. Academy of Nutrition and Dietetics

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of dietetics through research.



Senior Banquet

The annual Senior Banquet is a community celebration of the accomplishments of our high school graduates. The following must apply to be an eligible participant:

1. Student must be an enrolled member of the Stockbridge-Munsee Band of Mohican Indians; or
2. Student must be a member of the community who has a parent or grandparent on the rolls of the Stockbridge-Munsee Band of Mohican Indians and who is attending Bowler, Gresham, or Shawano Schools or attended one or more of these schools for a total of at least three of the four years of High School.

Eligible Participants whom anticipate graduation must submit a *Senior Graduation Banquet Participation Application* to the S/M Education Department prior to May 15th in order to participate in the Senior Banquet. (Participant applications are available online at <https://www.mohican.com/mt-content/uploads/2019/10/senior-banquet-application-9-30-19.pdf> under Education, S/M Education Department, and at Bowler and Gresham Schools or at the S/M Education Department Office.)

If the student is in an alternative learning program that student must receive a diploma on/or before their classes scheduled graduation date.

The Education Department will NOT be responsible for any travel expenses accrued by the student and/or their families to attend the banquet.

Approval History

Education Board 3/26/02	Tribal Council 4/2/02
Education Board 11/27/07	Tribal Council 2/5/08
Education Board 3/8/11	Tribal Council 3/15/11
Education Board 7/22/15	Tribal Council 8/4/15
Education Board 3/13/17	Tribal Council 3/14/17



Education and Career Services
Stockbridge-Munsee Community
P. O. Box 70
W12635 County Rd A
Bowler Wisconsin 54416
Phone: 715-793-4100 Fax: 715-253-2436



Senior Graduation Participation Application

APPLICANT INFORMATION

First Name	MI	Last Name	Date of Birth	Parent/Guardian Name and Contact Phone	
Street Address		City	State	Zip Code	
Home Phone		Cell Phone	Message Phone		
Personal Data:					
Parent/Guardian's Name as announced at the Senior Banquet:					
Name of attending school: _____ Gender: Male <input type="checkbox"/> Female <input type="checkbox"/>					
Nick Name/s for senior plaque: _____					
Senior Picture was provided to the Education Office for the Senior plaque: Yes <input type="checkbox"/> No <input type="checkbox"/>					
Tribal Affiliation: _____ Enrollment #: _____					
OR Parent/Grandparent Enrollment #: _____					

EXTRA CURRICULAR ACTIVITIES, AWARDS, AND ACCOMPLISHMENTS: list all that is applicable for the last four years (Examples: clubs, sports, honor roll, and etc.)

Activity	Participating Year/s	Activity	Participating Year/s

CERTIFICATION

I hereby apply to participate in the Stockbridge-Munsee Community Senior Banquet. I certify that the language in this application is true and correct. I authorize the Education Department to process my application and verify the information contained in it. I further release other parties, including schools and governmental programs, to provide requested information to the Stockbridge-Munsee Education Department so it may process my application. I understand that the information I provided on this application will be used to create a senior plaque and may be announced at the Senior banquet. I have received the Senior Banquet Policy and I have read the Senior Banquet Policy. I agree to abide by the program requirements outlined in the Senior Banquet policy in relation to services provided based on this application.

Applicants' Signature	Date	Parent/Guardian Signature (If Applicable)	Date
-----------------------	------	---	------

Submit

On Tuesday, March 1st, 2022, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey	Present
Craig Kroening Jr.	Present
Sara Putnam	Present
Joe Miller	Present
Jeremy Mohawk:	Present
Terrie Terrio	Absent
Randall Wollenhaup	Present

APPROVAL OF AGENDA-

ADD: Resolution of Support
STRIKE: Request for approve to post RFP

Motion by Joe Miller to approve the agenda as amended for Regular Tribal Council Meeting, Tuesday, March 1st, 2022. Seconded by Craig Kroening, Jr. Motion carried.

OPEN AGENDA-

MEETING MINUTES-Tuesday, February 16, 2022

Motion by Jeremy Mohawk to approve the Regular Tribal Council Meeting Minutes of Wednesday, February 16th, 2022. Seconded by Randall Wollenhaup. Motion carried.

CAPITAL REQUEST-Sara Putnam, Tribal Treasurer

Motion by Sara Putnam to approve the capital request for Ginny Rusch for Head Start for smart boards and other equipment needed. Seconded by Joe Miller. Motion carried.

GM'S MONTHLY REPORT FOR JANUARY 2022 AND CASINO & BINGO FINANCIAL STATEMENTS FOR JANUARY 2022-Terrance Miller, Interim GM

Motion by Jeremy Mohawk to accept the GM's Monthly Report for January 2022 and the Casino & Bingo Financial Statements for January 2022. Seconded by Sara Putnam. Motion carried.

PORT OF ALBANY PROJECT-Monique Tyndall, Director of Cultural Affairs

Motion by Jeremy Mohawk to direct Historic Preservation to pursue the No Adverse Effect of Albany manufacturing project in Bethlehem, NY. Seconded by Randall Wollenhaup. Motion carried.

NAGPRA GRANT SUBMISSION-Monique Tyndall, Director of Cultural Affairs

Motion by Sara Putnam to approve and sign the letter of support and for authorization to submit 2022 NAGPRA documentation and consultation grant for Phase II of the Hudson Valley NAGPRA Repatriation Project. Seconded by Jeremy Mohawk. Motion carried.

S-M ISOLATION HOUSING PLAN-William Terrio, Emergency Preparedness Coordinator

Motion by Randall Wollenhaup to approve the Stockbridge-Munsee Isolation Housing Plan as presented. Seconded by Jeremy Mohawk. Motion carried.

MOBILIZING COMMUNITIES FOR A JUST RESPONSE GRANT AWARD-Sara Putnam, Tribal Treasurer

Motion by Joe Miller to accept the Mobilizing Communities for A Just Response Grant.

Seconded by Jeremy Mohawk. Motion carried.

ACCEPTANCE OF GRANT FUNDING-Sara Putnam, Tribal Treasurer

Motion by Sara Putnam to accept the grant funding for CDC Health Disparities Grant Fund. Seconded by Jeremy Mohawk. Motion carried.

BOARD/COMMITTEE MINUTES-Land Committee and Elderly Steering Committee

Motion by Joe Miller to accept the Land Committee Meeting Minutes of January 20, 2022, and approve the recommendations contained within. Seconded by Jeremy Mohawk. Motion carried.

Motion by Jeremy Mohawk to approve S-M Elderly Steering Committee Meeting Minutes from February 8, 2022. Seconded by Randall Wollenhaup. Motion carried.

RESOLUTION OF SUPPORT-

Motion by Joe Miller to adopt resolution 032-22, NOW THEREFORE BE IT RESOLVED, that the Stockbridge-Munsee Community hereby expresses its support for special legislation by Congress to restore its government-to-government relationship with the Brothertown Indian Nation. Seconded by Craig Kroening, Jr. Motion carried.

EXECUTIVE SESSION-

Motion by Jeremy Mohawk to go into Executive Session. Seconded by Craig Kroening, Jr. Motion carried at 5:15 PM.

Motion by Jeremy Mohawk to come out of Executive Session. Seconded by Randall Wollenhaup. Motion carried at 5:31 PM.

While in Executive Session discussion was held on a Legal Issue, a Tribal Member Request, and a Committee Member Request.

Motion by Jeremy Mohawk to waive the waiting period to apply for Casino/Tribal Side jobs as discussed in Executive Session. Seconded by Sara Putnam. Motion carried.

Motion by Joe Miller to adopt 033-22, with the respects to the Opioid Litigation. Seconded by Randall Wollenhaup. Motion carried.

ADJOURNMENT-

Motion by Jeremy Mohawk to adjourn. Seconded by Craig Kroening, Jr. Motion carried at 5:34 PM.

Think of your life as a canoe and your decisions and actions as a paddle. You'll get where you're going one stroke at a time with the decisions and actions you make.

D.J. "Eagle Bear" Vanas
Motivational Speaker



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Stop in and see us at CMN or any of our off-site locations (Stockbridge-Education Department 1st Monday of the month, Shawano; 2nd Monday of the month, Maehnowesekiyah; 3rd Monday of the month, and Neopit- Menominee Tribal Enterprises; 3rd Tuesday of the month).

Call or visit in person or online today to begin your referral application process



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• Information and Referral	800-236-7660
• Community Education	National Dom. Abuse Hot Line:
• Education Planning	800-787-3224/800-799-7233
• Forecasting	

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N8476 Moh He Con Nuck Road
P.O. 70
Bowler, WI 54416

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MARCH BINGO



Sunday Drawings

3 winners of \$100 every Sunday in March.
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Senior Tuesdays

Every Tuesday Seniors 50+ will receive \$5 off at buy-in.
Drawings for 5 winners of \$25 Bingo Certificates.

Pick a Pot of Gold Fridays in March

Every customer will receive 1 entry slip into the barrel for a chance to pick a pot of gold
and win up to **\$500 cash!**

Drawings will be held every session after break for 2 winners.

Saturday Nights in March

- Saturday 5th All regular games payout \$150!
- Saturday 12th All regular games payout \$175!
- Saturday 19th All regular games payout \$200!
- Saturday 26th All regular games payout \$225!

Day Lights Savings Sunday March 13th

Extra game pays out \$350! Sold on floor and in machine for \$2

First Day of Spring Sunday March 20th

Extra game pays out \$350! Sold on floor and in machine for \$2

Tuesdays / \$25 Machines, \$5 Packs, and \$125 Payouts | Sales start at noon

Fridays / \$25 Machines, \$5 Packs, and \$125 Payouts | Sales start at 4PM

Saturdays / \$25 Machines, \$5 Packs, and \$125 Payouts | Sales start at 4PM

Sundays / \$25 Machines, \$5 Packs, and \$125 Payouts | Sales start at noon

**** Must be a Star Club member for all promotions. ****

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