September

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19 20 21 22 23 24 23

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October 2021

November

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					French toast sausage links scrambled eggs grapes orange juice	All meals served with milk, juice coffee, tea or water
3	Hot tuna casserole Beets wheat rolls Jell-o with Pears	Cheeseburger/onions baked beans carrot & celery sticks sherbert	Cream of cauliflower soup cold cut sandwich tomato/lettuce on French Bread pudding	Lasagna 7 green salad with egg spinach garlic bread	Hard boiled egg hashbrowns wheat toast tomato slice juice	all menu items are subject to change.
10	Indigenous Peoples Day Center Closed	Meatballs with gravy 12 wheat pasta baked squash roll applesauce with cherries	Chicken soup with 3 dumplings grilled cheese with spinach Brownie	Baked fish mashed cauliflower with parsnips Green beans wheat bread peaches	Biscuit and sausage 15 gravy egg tater tots fruit bar	16
17	Chicken patties sweet potatoes mixed veggies roll peaches	Wheat Spaghetti with 9 meat sauce Garlic stick Caesar salad with Garbanzo beans Pumpkin Bars	Elk Stew cottage cheese with chives biscuits Ice cream	Pork Ribs with saurkraut glazed carrots wheat bread Cake	Breakfast Pizza 22 Hashbrowns avocado slice yogurt with fruit	23
24	Tuna Spread on 25 wheat bun sweet potato chips baked beans pudding	Cauliflower Tots Hotelsh dish green salad with raddish wheat bread Cookies	Cream of broccoli 27 soup hot ham/cheese on wheat bun Jell-o with fruit	Stuffed chicken carrots & Peas mashed potatoes gravy wheat roll Cake and Ice Cream	Veggie Scramble Corn Beef Hash Tomato Juice Banana Bread	30
31						