Tribal Council Takes Unprecendented Action to Address COVID-19

On Sunday, March 15, 2020, the Stockbridge-Munsee Tribal Council held an Emergency Tribal Council Meeting and at that time the following actions were taken: Roll Call:

Shannon Holsey; Present Jolene Bowman; Present Terrie Terrio; Present Jeremy Mohawk: Present Martin Welch; Present Marv Malone; Present Craig Kroening Jr.; Present

APPROVAL OF AGENDA-

Motion by Terrie K. Terrio to approve the agenda. Seconded by Martin Welch, Motion carried.

STATE OF EMERGENCY-

Motion by Terrie K. Terrio to adopt resolution 044-20, WHEREAS, The Stockbridge-Munsee Community is a federally recognized Indian tribe governed by the Stockbridge-Munsee Tribal Council pursuant to authority vested in the Council by a Constitution approved in November 1937, as amended:

WHEREAS, The Tribal Council has the authority under its Constitution and its inherent rights as a sovereign nation to act on behalf of the Community to protect the tribal community and other issues of self-governance;

WHEREAS, The World Health Organization has determined there is a global pandemic caused by the novel coronavirus referred to as COVID-19, which is a respiratory disease that can result in serious illness or death and has yet to be adequately contained;

WHEREAS, The President of the United States of America and the Governor of the State of Wisconsin have both declared that there is a public health emergency due to COVID-19;

WHEREAS, The Tribal Council recognizes that the seriousness

of the COVID-19 outbreak, as well as its obligations to its community and as an employer, and has been working on how to implement its emergency response plan in light of this quickly-developing, fluid situation:

WHEREAS. The Tribal Council intends to coordinate and maximize its efforts to appropriately address the impacts from COVID-19, including calling on tribal, federal, state, and local resources for assistance with protecting our community and implementing tribal laws providing for isolation and quarantine in the event of a Public Health Emergency; and

WHEREAS. The Tribal Council intends to take appropriate actions and dedicate the necessary resources to decrease the spread of COVID-19 and protect all of the interests of our community in a responsible manner:

THEREFORE BE IT NOW RESOLVED, the Tribal Council hereby declares a tribal Public Health State

of Emergency based on the COVID-19 outbreak;

BE IT ALSO RESOLVED, that due to the nature of this developing outbreak, the Stockbridge-Munsee Community will be implementing temporary measures to help limit opportunities for virus transmission while maintaining operations and services, such as the following:

- · Banning visitors to and from the Ella Besaw Center; and
- Eliminating non-essential work travel: and
- Making alternate arrangements or canceling group activities; and
- · Controlling access to tribal buildings and encouraging persons to schedule meetings or conduct their business by telephone or email if possible;

BE ITALSO RESOLVED, the Tribal Council authorizes flexibility in the application of its employment

Directives cont on page Ten:

We, the people of the Stockbridge Munsee Band of Mohican Indians, grateful to the Great Spirit for his fostering care, in order to reestablish our tribal organization, to conserve and develop our common resources and to protect the welfare of ourselves and our descendants. Profound words to serve by. On March 14, 2020 the Stockbridge-Munsee Tribal Council held an emergency meeting to declare a tribal Public Health State of Emergency due to the COVID-19 virus.

We want to assure you that the Tribal Council is fully engaged. We are coordinating with our tribal, federal, state, and local partners. The Tribe does have an emergency response plan and has been working over the past weeks to determine how it should be implemented in this situation. In this addition we have included best health practices, a directory of our current operation during this shut down, operation and health information to guide you regarding COVID-19 and where to continue to monitor this pandemic issue and facilitate assistance if needed. We recognize there are still many questions about this virus. Unfortunately, while we have been monitoring and assessing these issues, there are many things that are unknown about what should be done to protect our community's health and best interests in this quickly developing situation. We are will update notifications to Mohican.com as awe receive them. I assure you there is no need to panic... we are diligently working through this situation.

We need to maintain order and confidence as we continue to deal with these most uncertain times. As a tribe we must instill trust and direction. It's a heavy lift and we need to make sure we foster an environment of fluid



From the President's Desk

communication and enlistment of everyone in order to try and keep this from drastically and adversely affecting our community

These are trying times. And now more than ever, we need each other for support, and guidance. There are so many people around the world who need support right now, who are working tirelessly to respond to this crisis behind the scenes, on the frontline, or in our tribal communities and organizations. Our willingness as people to step up in the face of what we are all experiencing with COVID-19 is awe inspiring. This moment is a true testament there is to the human spirit love. We ask that you be considerate kind, and vigilant and put everyone's safety ahead of everything you do, in the practice of self-isolation, social distancing, especially as it relates to your exposure by traveling to and from high risk areas or limiting yourself to groups of 10 or less as suggested by the Governor and CDC.

Spring is a time for renewal, growth, and expansion; we feel it in the air. We seem to have that extra energy and focus to get physically active, take action, and create change. Spring is a great Holsey continued on page Two:

PRSRT STD PERMIT NO. 135

What's Inside?

Elders

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Casino Closed pg 5 pg 10 **FAQ Tribal Info** pg 8



Ads COVID-19

U.S. CORONAVIRUS CASES



Holsey cont from page One:

time to envision endless possibilities, and to use our creative gifts to reach new levels of achievement, wellness, happiness and success as our people always have.

While it is true that some challenges are harder than others, this only means that we must work harder at letting go of things that are beyond our control and continuing to overcome the challenges we are faced with one As Indigenous day at a time. people we are all being guided through the learning process of figuring out life by overcoming its challenges; this is part of our earthly journey. Especially when we have been exposed to hard life experiences as a people, we always get through these difficult times and always find the lesson and blessings in these types of endeavors. Mother Earth is finally able to get a little reprieve from the damage we have impaled upon her by just pausing and slowing down.

"When spring came, even the false spring, there were no problems except where to be happiest. The only thing that could spoil a day was people and if you could keep from making engagements, each day had no limits. People were always the limiters of happiness except for the very few that were as good as spring itself."— Ernest Hemingway, A Moveable Feast

Sincerely, President Shannon Holsey

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped of at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road PO Box 70 Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

SELF-ISOLATION ORDER

To Limit Opportunities for COV-ID-19 Transmission People are to Shelter in Place at Home and Avoid Gathering of 10+ People

Effective March 22, 2020, the Stockbridge-Munsee Tribal Council, with the concurrence of the Health Director, hereby issues an order directing that persons who live on tribal lands, as well as tribal employees who are on paid leave from work, self-isolate and shelter in place at their home to the extent possible to limit opportunities to transmit the COVID-19 virus to others.

In addition, the Tribal Council issues a ban on gatherings of more than 10 people within public places on tribal lands. This is not intended to limit gatherings of family members, but people are encouraged to be mindful that family occasions also provide opportunities for virus transmission. When people do gather in a location, social distancing of at least 6 feet should be used.

This order is granted under the Tribal Council's inherent authority as a native sovereign nation, as well as the authority

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohican Indians

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STAFF REPORTER: Thomas Kazik II

EDITORIAL BOARD:
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Jody Hartwig-Member
Joleen Kroening-Vice Chair

identified in its Public Health State of Emergency delegation on March 15, 2020, Resolution #044-20, and Chapter 26-A of Stockbridge-Munsee Tribal Law, Communicable Disease, Vaccination, and Quarantine Ordinance.

As part of this order, people are permitted to travel to the extent necessary for medical treatment, for work, or to purchase needed supplies. If possible, people should not travel beyond a 30-mile radius. People must avoid travel to and from areas that are known to be a hot-spot for COVID-19 infection.

The Tribal Council understands there may be persons who provide critical services that need to travel beyond a 30-mile radius and authorizes them on a case-by-case basis.

This order shall expire as of April 4, 2020, but may be canceled, re-issued, or modified at any time by action of the Tribal President or Vice-President on behalf of the Tribal Council.

Shannon Holsey

Tribal President

The <u>Mohican News</u> is published twice monthly by:

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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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Tribal State of Public Health Emergency

The World Health Organization has determined there is a global pandemic caused by the novel coronavirus referred to as COV-ID-19; The President of the United States of America and the Governor of the State of Wisconsin have both declared that there is a public health emergency due to CO-VID-19.

The Tribal Council recognizes that the seriousness of the COVID-19 outbreak, as well as its obligations to its community and as an employer, and has been continuously and diligently working on how to implement its emergency response plan in light of this quickly-developing, fluid situation, and the Tribal Council is declaring a **Tribal State of Public Health Emergency** based on the COVID-19 outbreak.

This is an emerging, rapidly evolving situation. We must be vigilant in our efforts to prevent the introduction and spread of infections within the community that we serve. The Mohican Nation is working closely with federal, state, local, other tribal, and territorial partners, as well as with other public health partners, to respond to this public health threat. The Mohican Nation has established an internal Incident Command team and structure to coordinate our response to and implementation of a plan to deal with the COVID19 pandemic issue. We will continue to keep you updated as developments arise.

Respectfully, Shannon Holsey, President

Incident Command designation:

Incident Command Team has been designated and will do daily check in's and update COVID19 at https://www.mohican.com/as necessary

An Incident Command Team was created and includes the Tribal Council, Executive Team (Allen Quinney, Executive Director; Linda Katchenago, Tribal Administrator; Brian McDonald, Chief Information Officer: Amanda Stevens. Chief Financial Officer. and Michael Bonakdar, Casino General Manager), and others with Gregg Duffek being appointed Chief Incident Command Officer. Information will be released as available and necessary as it relates to the Stockbridge-(SMC). Munsee Community

Facilities closed or to be closed to the Public:

The following Tribal Entities has been closed to the public, except for essential operation staff:

The Arvid E. Miller Library-

Museum: Effective Immediately The Ella Besaw Center: Effective Immediately

The Eunice Stick Gathering Place: Effective Immediately

The Eunice Stick Gathering Place will provide meals to program participants. Elders can call: 715-793-4336

- •Home delivered meals will continue uninterrupted.
- •Elders who are aware of the closure should remain in their vehicles and staff will deliver takeout meals to them.
- •Elders who are unaware of closure may pick up take-out meal at meal site door.
- •Staff shall inform elder of closure and advise that future meals will be delivered to their vehicles.

Patients who only need to pick up medications should call pharmacy at 715-793-5027.

Call ahead of time, prescriptions will be delivered to your car in our parking lot so you do not have to come into the clinic. We will need to take a picture of your ID for controlled medications.

When possible, pharmacy will dispense 90 days of medications. This cannot apply to controlled substances. We are working to start a home medication delivery system but may take some days to implement.

Dental

Patients who need an urgent dental exam should call dental at 715-793-5019. We may use a separate entrance for the exam. Behavior Health

For urgent needs, or if you have a scheduled appointment, please call Behavior Health registration at 715-793-3000.

Behavior Health will be conduct counseling sessions telephone.

If you need to deliver paperwork for Purchase Referred Care, MAIL the paperwork, do not come in the clinic. Address the envelope to PRC SMHWC, PO BOX 86 Bowler WI, 54416.

For all referral visits please call Kasha at 715-793-5011, Ronnie at 715-793-5010, or Ally at 715-793-3015. We can approve and fax referrals to outside vendors.

Every day the spread of the virus changes and we are making changes quickly. These changes may not seem to make sense at first. These changes may cause frustration. Please know that all the changes are to keep our community safe.

Patients with other acute medical problems such as injuries, heart problems, or breathing problems will continue to be evaluated. Call the triage line at 715-793-5087 or 715-793-5088. It is better for



COVID-19 Incident Commander

Gregg W. Duffek

Office: 715-793-4036 Cell: 715-881-0966 gregg.duffek@mohicannsn.gov



715-793-4036

acute problems to be evaluated at the clinic instead of going to an Emergency Room.

To Evaluate Patients with concerning symptoms:

If you have concerns, call the triage line at 715-793-5087 or 715-793-5088. Do not come to the clinic without calling. If calls become overwhelming, we will need to take steps to create special phone numbers.

Patients with concerning symptoms will be directed to wait in their car until they can be escorted through a separate entrance closest to the he MFC Center will provide "After School Program" activities to program participants and other residential children who have used the center after school. (This will be subject to change March 18, 2020 due to statewide school closure mandate). For Lunch Pickup: Information 715-793-4080 beginning March 19, 2020

The Stockbridge-Munsee Health and Wellness Center will be open to provide services.

The clinic wants to keep you updated about what we are doing to respond to the Coronavirus Pandemic. We have four major goals as we respond to the spread of virus and threats to the Mohican Nation:

1. To do everything possible to stop the spread of the virus.

To test those at greatest risk of getting very sick from the virus.
 To continue to provide other medical needs as safely aspossible.

4. To provide accurate information about the virus.

To accomplish these goals, we are changing many of the basic ways the clinic operates:

People NOT being together indoors is THE MOST IMPORTANT WAY TO STOP SPREAD. If you are NOT sick, don't come to the clinic. If you have an appointment, please call the triage line the day before

at 715-793-5087 for additional information.

Patients who are coughing will put on a mask when they enter. All patients entering the building will use hand sanitizer upon entry.

Patients identified with concerning symptoms will be routed to isolated rooms and will not walk through the rest of the building.

· We will not see patients for regular check-ups, routine physical exams, dental cleanings, or chiropractic visits. If it is an appointment you would usually make when you feel fine, it will be postponed. This is to keep YOU safe. Adult vaccinations and vaccinations for anyone greater than 6 months old will be postponed.

The clinic has additional staff to do more cleaning and disinfecting. Some clinic staff will also be assigned to help clean.

Pharmacy

Patients who only need to pick up medications should call pharmacy at 715-793-5027.

Call ahead of time, prescriptions will be delivered to your car in our parking lot so you do not have to come into the clinic. We will need to take a picture of your ID for controlled medications.

When possible, pharmacy will dispense 90 days of medications. This cannot apply to controlled substances. We are working to start a home medication delivery system but may take some days to implement.

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Behavior Health will be conduct counseling sessions via telephone.

Health continued on page Four:



on the Trail Home



Margaret Drephal

Margaret Drephal, age 78, of the Town of Bartelme, passed away on Wednesday, March 11, 2020. Margaret was born on November 13, 1941, in the Town of Bartelme to the late Edwin and Margaret (Welch) Martin. She was a member of the Shawano congregation of Jehovah's Witnesses.

Margaret is survived by: her children, Mike Parker, Mark (Renae) Parker, and Missy (Brian) Friedrich; her grandchildren,

Health cont from page Three:
Purchase Referred Care - (PRC)
If you need to deliver paperwork
for Purchase Referred Care MAII

for Purchase Referred Care, MAIL the paperwork, do not come in the clinic. Address the envelope to PRC SMHWC, PO BOX 86 Bowler WI, 54416.

For all referral visits please call Kasha at 715-793-5011, Ronnie at 715-793-5010, or Ally at 715-793-3015. We can approve and fax referrals to outside vendors.

Every day the spread of the virus changes and we are making changes quickly. These changes may not seem to make sense at first. These changes may cause frustration. Please know that all the changes are to keep our community safe.

Patients with other acute medical problems such as injuries, heart problems, or breathing problems will continue to be evaluated. Call the triage line at 715-793-5087 or 715-793-5088. It is better for acute problems to be evaluated at the clinic instead of going to an Emergency Room.

Michael (Amanda) Parker, Daniel (Amanda) Parker, Cody (Tina) Parker, and Kyle Friedrich; her great-grandchildren, Trenton, Ruben, Nora, and Emmett Parker, Trevor and Skylor Bruns; her siblings, Audrey Frank, Wayne (Jan) Martin, Vicki (Richard) Dalve, John Martin, Dubie (Sioux) Martin, Rosie Martin, and Tina Martin; and her sisters-in-law, Karen Martin and Carol (Duane) Henke. She is further survived by nieces, nephews, other relatives and friends.

She was preceded in death by: her husband, Larry Drephal and first husband, James Parker; her parents; her brothers, Ron (Theresa) Martin and Buck Martin; her brother-in-law, Jerry Frank, and her sister-in-law, Sandy Martin.

A memorial talk for Margaret was held on Friday, March 20, 2020, at the Kingdom Hall of Jehovah Witnesses, N4764 Willow Lane, Shawano, WI 54166 with Mr. Dean Richter officiating. Visitation was held on Friday until the time of service.

www.swedbergfuneralhome.com

To Evaluate Patients with concerning symptoms:

If you have concerns, call the triage line at 715-793-5087 or 715-793-5088. Do not come to the clinic without calling. If calls become overwhelming, we will need to take steps to create special phone numbers.

Patients with concerning symptoms will be directed to wait in their car until they can be escorted through a separate entrance closest to the appropriate exam room. Parking space will be available by these entrances.

We have limited ability to test for coronavirus. For this reason, we can only test those patients with the greatest risk of infection or risk of severe illness if infected. We will work with outside sources to increase our capacity.

If you are evaluated, you will be sent to a hospital if you are severely ill. If you are not severely ill, you will be sent home and you will be on ISOLATION which means you cannot leave home until you are recovered or your test turns out negative. Test results will not be

available immediately.

The clinic has limited supplies of personal protective equipment which means we cannot share this equipment with patients. Our staff need the equipment to protect everyone.

North Star Mohican Casino Resort (NSMCR)

North Star Mohican Casino Resort are of top priority. We are monitoring all developments in respect to both current and new illnesses and are committed to stay up to date by continuing to monitor the guidance and resources provided by the Centers for Disease Control (CDC) and World Health Organization (WHO). Please refer to https://www.cdc.gov/ and https://www.who.int/ for more information.

As we continue to monitor potential impacts, we have taken additional preventative steps to help ensure the well-being of all visitors on our property.

Steps we have taken include but are not limited to:

- Increasing number of hand sanitizing stations throughout the property including all entry and exit ways.
- We spend hundreds of hours cleaning our property daily and have increased efforts for overnight sanitization and cleaning of our property.
- Increased rate of cleaning frequently touched surfaces throughout the entire property each shift including door handles, push bars, push plates, handrails, elevator control buttons, desk and table surfaces, dispensing units, gaming devices, beverage stations, rooms, furniture, and much more.

Installed additional educational signage on preventative measures individuals can take to prevent or lessen illness in the workplace, home, and public spaces.

• Communicated with our valued team members regarding the important steps to take to reduce the likelihood of infection.

In addition to our current efforts to provide a clean and safe facility, we highly encourage our guests and employees to take preventative actions including:

- Avoiding close contact with people who are sick
- Avoiding touching your eyes, nose, and mouth with unwashed hands
- Washing your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are unavailable
- Following updates and instructions recommended by the

CDC/WHO

View our website for updates Food Distribution will continue to provide services.

Medical Transport will continue to provide transportation services; however, staff will work with the clients to determine if some appoints can be deferred to later. (Ongoing Assessment to high risk areas)

All Departments

Employees Best Practices wash your hands often with soap and warm water for at least 20 seconds. Do not touch your face.

Regularly clean and disinfect frequently touched objects and surfaces using household cleaning supplies.

In 2019, the Tribal Council adopted an Occupational Health policy (available at https://www.mohican. com/occupational-health/) help control and prevent the spread communicable disease and contagious conditions in a way that protects public health, individual rights, and ensures a "*Promptly safe workplace. notify your supervisor and/or the Tribe's Occupational Health Department if diagnosed with a communicable disease and/or contagious condition that can be transmitted in an ordinary work setting (this would include the coronavirus).

*Notify Occupational Health immediately if you learn a staff member, volunteer, customer or visitor to the at the workplace is diagnosed with a communicable disease or contagious condition.

*The Tribe uses work restrictions to limit work when a person is infectious and/or considered a threat to health or safety. Work restrictions will vary due to the nature of a person's job or work setting. Some employees will not be able to work until cleared. Other employees may be allowed to work from home.

Any person absent due to a communicable disease or contagious condition must be deemed free of the disease or condition and/or non-transmissible to others before returning to work. A health care provider's release for return to work must be presented to be able to return to work."

Restriction to Tribal Facilities:

Effective immediately all public access to facilities will be limited to official business. Each facility will be designated one entrance area. Visitors will be required to sign-in and whom they are seeing.

As part of our SMC COVID-19 preventative management plan for keeping our community healthy and safe, Effective March 17, 2020 We require only scheduled

Health cont on page Five:

Health cont from page Four:

visits from employees, vendors, business partners and the general public

Visitors must access the building via receptionist area and sign in including who they are seeing and all recent travel activity beyond a 60-mile radius

Scheduled visitors must Self Disinfect prior to the meeting by, preferably, washing hands thoroughly

We reserve the right to refuse entry or ask people to leave the building if they appear sick or refuse to cooperate

Cancelations Effective:

All Tribally Sponsored Public Events Hosted by Tribal Departments are cancelled immediately.

All Committee, Board and Commission Meeting are cancelled immediately.

All Concerts and Shows at the Mohican North Star Casino are cancelled immediately.

Electa Quinney Head Start program will close March 18th and resume on April 6th. This means that starting on March 18th, Activities (child activities and parent involvement) will be available for pick up Monday-Thursday for families to do at home along with a brown bag snack. Also, the Center will undergo vigorous cleaning while it is closed.

All non-essential work-related Travel canceled effective immediately.

The Mohican Family Center's RVA, fitness and recreational activities are cancelled.

Departmental Meetings:

All manner of departmental meetings where individuals from the outside of the Community

should be conducted via conference call or Skype/video conferencing.

Work Accommodations: Work accommodations due to the K-12 school closure and for employees who are 60+ or have underlying health conditions and compromised immune system Phase 1

Beginning March 17, 2020

All requests for work accommodation will be made through Human Resources melissa.penass@mohican-nsn.gov

(715)793-4376 lisa.blom@northsatrcasinoresort.com

(715)787-3110 Extension 1698

*Additional options are in process/ call in if you meet criteria and need accommodation prior to March 17, 2020

Centralized Communication

COVID19 questions or concerns or requests for emailed updates covid19@mohican-nsn.gov

(715) 793-4389 M-F 8:00 am- 4:30 pm

(833) 679-0136 8:00 am- 8:00 pm. After 8 pm please leave a message and you will receive a response the next morning after 8 am.

The following links are additional resources.

1. CDC:

https://tools.cdc.gov/medialibrary/index.aspx#/microsite/id/40323\

2. EPA:

http://www.epa.gov/sites/ production/files/2020-03/ documents/sars-cov-2list_03-03-2020.pdf

Temporary Tribal Gaming Operation Shutdown



Stockbridge-Munsee Community and other Wisconsin Native Nations Voluntarily Shutdown Gaming Operations for Two Weeks as of Midnight on Saturday, March 21, 2020

Bowler, Wisconsin (March 17, 2020). The Native Nations with reservations in Wisconsin recognize the grave consequences that disease can have on populations, as well as the seriousness of the current global pandemic from the novel coronavirus referred to as COVID-19.

We therefore have voluntarily elected to shut-down our gaming operations by midnight on Saturday, March 21, 2020, for

two weeks. We will be closely monitoring this rapidly developing situation and recognize that changes to this timeframe may be appropriate.

We are currently working on the logistics of shutting down operations that employ thousands of people in the State of Wisconsin in an orderly manner that complies with gaming regulations. are implementing measures to safeguard employees and patrons during this period such as enhanced cleaning operations, cancelling group events, facilitating distancing social between customers at tables and machines, and modifying food operations. We intend to respect Governor Evers' recent announcement of limitations on gatherings and operate at 50% capacity during this time. We remind patrons and employees alike to be responsible and not come to our facilities if you are ill.

"As our state faces a public health crisis, I am committed to standing with Wisconsin's tribal nations and working with them to keep their communities and the public safe. Right now, it's everyone's responsibility to keep each other healthy and safe," said Governor Evers.

Tribal President Shannon Holsey said, "We recognize the importance of public health and are prepared to do our part as a tribal nation and stand with other tribal nations to protect the well-being of the larger communities."

While most casinos are located in areas that are not currently identified hot spots for infection, we recognize that pre-emptive action is useful to help flatten the curve of infection rates so that COVID-19 can be managed by the existing health care system.

We continue to work with all of our partners on the tribal, federal, state, and local levels to be responsive to COVID-19 and the related public health issues as sovereign nations.

Special Note from General Manager Michael Bonakdar

In light of growing public-health concerns, we want to assure you that the health and safety of our guests and employees at North Star Mohican Casino Resort are of top priority. We are monitoring all developments in respect to both current and new illnesses, and are committed to stay up to date by continuing to monitor the guidance and resources provided by the Centers for Disease Control (CDC) and World Health Organization (WHO). Please refer to https:// www.cdc.gov/ and https://www. who.int/ for more information.

As we continue to monitor potential impacts, we have taken additional preventative steps to help ensure the well-being of all visitors on our property.

Steps we have taken include but are not limited to:

- Increasing number of hand sanitizing stations throughout the property including all entry and exit ways.
- We spend hundreds of hours cleaning our property daily and have increased efforts for overnight sanitization and cleaning of our property.
- Increased rate of cleaning frequently touched surfaces throughout the entire property each shift including door handles, push bars, push plates, handrails, elevator control buttons, desk and table surfaces, dispensing units, gaming devices, beverage stations, rooms, furniture, and much more.
- Installed additional educational signage on preventative measures individuals can take to prevent or lessen illness in the workplace, home, and public spaces.
- Communicated with our valued team members regarding the important steps to take to reduce the likelihood of infection.

In addition to our current efforts to provide a clean and safe facility, we highly encourage our guests and employees to take preventative actions including:

- Avoiding close contact with people who are sick
- Avoiding touching your eyes, nose, and mouth with unwashed hands
- Washing your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are unavailable
- Following updates and instructions recommended by the CDC/WHO

As always, it will be our top priority to ensure the health and safety of our guests and employees. We remain committed in providing the friendliest service and the cleanest facility for everyone to enjoy. We will continue to closely monitor this evolving situation and take appropriate action as needed.

Sincerely,

Michael Bonakdar,

General Manager

North Star Mohican Casino Resort

Building Status During COVID-19



Northstar Casino Closed



Northstar Hotel Closed



Northstar Bingo Closed



Casino Closed



Casino Closed



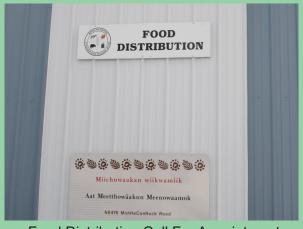
Roads and Public Works On Call



Little Star Remains Open



The Chicken Shack At Little Star Closed



Food Distribution Call For Appointment



Eunice Stick Center Closed to Visitors



Ella Besaw Center Closed to Visitors



Clinic Remains Open



EMS/Fire on Standby



Public Safety Remains open



Clinic Remains Open

Building Status During COVID-19



The Land Building will be Closed



The Library/Meseum Closed



Veterans Building Closed



Admin Building Closed



Housing Office Closed



Mohican Family Center Closed



Education Closed



Headstart Closed



Forestry Building Closed



Child Support Open Monday-Thursday 8-4



Legal Building Closed



Gresham School Closed



Bowler School Closed



Triabal Office Closed



Mohican News Office Closed Call 715-793-4389 For Questions

March 19, 2020 5:00 pm

Tribal Services Information Sheet

Munsee Health and Wellness Center To make an appointment call 715-793-5087 or 715-793-5088, Triage will be taking the appointment request calls. Pharmacy Services will continue. Call 715-793-5027 for renewing prescriptions. Services will include drive-up services. Behavioral Health Service will continue by appointment. Call 715-793-3003 for Jeff Langlois. Services delivery could include tele-services via telephone. Community Health Nurses will continue with limited services to include Elderly Home visits, delivery of medications and coordinate appointment. Call 715-793-5060 for Vera Heubel. Business Office will provide patient registration and billing. Call 715-793-5031 or 715-793-4144 for Cheri Bruegl. Medical Records will continue to provide medical record services. Call 715-793-5015 for Wendy Trinko. PRC will continue to provide services. Call 715-793-5011 for Kasha Coyhis. Referral will continue appointment coordination services. Call 715-793-4102 for Danielle Ewald. Environmental and Housekeeping Services will continue. Call 715-793-402 for Bonnie Welch. Human Services Belia Besaw Center will provide services as usual except no visitors. Call 715-793-4530 for Jayci Malone. The ICW (Indian Child Welfare) Services will continue for emergency services. Call 715-701-6081 for Teresa Juga. Limited transportation services, Client Meetings via telephone and hom visits are limited to events of an immediate child safety issue. Medical Transportation will continue to provide medicine delivery and dialysis transports on Mondays, Wednesday and Fridays. Call 715-793-5040. Social Services will continue to provide services. Call 715-881-0618. Social Services will provide a drop box for Food Share applications. Medicaid and WHEAP applications will be processed online. TANF and GA payments have been processed. Any crisis applications for WHEAP will be completed via online, phone and email. Food Distribution will continue to provide services by appointment. Call 715-793-4941 for Jill.	Service	Response
Services Malone. The ICW (Indian Child Welfare) Services will continue for emergency services. Call 715-701-6081 for Teresa Juga. Limited transportation services, Client Meetings via telephone and hom visits are limited to events of an immediate child safety issue. Medical Transportation will continue to provide medicine delivery and dialysis transports on Mondays, Wednesday and Fridays. Call 715-793-5040. Social Services will continue to provide services. Call 715-881-0618. Social Services will provide a drop box for Food Share applications. Medicaid and WHEAP applications will be processed online. TANF and GA payments have been processed. Any crisis applications for WHEAP will be completed via online, phone and email. Food Distribution will continue to provide services by appointment. Call 715-793-4941 for Jill	Munsee Health and Wellness	To make an appointment call 715-793-5087 or 715-793-5088, Triage will be taking the appointment request calls. Pharmacy Services will continue. Call 715-793-5027 for renewing prescriptions. Services will include drive-up services. Behavioral Health Service will continue by appointment. Call 715-793-3003 for Jeff Langlois. Services delivery could include tele-services via telephone. Community Health Nurses will continue with limited services to include Elderly Home visits, delivery of medications and coordinate appointment. Call 715-793-5060 for Vera Heubel. Business Office will provide patient registration and billing. Call 715-793-5031 or 715-793-4144 for Cheri Bruegl. Medical Records will continue to provide medical record services. Call 715-793-5015 for Wendy Trinko. PRC will continue to provide services. Call 715-793-5011 for Kasha Coyhis. Referral will continue appointment coordination services. Call 715-793-4102 for Danielle Ewald. Environmental and Housekeeping Services will continue. Call 715-793-5047 for Bonnie
Elderly services will provide meal delivery, wellness checks and shopping for Elders. Call 715-		 Malone. The ICW (Indian Child Welfare) Services will continue for emergency services. Call 715-701-6081 for Teresa Juga. Limited transportation services, Client Meetings via telephone and hom visits are limited to events of an immediate child safety issue. Medical Transportation will continue to provide medicine delivery and dialysis transports on Mondays, Wednesday and Fridays. Call 715-793-5040. Social Services will continue to provide services. Call 715-881-0618. Social Services will provide a drop box for Food Share applications. Medicaid and WHEAP applications will be processed online. TANF and GA payments have been processed. Any crisis applications for WHEAP will be completed via online, phone and email. Food Distribution will continue to provide services by appointment. Call 715-793-4941 for Jill Duffek. Elderly services will provide meal delivery, wellness checks and shopping for Elders. Call 715-793-4236 if you need assistance. THE EUNICE STICK GATHERING PLACE BUILDING IS CLOSED.

	Child Support Services will be available Monday – Thursday for critical functions. Staffing will be reduced to one person per day from 8 am – 4 pm. Call 715-793-4036 for assistance.
Tribal	Internal Mail Services will be limited to pick up from the Post Office and delivery to the
Administrati	Stockbridge-Munsee Health and Wellness Center via curb side once a day.
on	 Grants Writer will provide services via online and continue to monitor and submit grant applications as available. Call 715-851-6680 for Jill Tiegs.
	Tribal Administrator will continue to be available. Call 715-793-4355 or e-mail: linda.katchenago@mohican-nsn.gov
	Executive Director will continue to be available. Call 715-793-3052 or 715-853-1458
Public	Police-will provide services as usual, call 911
Safety	Fire-will provide services as usual, call 911
	EMS-will provide services as usual, call 911 Concernation will provide service as usual, call 715, 881, 1123, or 715, 881, 0401.
	Conservation-will provide service as usual, call 715-881-1122 or 715-881-0401 Emergency Management-will provide service as usual, call 715-793-5070 or
	715-881-1742
LP Gas	Drivers will provide services as usual, call 715-881-0605 or 715-881-0885
Little Star Convenienc e	Operating as usual, call 715-787-4073 or 715-787-4074
Housing	Maintenance and Chore Workers will collect Elders garbage on Fridays
	Maintenance and Chores Workers will disinfect apartment buildings on Fridays
	Rent payments will be collected when Housing Office re-opens, no late fees will be applied
	Emergency-Call Robert Vele 715-881-1277
Property & Equipment	Facilities Manager will provide limited services-Call Charles Gardner 715-851- 1334
Roads	Roads Manager will provide limited services-Call Willy Miller 715-881-1504
	,,
Loans	Payroll deductions will still be completed. Payments will be applied within 30
	days; no interest or late fees will be applied.
Utilities	 Will provide limited services, call 715-889-0298 or 715-326-0381 or 715-881- 1512
IT	Brian Mc Donald 603-313-7348
	• Jess Boyd 715-793-5155
Human	The HR Department will be responsive for internal support to tribal departments and
Resources	employees. Staff will respond to emails and phone calls and available as necessary.
	- Human Passuress primary contacts:

• Human Resources primary contacts:

Todd VanDen Heuvel, HR Executive Director
 Phone: 715-881-1211

		 Todd.VanDenHeuvel@mohican-nsn.gov
		Bev Miller, HR Manager
		• Phone: 715-701-1612
		Bev.Miller@mohican-nsn.gov
		Occupational Health will be onsite and available:
		Peggy Benes, Occupational Health Nurse (primary intake)
		• Phone: 715-216-4985
		Peggy.Benes@mohican-nsn.gov
		Joleen Kroening, Occupational Health Assistant
		• Phone: 715-881-1674
		Joleen.Kroening@mohican-nsn.gov
		Mohican Insurance will be monitoring their email and telephone messages and will
		respond accordingly.
		Rene Montez, Insurance Manager
		• Phone: 715-881-1299
		Rene.Montez@mohican-nsn.gov
ŀ	Legal	The Legal Department will continue to provide necessary legal support to tribal
		departments and businesses.
		Attorneys will be monitoring their email and telephone messages call 715-754-2942
	Talk of	D 11 111 1 745 246 6522
	Tribal	• President Holsey 715-216-6593
	Council	Vice President Bowman 715-851-3734
		• Treasurer Terrio 715-793-4833 or 715-851-3747
		Councilman Malone 715-881-2065
		• Councilman Welch 715-793-4117 or 715-881-2102
		Councilman Mohawk 715-793-4859 or 715-216-7904
		Councilman Kroening 715-881-1692
1		Council Secretary Hartwig 715-793-4387 or 715-216-0835
	Finance	Contact e-mail: Amanda.stevens@mohican-nsn.gov
	Closings	Arvid E Miller Library Museum
	from March	Cultural Affairs
	23 rd – April	Language Classes
	3 rd , 2020.	Mohican Family Center
		Environmental Coordinator
		Ecology & Hydrology
		Forestry
		Land Management & Agriculture Programming
		Enrollment
		Family Services including RVA (Alternative Schooling)
		Internal Audit Office
		Historical Preservation - NY Office
		Head Start
		Education Office
		Business Development
		TVSO
		Tribal Court

STOCKBRIDGE-MUNSEE TRIBAL COURT NOTICE OF EMERGENCY TEMPORARY MEASURES

In response to resolution 044-20, The Stockbridge-Munsee Tribal Court issues the following measures to address the tribal Public Health State of Emergency caused by COVID-19.

Gaming Commission

The measures are developed to provide Court procedures for essential functions during the next several weeks. These are emergency and temporary measures and are effective starting March 17th, 2020 and shall remain in effect until the Stockbridge-Munsee Tribal Council rescinds the Public Health State of Emergency.

Stockbridge-Munsee Tribal Court

- All Parties with hearings scheduled between March 17- March 20, 2020 shall have the option to be heard via teleconference or to have the hearing rescheduled for a later date.
- 2. A Court Clerk will contact all parties to arrange for telephonic appearances or to schedule continuance.

- 3.All hearings scheduled after March 20, 2020 shall be rescheduled for a later date and all parties will receive notice of the new date.
- 4. The Court will be mindful of the Public Health State of Emergency in entering any default judgments against parties in light of the circumstances created by the current situation.
- 5. If need arises for an emergency hearing, the hearing shall be scheduled and conducted via teleconference within the statutory period identified under applicable law.
- 6. Parties to an action who have not been contacted by the Court of Clerk and have important questions regarding this schedule of their hearing may call the Court Clerk at (715) 793-4397.

Notice of Emergency Temporary Measures entered into effect this 17th day of March 2020.

Covid-19 What you can do to Stay Safe

By Thomas Kazik -Mohican News Writer/Reporter

The Wisconsin Department of Health Services will be prohibiting mass gatherings of 10 or more people until further notice. The state makes the following exceptions to the 10-person ban: transportation, educational institutions, childcare, hotels, military, law enforcement, food pantries, hospitals, longterm care facilities, grocery stores, convenience stores, utility facilities, job centers, and courts. These temporary measures are in place due to the statewide public health emergency that the Governor declared on March 12th. The American Red Cross recommends the following steps to help prevent the spread of germs during this situation:

- Stay home if you can and avoid gatherings of more than ten people.
- Practice social distancing by keeping close to six feet away from others if you must go out in public.
- Wash your hands often with soap and water for at least 20 seconds, especially after being in a public place, or after blowing your nose, coughing or sneezing. If soap and water are not readily available, use a hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose or mouth with unwashed

hands.

- Avoid close contact with people who are sick.
- Stay home if you are sick, except to get medical care.
- Cover your nose and mouth with a tissue when coughing or sneezing; throw used tissues in the trash. If a tissue isn't available, cough or sneeze into your elbow or sleeve, not your hands.
- Clean and disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, handles, desks, computers, phones, keyboards, sinks, toilets, faucets and countertops.
- If surfaces are dirty, clean them - use detergent or soap and water prior to disinfection.
- Wear a facemask if you are sick. You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office.

According to the CDC, COVID-19 symptoms include fever, shortness of breath and a cough. Symptoms may appear 2-14 days after exposure. Call your doctor for medical advice if you think you have been exposed to COVID-19 and develop symptoms.

Town of Herman Hwy 29 Meeting cancelled By Thomas Kazik Mohican News hicle on County U.

Writer/Reporter

The Wisconsin Department of Transportation is canceling a public involvement meeting to discuss improvements to the WIS 29 and Shawano County U intersection in the town of Herman, Shawano County.

The meeting was originally scheduled for Wednesday, March 18, 2020 at the Herman Town Hall. The intersection of WIS 29 at County U has been identified as having a right-angle crash trend and has been the site of multiple severe injury and fatal crashes.

Sight distance at the intersection is limited due to a hill crest located east of County U on WIS 29. Vehicles stopped on County U have limited intersection sight distance available to identify on-coming traffic in the westbound direction of WIS 29 when deciding to cross.

Vehicles traveling on WIS 29 in the westbound direction, approaching the intersection, have limited decision sight distance available to identify and react to a crossing ve-

Operational concerns have been observed at the intersection. Some traffic crosses WIS 29 in a single stage movement crossing all lanes of WIS 29 in one action. Some traffic crosses WIS 29 in a two-stage movement stopping in the median.

That stopped traffic at times creates conflict with WIS 29 to County U left turning traffic in the median.

The purpose of the project is to reduce and/or eliminate severe crashes and improve intersection operations.

The need to improve safety and operations was identified by WIS-DOT and local officials monitoring crash history at the intersection.

Proposed improvements to the Intersection could be as followed: J-Turn intersection, Median U-Turn, Widening the Median or Reconstructing WIS 29.

What to do If you think you have COVID-19

first before going to seek out help. This is for the safety of others that are sick and for the safety of the medical staff that will working to help multiple people every day. Setting up appointments is the best way to not spread any virus or illness you may have. This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure.

- Fever
- Cough
- Shortness of breath

If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include*:

- Difficulty breathing shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals inyour home People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. Animals: Do not handle pets or other animals while sick. See COVID-19 and Animals for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle)

Please call your medical provider or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enteryour room.

> Cover your coughs and sneezes Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcoholbased hand sanitizer that contains at least 60-95% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

> Avoid sharing personal household items

> You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcoholbased hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). Before seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting

COVID-19 cont on page Ten:



Covid-19 cont from page Nine: infectedor exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals. as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare

Employee Frequently Asked Questions (FAQ's)

The Stockbridge-Munsee Tribal Council is aware of the many concerns and questions employees may have regarding the impacts COVID-19 may have on the programs and services. The Tribal Council has been monitoring this emerging, rapidly evolving situation and is working with Tribal and casino executive management, SMC Health and Wellness Center experts, Wisconsin Department of Health, Indian Health Services, the Centers for Disease Control (CDC), and others to protect the health, safety, and welfare of the Community and our employees. We are continuously assessing all possible options to protect the people, land, and resources of the Tribe and continue to take all necessary precautions should this situation change. Please go to the SMC website at https://www. mohican.com/ to get up to date information on efforts to contain the COVID-19 outbreak.

Next Steps: The COVID-19 outbreak in the United States has been a fluid, quickly developing situation that has resulted in and escalating changes occurring by the hour. We therefore request our employees and community be cautious and diligent in your daily actions, such as proper handwashing and social distances.

To assist in providing a clear method of communicating information, the following steps have been implemented:

- 1. Regular updates to the Mohican website. Information can be found under the tab "Coronavirus (CO-VID-19)."
- 2. A centralized phone number and email has been created for questions to be submitted about the precautionary measures, that are not health related. These are covid19@mohican-nsn.gov, 715-793-4389 (local calls) and 833-679-0136 (tollfree calls);
- 3. A frequently asked questions (FAQ) has been provided to share

the most current information available and will be updated and posted to the website periodically.

FAQ -Tribal employee information Question:

· You should discuss your request with your supervisor or manager. Generally, employees who are interested in taking time off prior to the shut down will be approved off. Many areas of the Tribal operations are critical functions serving our community so requests for time off prior to the official shut down will need to be discussed with your manager. Employees with higher risk considerations can request a work accommodation per the information below.

I am returning to the community from travel and I am unsure if I should self- quarantine. Who do I call and what are the guidelines?

- · We strongly encourage employees to limit travel as much as possible in order to limit opportunities for exposure to the COVID-19 virus, but recognize they are now seeing community-based transmission too.
- · If you are unsure if your international or domestic travel created a COVID-19 exposure risk, you should contact your physician for proper screening and information. We understand that testing is limited as of March 18, 2020.
- The CDC and State of Wisconsin also provide guidance which can be found here: https://www.cdc. gov/coronavirus/2019-ncov/travelers/index.html
- Employees who have recently (within last 7 days) returned from travel from identified hot spots may be required to remain away from workplace for up to 14 calendar days.
- Employees who are quarantined may be permitted to work from home if possible. If working remotely is not an option, employees shall utilize their PTO

Staying Resilient During the COVID-19 Crisis

- family via phone, text, email, Face Time, etc. Don't let physical isolation turn into emotional distance. You need people. Assisting others in their time of need also can benefit the helper. Offer to drop off groceries for a neighbor that can't leave home, for instance. Call to check in on others.
- 2. Challenge your thinking. This is the key to reducing fear and anxiety. It's normal to worry, but our thinking has to stay rational. You can't change the fact that this highly stressful event is happening, but you can change how you interpret and respond to it. Stay grounded and ask yourself grounding questions. Are you OK? Is your family OK? Is there anything I can do to make this situation any different? Life is going on around you, even if it looks very different.
- 3. Take a media break. It is good to be informed, but there is no need to be glued to your phone, radio or TV. Investigating the latest about the coronavirus 24/7 is not beneficial. Take some time away from your phone, computer and TV and give yourself a break.
- 4. Take decisive actions. Act on adverse situations as much as you can. Take decisive actions, rather than detaching completely from problems and stresses and wishing they would just go away. Reschedule plans if necessary, instead of worrying about whether or not they will get canceled.
- 5. Look for opportunities for selfdiscovery. People often learn something about themselves and may find that they have grown in some respect as a result of their struggle. Many people who have experienced tragedies and hardship have reported better relationships, greater sense of strength even while feeling vulnerable, increased sense of self-worth, a more developed spirituality and heightened appreciation for life.
- 6. Nurture positivity. Developing

- 1. Stay connected to friends and confidence in your ability to solve problems and trusting your instincts helps build resilience. Reflect on your strengths, gifts and blessings. What is going well? Is there an unforeseen upside to this situation for you?
 - 7. Keep things in perspective. The situation is serious and the onslaught of news reports can be scary, but try to consider the situation in a broader context and keep a long-term perspective. Avoid blowing the event out of proportion. Avoid thinking about the worst case scenarios. Take things one day at a time.
 - 8. Maintain a hopeful outlook. An optimistic outlook enables you to expect that good things will happen in your life. Try visualizing what you want, rather than worrying about what you fear.
 - 9. Most importantly, take care of yourself! As we know, washing your hands and avoiding large groups of people is the best way to protect yourself from getting sick. Getting sufficient sleep, fresh air and exercise is another key to staying healthy.But don't forget to pay attention to your needs and feelings. What has helped you feel your best in the past and can you do that now? Engage in activities that you enjoy and find relaxing. Taking care of yourself helps to keep your mind and body primed to deal with situations that require resilience.

Additional ways of strengthening resilience may be helpful. Meditation and spiritual practices help some people build connections and restore hope.

The key is to identify ways that are likely to work well for you as part of your own personal strategy for fostering resilience.

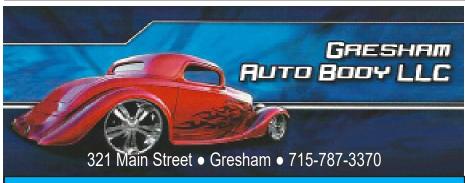
Contact the Employee Assistance Program (EAP) at 920.749.2390 or 800.236.3666 for more information.





2020 Election Dates

- **Spring Election** . 4/7/20
- **Partisan Primary** . 8/11/20
- **General Election** 11/3/20



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- Emergency Transportation to Shelter
- Restraining Order Assistance
- Abuse Education
- Information and Referral
- **Community Education**
- **Education Planning**
- Forecasting

Need to talk or need support please Call: Client Services Advocate:

715-793-4863 or 715-881-0488 or 715-793-4780

Statewide Shelter Hot Line 800-236-7660

National Dom. Abuse Hot 800-787-3224/800-Line: 799-7233

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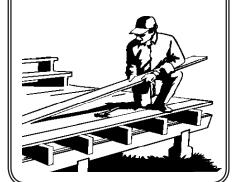
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Attention Tribal Members

The 2020 Census is upon us. Native Americans feel like they don't count. And they might not be wrong — we are the most undercounted group on the U.S. census, which means they get significantly less of much needed funding from crucial federal programs, scant improvements on reservation infrastructure and health care, and even the loss of political representation.

Our method or (TEA) Type of Enumeration of being counted will be through a mail form or <u>online</u>

The Census is a keystone of our representative government. It measures the population so that seats in the US House of Representatives can be correctly divided among the states. It also is used in redistricting to draw the lines that link representatives to their constituents for the next ten years. Past undercounts of Native populations have deprived hundreds of thousands of Native Americans of their voice in government.

Over \$1.5 trillion of federal money is allocated across the country each year based on census data, according to new research from George Washington University is tied to the census. The government calculates each geographic area's level of education, income/ poverty, and more to determine their funding level. Census numbers provide the base figures used in these formulas. This process determines the amount of funding provided to communities like ours for programs like health care, infrastructure, housing, and education.

Our constitution requires that every person in the United States be counted--it is the basis of equal representation. However certain populations typically are undercounted, especially, minorities, people in poverty, people living in non-traditional homes, people who speak a different language than English, and youth. One quarter of Native Americans live in areas described by the census as 'hard to count. But, ultimately, the burden of getting an accurate count largely falls on the undercounted communities themselves.

An inaccurate count has farreaching effects most-often carried by our most vulnerable citizens. "Being counted is an exercise of our tribal sovereignty," "If we aren't going to be counted, how are they going to live up to fulfilling treaty rights?" Accurate census data provides crucial information for research and planning purposes, directing fair funding allotments for the federal programs that are vital to rural and Native American populations and enabling the enforcement of federal nondiscrimination laws.

Most respectfully, The Stockbridge-Munsee Community

Continued Progress in All Minority Communities Van Ert Electric Company, Inc.

Locations in: 7019 W. Stewart Ave., Wausau, WI 54401

(715) 845-4308

2000 Progress Way, Kaukauna, WI 54130

(920) 766-3888

1250 Carter Drive, Kingsford, MI 49802

(906) 776-1122

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ENTERTAINMENT



EVENTCENTER

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EDDIE MONTGOMERY

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JAY LENO

Saturday, September 26 7 PM - \$99

JEFF FOXWORTHY



JEFF FOXWORTHY

Friday, October 2 8 PM - \$99

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