




MOHICAN FAMILY CENTER RECREATION

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803				6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 6-8 Movie Night/crafts 6-9 Basketball	
4	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6 Cooking Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 6-8 Movie Night/crafts 6-9 Basketball	10
11	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 5 Family Fun Night 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 6-8 Movie Night/crafts 6-9 Basketball	17
18	CLOSED Sachem day	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 5:00 Movie Trip 9 th -adult 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 2:30 & 4:45 Strong Bones Exercise Class 4 Cribbage 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 5 Eat Like your Ancestors Presentation 7-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 6-8 Movie Night/crafts 6-9 Basketball	24
25	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball			

SUBJECT TO CHANGE Call 715-793-4080