

**DECEMBER
DIABETES LUNCHEON:
HEALTHY & HAPPY
HOLIDAYS**

Wednesday, December 6th, 2017

12:00 pm to 1:00 pm

SMHWC Conference Room

Join us for a tasting luncheon featuring healthy holiday dishes sure to make your holiday events as jolly as ever. We will be making classic holiday dishes and some new ones with healthier ingredients and sharing our tricks of the trade!

RSVP by: December 1st, 2017

**To: Casey Rosenberg at 793.5006 or
casey.rosenberg@mohican.com**

