

MAKE & TAKE: MARCH 21ST

S-M FOOD
DISTRIBUTION

•
4:45 PM



Lightened Up Chicken Alfredo

Come learn to make a light version of comfort food chicken alfredo! National nutrition month is all about putting your best fork forward and modifying favorite recipes is a great way to do so!

Sponsored By:

IHS Special Diabetes Program for Indians Diabetic Grant

RSVP To:

Casey Mitchell, RD at
715.793.5006

RSVP By:

March 17th