



# *Make & Take : Stuffed Turkey Burgers*

*Join us for a cooking  
class and learn how  
to make healthy,  
diabetes friendly  
burgers.*

**August 23rd at 4:45pm**

Sponsored by: IHS Special Diabetes Program for  
Indians Diabetic Grant

Stockbridge–Munsee Food Distribution

RSVP to : Casey Mitchell at (715) 793–5006

By Friday, August 19th