



Committees and Boards Mohican Nation Child Protection Board

The purpose of the Mohican Nation Child Protection Board is to advise the Tribal Council on Indian Child Welfare matters in consultation with the Indian Child Welfare Director and Indian Child Welfare Staff. They make recommendations to the Tribal Council regarding tribal children and keep the council informed on state, federal, and tribal laws relating to child welfare issues and educate the community on Indian Child Welfare.

The board is comprised of five community members appointed by Tribal Council along with other ex-officio members selected by the Child Protection Board such as Indian Child Welfare staff and other professional staff in the community (law enforcement, medical, mental health, legal, etc.) to serve as the "Child Protection Team" (ex-officio members have no vote).

The Mohican Nation Child Protection Board meets monthly, and reviews information and updates on cases provided by the Indian Child Welfare Manager, Stephanie Bowman. The job of the Child Protective Board is to protect the children and reunite them with their parents if possible. One member of the board said, "From my personal opinion, I take serving on the CPB very serious, extreme confidentiality is a must. I love my community and the children of my community; I put much thought into decisions regarding our children and families."



Cook to Aid in Book Production

By Susan Savetwith
Mohican News Reporter

Misty Cook has accepted the position of Project Manager for the Institute of Museum and Library Services through the Native American Library Enhancement Services Grant. Her job will be to help the community create a pictorial history book through six workshops. She will be interviewing elders and asking the community to share their photos so the Library Museum can increase its database of over 7,000 pictures.

According to Cook, the vision for the book will be community driven and is to include all of the families of the tribe. She says the book will be complete by 9/31/2015 and will be a large hard cover coffee table picture book with family stories and history.

Misty's family includes her husband, Chris and daughter, Coral. She says her mother is Jermain Davids (Burr) and her father is the late Roland "Buddy" Davids.

Cook has a bachelor's in communications with an electronic media emphasis and a Native American Studies minor and her master's degree is in management. She says she obtained both her degrees from UW Green Bay.

Misty's work experience includes working at UW Green bay as a Multicultural Advisor where she worked with the Native students. She also worked in Public

Cook continued on page Six:

Mohican Past and Present Displayed at Vermont Visitor's Center



Mohican history is now represented prominently in a new Welcome Center attracting highway visitors passing by the town of Bennington in the southwestern corner of Vermont.

Archaeologists had discovered 13 archaeological sites more than a decade ago while preparing plans for the construction of the Bennington Bypass, a road meant to relieve congestion and improve safety throughout Bennington. The

Vermont Agency of Transportation and the Federal Highway Administration in cooperation with the Vermont Division for Historic Preservation and the Bennington community worked together with a goal to improve transportation while also being mindful of protecting Vermont's cultural heritage through the artifacts that were found.

The archaeological sites discovered ranged from a late Paleoindian camp at one site, to larger Native American settlements. Artifacts such as projectile points or spear tips were found in the excavation, and many of these have now successfully been put on display in the Visitor's Center which opened in October. The purpose of the Native American exhibit is to "instill in visitors an appreciation for the continuity of the peoples that have made up the 12,000 years of community in the Walloomsac River Valley."

Mohican Nation's Tribal Historic Preservation Officer, Sherry White, **Mohican cont on page Six:**

Spousal Diabetes as a Risk Factor

By Elena Cox - Community Health Outreach Director



By now, most of us know that if a person has a family history of diabetes, then their chance of becoming diabetic increases. But have you ever considered that if a spouse has diabetes, then the spouse without diabetes has an increased chance of becoming diabetic?

In a recent article, researchers suggest that a spousal history of diabetes is associated with a 26% diabetes risk increase. Socio-environmental factors were the

cause for this increased risk. For example, the living environment, social habits, eating patterns, and physical activity levels that spouses share tend to become a mutual habit over time.

The research recognizes that obesity has been demonstrated to spread within social networks where norms are often shared. Diabetes, often times, is an obesity-related complication. Some of you may remember that in 2011 the statistics for Bemidji Area tribes showed that, among people with diabetes, Stockbridge-Munsee had an obesity rate of 81%, which was 11% higher than other tribes in the Bemidji area. Other factors that contribute to the increased risk include similarities in dietary composition food environment, and physical activity.

Diabetes cont on page Six:

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Boy Battling Cancer gets Birthday Cards from Police

Tyler Seddon is about to turn 7 and would like cards from his favorite first responders

By PoliceOne Staff

PASCOAG, R.I. — A boy who has been diagnosed with leukemia for the second time is about to celebrate his seventh birthday, and wants to receive cards from his favorite heroes: police and firefighters.

Tyler Seddon, 6, is undergoing chemotherapy while doctors search for a bone marrow donor, according to [WCVB](#).

“He goes crazy over firefighters and police,” said Tyler’s mother, Rachel. “We want this to be a special birthday, because you never know what could be next.”

A [Facebook](#) page and a [GoFundMe](#) account have been set up to keep the community updated on Tyler’s progress and help with donations as he awaits his birthday, which is March 6.

Birthday cards for Tyler can be sent to 96 South Main Street, Pascoag, R.I. 02859.

(Editor’s note: This article originally appeared on PoliceOne, the online resource for Law Enforcement, and is reprinted by permission of the PoliceOne editorial team. Visit [www.PoliceOne.com](#) to access articles, information, and resources that help officers across the United States protect their communities and stay safe on the streets.)

Appointments Still Available Please contact the Indian Law Office of Wisconsin Judicare at [1-800-472-1638](#) to make your appointment today.

Wisconsin Judicare and Columbia Law School
 The 2014 Indian Wills Caravan

Judicare staff and Students from Columbia Law School will be at the following locations to assist **ANYONE** who wants to draft a will, powers of attorney, and other basic estate planning services for **FREE**.

March 18th, Bowler, WI. - 9:30 a.m. to 4:30 p.m.

Mohican North Star Casino

March 19th, Keshena, WI. - 9:30 a.m. to 4:30 p.m.

College of the Menominee Nation Cultural Center.

March 20th- 10 a.m. to 5 p.m.

Lac du Flambeau, WI.

March 21st- Wausau, WI. – 9:30 a.m. to 4 p.m.

American Indian Resource Center of Marathon County, 1102 S. 4th Avenue.

What you’ll leave with:

- A sense of satisfaction that decisions are made about who inherits your property, who will care for your minor children, what will happen if you become incapacitated, who administers your will and what gets donated to charity.

- All participants will leave with totally finished legal documents at **NO COST** to you!

This program is made possible by funding from the Stockbridge-Munsee Community, Band of Mohican Indians.

This is a collaborative project of Wisconsin Judicare Inc., Columbia Law School, the College of the Menominee Nation, the Lac du Flambeau Tribal Court, and the American Indian Center of Marathon County.

Our Local Post master Becky lost everything in a Fire on Tuesday March 4, 2014. They are in need of any and all house hold items. So if you have anything that you no longer use or would like to get rid of please share. Clothes sizes are : 16/18 shirts& pants for her, Her husband is need of XL t-shirts. First national Bank of Bowler does have an account started for them in the name of : In-Hout Benefit. Otherwise you may get a hold of Becky herself @ the post office 715-793-4256, to see where the bigger items can be dropped off.

Express your thoughts and opinions. Let your voice be heard.
 We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped of at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
 PO Box 70
 Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
 COMMUNITY

Band of Mohican Indians

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Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage.

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Sincere Thanks

I would like to say THANK YOU to all the staff at the Elderly Center, under the guidance of Kristy Malone. In the past year, any question, situation or request I've had has been handled in a friendly, efficient and professional manner. Everyone has been equally friendly anywhere in the community I've seen them.

I especially need to thank DeAnna DeNasha who has handled many of my questions with professionalism, aplomb and humor, often when things seemed insurmountable. She always finds humor!

I believe we are very fortunate to have the Elderly Center and its staff in our community. I am very grateful.

Bill Martin

Free Small Library

MFC has a Free Small Library that was made and donated to us by the Menominee Collage shop class. We are looking for books to fill it. We are primarily looking for kids/teen books.

If you can donate any books please drop them off at the MFC. If you need any assistance please call MFC staff @ 793-4080.

Thank you!



Did you ever want to research your family through pictures?

Tribal History of Pictures Book The Arvid E. Miller Memorial Library Museum invites you to share your family photos creating a book of tribal family histories and photos through workshop gatherings. Please get the word out and start digging up your photographs

- 5/2014 Workshop 1-Our History
- 6/2014 Workshop 2-Community Involvement
- 7/2014 Workshop 3-Family Trees
- 10/2014 Workshop 4-Participants shape photo publication
- 11/2014 Workshop 5-continued shaping of publication
- 1/2015 Workshop 6-Shaping of book
- 2/2015 Final Gathering and book review

Workshop dates to be announced This project is made possible in part by the Institute of Museum and Library Services Grant Call (715)793-4270 to sign-up Misty cook, Project Manager

ATTENTION TEACHERS

If you have a degree in Education, are working in Education, and a Stockbridge-Munsee enrolled member please provide the S/M Education office with your name and contact information by **Friday, April 11th** to P.O. Box 70, W13447 Camp 14 Road, Bowler WI 54416 or email the information to jolene.bowman@mohican-nsn.gov. If you have any questions please contact Jolene Bowman, Director of Education and Cultural Affairs at (715) 793-4060.

News from the Forestry Department

When you look outside right now it may be hard to imagine but Spring is coming soon. There are a few things the forestry staff would like to remind everyone about as the snow melts and the new growing season begins. As the snow melts, forest roads begin to get very muddy (spring breakup) and are at high risk for rutting and damage.

Remember: vehicle traffic will be prohibited for a period of time to prevent excessive damage to these important forest roads. Spring breakup often begins around March 15th but is weather dependent. Watch the normal Tribal posting areas for the exact date for this year or call the Forestry Department at 793-4368. The forestry department will be monitoring the roads and keep the roads open as long as possible.

As many of you know, maple syrup sap collection almost always falls within the time of road closures.

Remember: if you would like to use a specific forest road to haul sap or syrup there are free use forestry permits available. Stop by the Forestry Office and we can help you out.

Finally, many of you may recall the article published last year, *Protecting Our Oaks*, discussing the threat of Oak Wilt to the forest on the reservation. As the temperatures warm and buds begin to break so too this disease causing fungus emerges. **Remember:** cutting or trimming oaks between April 1st and October 1st is prohibited. Therefore, if you have any oaks in the yard that need to be pruned or trimmed please do so before April 1st for their protection.



Stockbridge-Munsee Constitution Committee Meeting - Feb. 5, 2014, 5:00P.M. Tribal Office Building

ATTENDANCE: Wayne Malone Sr. Chairman, Bob Little, Vice Chairman, Elaine Jacobi, Secretary, also in attendance was Karen Gardner and JoAnn Schedler.

1. December 5, 2014 Minutes: Motion by Bob to approve minutes from last meeting, Dec. 5, 2014, motion was 2nd by JoAnn, all members in favor, motion carried.
2. Secretarial Election Board Report: Bob Little. Bob explained election process once again. Deadline to register is 4:00p.m. January 30, 2014. Voters list will be posted no later than January 31, 2014. Any individual whose name does not appear on the official registered voter list can claim the right to vote by presenting a written claim to the Chairman of the Election Board. The right to vote of anyone whose name is on the list may also be challenged in writing to the Chairman of the Election Board. Such claims or challenges must be sent to Marion K. Duffy Chairman of Election Board. All claims and challenges must be presented to Election Board Chairman before 12:00 noon on Thursday, February 13, 2014. Election Board shall meet on February 14, 2014 to pass on any claim or challenge. Since many received their packets late or did not receive any Wayne will collect and fax claim forms to BIA. This election is conducted by the [Secretarial Election Board](#) and BIA for an extra set of eyes for

checks and balances.

3. Authorize letters and work on letter to community: Committee finalized letter to Community: Important to say we are voting on (2 amendments) 1 will remove the BIA which will allow all members to vote no matter where they live and will allow the 18 year olds to vote in future tribal elections. As a result of removing the BIA, we remove their rules that we have been living under since 1932. It is these rules that has restricted us from allowing all members to vote no matter where they live. Also if approved and all members are allowed to vote and it will increase the numbers so we had to decrease the percentage from 30 to 20%. The change in percentage only allows consistency with past numbers to vote in the future.

4. Saturday, February 8th plan 2014 for open meeting at Elderly Center: Notice in paper and post on Community Network of this open meeting to discuss concerns and questions. Need to make sure building is open and ready for members. Cookies and Coffee provided. Process will be explained regarding upcoming election

5. Next Meeting set for Feb. 26, 5:00 Tribal Office following Election. Meeting adjourned.

Elaine Jacobi, Secretary

Community writers: You are Needed!

Join us for our next Mohican Writer's Circle gathering! Even if you have never written or don't consider yourself a writer, please come. It is a "safe space" and is warmly open to all. Mohican Veterans Lodge (Behind the Veterans Memorial) Monday, March 17, 3:00-6:00 p.m. Stockbridge-Munsee Day

It will start with poetry writing exercises, followed by sharing any written works that participants bring, and close with a **Potluck dinner**. Questions? Contact Jo Ann 715-787-4788 schedler@frontiernet.net or Misty Cook 715-787-4422 niconishkawah@yahoo.com



From the Stockbridge-Munsee Tribal Child Support Agency

The Stockbridge-Munsee Tribal Child Support Agency is now able to accept new applications and new referrals for Child Support Services. **However, we are only able to work on cases for which no court action has been taken.**

We are continuing to push the State to get our Agency added to the State Child Support KIDS system, which will allow us to begin the process of transferring all cases that fall in our jurisdiction from all counties throughout the state. Once obtained, we will place a notice in the Mohican News.

If you have questions, please feel free to contact:

- Crystal Malone, Econ. Support Assist. Dir. (715) 793-4032
crystal.malone@mohican-nsn.gov
- Tammy Pecore, Child Support Manager (715) 793-4036
tammy.pecore@mohican-nsn.gov
- Jeremy Pieper, Financial Specialist (715) 793-4042
jeremy.pieper@mohican-nsn.gov
- Kim Pecore, Child Support Specialist (715) 793-4038
kim.pecore@mohican-nsn.gov
- Regina Putnam, Child Support Specialist (715) 793-4043
regina.putnam@mohican-nsn.gov

Employee Recognition Program

The Stockbridge-Munsee Human Resources Department (HR) is working on a new employee recognition program. They are starting it this year and the first to be recognized will be employees with hire dates of January - June. This is a new program; not the one used in the past and will basically consist of gift cards with the amounts based on years of service in five-year increments. HR said they will work on July-December hires sometime in June. They are also looking at having some type of dinner for employees and

guests for those employees who have 20 years of service.

HR would also like to place a picture of the employees and their years of service in the Mohican News to thank the employees.

The Mohican News staff would appreciate a call at 715-793-4389 if you would like your picture included in the Mohican News along with your years of service. Our policy states that if you do not want your picture in the paper we will not include it.

Red Cross Recognizes Everyday Heroes During Red Cross Month

Oshkosh, WI...February 28, 2014

— March is Red Cross Month and the American Red Cross would like to recognize the nation's Everyday Heroes who reach out to help their neighbors when they are in need.

"Our local heroes are our volunteers, our blood donors, people who take our classes or those who make a financial contribution to help us, help others, throughout our communities" said Jody Weyers, Volunteer Director. "During Red Cross Month, we thank them and encourage everyone to discover their inner hero!"

For more than 70 years, all of our country's presidents, including President Barack Obama, have designated March as Red Cross Month to recognize how the American Red Cross helps people across the country and around the world.

Here in Wisconsin, we respond to more than a 1,000 disasters (mostly residential fires) and we must be ready to respond 24/7/365. In addition to helping someone down the street, we send trained responders to hurricane, tornado and wildfire responses across the country. We teach kids to adults lifesaving skills, we roll-up our sleeves to donate blood, we even provide 24-hour support to members of the military, veterans and their families – in war zones, military hospitals and on military installations around the world.

"Not all heroes wear capes and volunteering is a great way to be someone's hero," gleamed Weyers. "It's easy, become a Red Cross volunteer, work on a preparedness plan for their household, give blood, or take a Red Cross class."

A number of activities planned for

On the Trail Home



Charleen J. Reiter

Charleen J. Reiter, age 72 of Keshena, passed away Friday, March 7, 2014 in Green Bay. Born on November 13, 1941 in Tomah, she was the daughter of the late Roy and LouAnna (Tousey) Miller. On September 30, 1971 she was united in marriage to Wayne R. Reiter in Milwaukee. The couple lived in the Milwaukee area where Charleen worked at the county courthouse as a court reporter. In 1974 the couple moved to Keshena where they owned and operated Reiter Auto until 2002. Charleen also worked at the Menominee Tribal Legislature Office as a secretary for Ada Deer. When not working, Charleen enjoyed nothing more than spending time with her grandsons. She also enjoyed watching sports on TV and was an avid Green Bay Packer fan.

Charleen is survived by: 2 daughters, Margo Reiter of Keshena, Cindy (Curtiss Summers) Reiter of Green Bay; 3 grandsons, John Robert, Curtiss Roy Jr "CJ" and Royce Hudson; and 5 siblings, Uwanda (Daryl) Schoenfeldt, Carol Goss, Marvel Miller, Allen (Kathryn) Miller and Peter Miller. Charleen is further survived by: 3 sisters-in-law, Lorraine (Paul) Swett, Lois Jean Webster, Harriet Reiter; numerous nieces, nephews, cousins, and friends, including special nephews, Brian, Joe, Wally, Willy, Steven, Travis, David and special nieces, Candi, Laura, Lana, Maureen "Punkin"; and a God daughter, Avari Miller.

Charleen was preceded in death by: her husband Wayne on March 24, 2010; her parents; 3 sisters, Noreen Welch, AnnaLou Helle, Imogene Beilke; 5 brothers, LaRoy "Mun", Dewey, Roger, Leon and Paul Miller; and 3 brothers-in-law, Warren Reiter, Kenneth Reiter and James "Teeter" Webster.

Funeral services were held at 11:00am on Tuesday, March 11, 2014 at the Lutheran Church of the Wilderness, Bowler with the Rev. David McElroy O Praem and the Rev. Melinda Shriner officiating. Burial will be in the St. Michael Catholic Cemetery, Keshena. Visitation was held at the Lutheran Church of the Wilderness. Swedberg Funeral Home in Shawano assisted the family with the arrangements.

www.swedbergfuneralhome.com

Red Cross Month, includes:

March 16th - Members of the University of Wisconsin Oshkosh Red Cross Club, Student Veterans Association and Americorps/Vet Corps will coordinate a King Veteran Home resident's bingo and bowling outing.

March 27th - Dine Out For Disaster Relief - Bring your hunger to participating restaurants where a percentage of your sales will be donated to support disaster relief and life-saving preparedness programs locally. www.redcross.org/dineoutwisconsin is presented by Society Insurance.

March 31st - UWGB Red Cross Awareness Concert with Rob Anthony playing at the UWGB Common Grounds from 5:30p.m. - 7:30p.m.

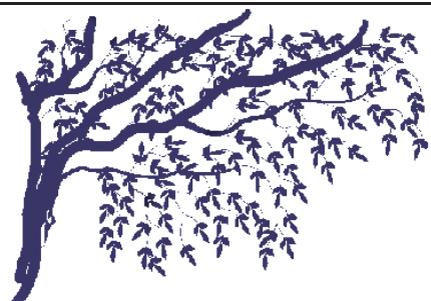
ALL MONTH LONG:

- All **Health & Safety classes** can be found at www.redcross.org/takeaclass
- Donate the gift of life - **give blood!** Our Green Bay Blood Donation Center at 2131

Deckner Avenue collects blood four to five days a week and includes evening and weekend hours. Walk-ins welcome or visit www.redcrossblood.org to make an appointment.

- To learn more about **volunteering** go to www.redcross.org/volunteer or contact Jody Weyers at 920-227-4287 or jody.weyers@redcross.org.

About the American Red Cross: *The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).*



Misty's Traditional Medicines



BURDOCK ROOT



Burdock Root
Photo taken in July
Native Word, Xwachiipkwaskw
meaning big leaf weed or plant.

This is the plant that has burrs and pickers that get stuck all over you when you walk through the edge of the woods in the fall and can be found all over the reservation. In the spring it grows up green and by fall it is dried up and brown.

Usage, Preparation and Dosage
The root is dug up and a two inch piece is boiled for fifteen minutes in two cups of water and made into a mild tea for **women's arthritis, osteoarthritis, and mild forms of arthritis**. Drink one cup per day for milder cases and up to three cups per day. This tea can be stored in the refrigerator for up to two weeks.

Gathering and Preservation

This root can be gathered all throughout the summer and into fall and can be hung to dry for about two months. Then the root can be cut up into small pieces to fit in a jar for later use.

CARROTS



Native Word-Pehpeechkweek(u) shak

Usage

Grated carrots can be used as a poultice for **sore eyes**. Grate a raw carrot so there is just enough to fit over the eye, put it between two layers of cloth, place it on the eye, bandage it, and sleep with it overnight. This will take the soreness out and make the eyes clear.

CATNIP



Catnip
Photo taken in August

Usage

Catnip is one of the more common Medicines of our people that many of our people still know about and use. This Medicine is a good tea for **calming the nerves** including **anxiety** and **stress**. It is also used for babies who have **colic** by making a very weak tea and having the baby drink 1/3 of a cup full from a bottle. The baby will drink as much as he or she needs to calm down and go to sleep.

It is a good tea and can also be used for **cold** and **flu** symptoms. One of Mary Burr's son-in-laws had a log fall on him and became very nervous about it. This tea relaxed him enough so he could heal. This tea is also good for **insomnia** because it makes you sleepy. Dave Besaw recollected that Ella always said, "Catnip will make you rest and be easy." Dave Besaw said, "You can only heal if you are able to rest. Catnip helps you do this."

Preparation and Dosage

Steep the leaves and stem, but not the root of catnip by pouring boiling water over it and letting it sit for about fifteen minutes. Drink one cup full at bedtime and this is all that is needed.

The adult dosage is one tablespoon of catnip to one cup of water. The dosage for kids and babies is one tablespoon of catnip to three cups of water remembering that with children, they only drink what they need being about 1/2 cup full. For babies, the dosage is 1/3 of a cup full. The tea can be stored in the refrigerator for two weeks.

Gathering and Preservation

This plant thrives near old barns and is picked in July and into August. It can be dried by binding

it and hanging it to dry for about two months. It can then be broken up and stored in glass jars for preservation throughout the year.

CHAMOMILE (WILD)



Chamomile (Wild)
Photo taken in late June

Preparation

Dave Besaw always said chamomile is "a feel good tea" because it is a relaxing tea. This tea is made by using two tablespoons of chamomile to one cup of water and is made by steeping it for fifteen minutes.

Finding this Medicine

Wild chamomile grows all over the reservation. It grows in dry sandy areas like in driveways. The entire plant is gathered throughout June and into July root and all and is used to make the tea.

Usage

This tea can be used to help with **anxiety** and **stress** and to help **calm down**. The dosage is to drink one cup full a day as needed.



Dried chamomile in black ash splinter basket

Preservation

Chamomile can also be dried by putting it in a basket to dry for about two months. When it is dry, it can be stored in a glass jar for the year.

COLT'S FOOT



Colt's Foot
Photo taken in late fall

This Medicine has a large leaf that looks like a colt's foot and the roots are used for this Medicine.

Preparation of Hair Salve

The roots of one plant are washed, boiled in two cups of water for fifteen minutes, strained, and one cup of grease, such as lard, is mixed right into the water to make a salve. Let this cool down and it will turn into a salve. Dave Besaw said that Ella called this "Freezing Over." This salve can be stored at room temperature for three weeks.

Salve Application

Put the salve in the hair and this Medicine **promotes hair growth and thickens the hair**. After putting this in the hair, cover the head, and sleep with this overnight. This can be done every night until the hair starts growing back.

Hair Rinse Preparation

The leaves can be steeped and used as a hair rinse for **thickening hair, dry scalp and dandruff**. This is done by pouring three cups of boiling water over one leaf and letting it steep until it cools down. Rinse this through the hair, cover head, and sleep with it overnight. Do this every night until hair starts growing back and thickens or dry scalp and dandruff is better. This hair rinse can be stored in the refrigerator for two weeks.

An infusion of the whole plant makes a good rinse for **hair growth** as well. Steep three cups of water with an entire colt's foot plant including roots and leaf and pour boiling water over it. Let it steep until it cools down. Rinse the hair with this tea, cover the head, and sleep with this overnight. Do this until the hair starts to grow back. This infusion can be stored in the refrigerator for two weeks.

Finding this Medicine and Preservation

This plant grows on the reservation and can be dug up in June through July and dried in a basket for two months. It then can be put in a glass jar for preservation.

Mohican cont from page One:
represented the tribe in participating in the planning committee last year and offering input for the content of the displays. She became involved at the invitation of Giovanna Peebles, a Vermont State Historic Preservation Officer, who has worked with our Historic Preservation Department on other projects. She got in touch with Sherry to request assistance with putting together a display on the artifacts found in the nearby archeological site as well as the connection to our tribe today. Sherry says, "The site is one of the few known sites of the Mohican People, in part because Vermont hasn't done a lot of archeology. It's pretty big and took several years to do the excavation. Even though it's not a habitation site, it's a huge site for the state of Vermont. It makes me feel very happy that another State where we camped, hunted, and fished knows we're still here. It's a big accomplishment." The displays shows this history from Paleoindian through Early to Late Woodland Period of Native peoples in the area. It then connects this history to Stockbridge-Munsee Mohican Nation today as the

descendants of the Native people described in the sites. The story of the relocation and settlement in Wisconsin is presented. Of the significance of this project, Sherry says: "I hope visitors to the site walk away with an awareness that this was Mohican territory, that they are educated on some of the tools, and get an idea of how Native Americans lived. When you look at the projectile points and other tools you really get an idea of how our people made those and the time that it took, what we used them for, and that we are still here to this day. For the tribe, that's establishing that we were here and this was our territory. Sometimes that gets lost. With being in a Visitor's Center it will be seen by Vermont locals but also many more visitors that will get educated and maybe interested in Mohican Nation." This new display is one recent example of raising Mohican Nation visibility and protecting our interests in our Northeastern homelands. To visit, the Bennington Welcome Center is found at the junction of Routes 7 and 279 and is open daily from 7:00 a.m.- 9:00 p.m. year-round.

Diabetes cont from page One:
The number of individuals with diabetes in the Stockbridge-Munsee Community continues to increase. The latest IHS audit has shown our number is nearing the 300 mark. Just three years ago we were less than 250. As the number increases more of our diabetes grant funding must go into diabetic supplies and less into prevention activities.

and increase physical activity for the health of the entire family. An important slogan to keep in mind is "150 minutes of exercise each week" because it has proven to prevent or delay diabetes. Think about what small step you will start today with your family in order to improve your health and decrease your family's risk for this disease!

For more information please call the Stockbridge-Munsee Health and Wellness Center at (715) 793-4144 and ask to speak to a member of the Diabetes Team.

Information taken from: Spousal diabetes as a diabetes risk factor: A systematic review and meta-analysis, BMC Medicine 2014, 12:12.

The results of this study suggest that a diabetes diagnosis in one spouse may warrant increased surveillance in the other. We encourage family members to become involved when one member is diagnosed and take action to remove or decrease risk factors from the family habits. Limit snacking, portion sizes,

Great Lakes Freeze-Over Means Colder Wisconsin Spring

Tim Morrissey

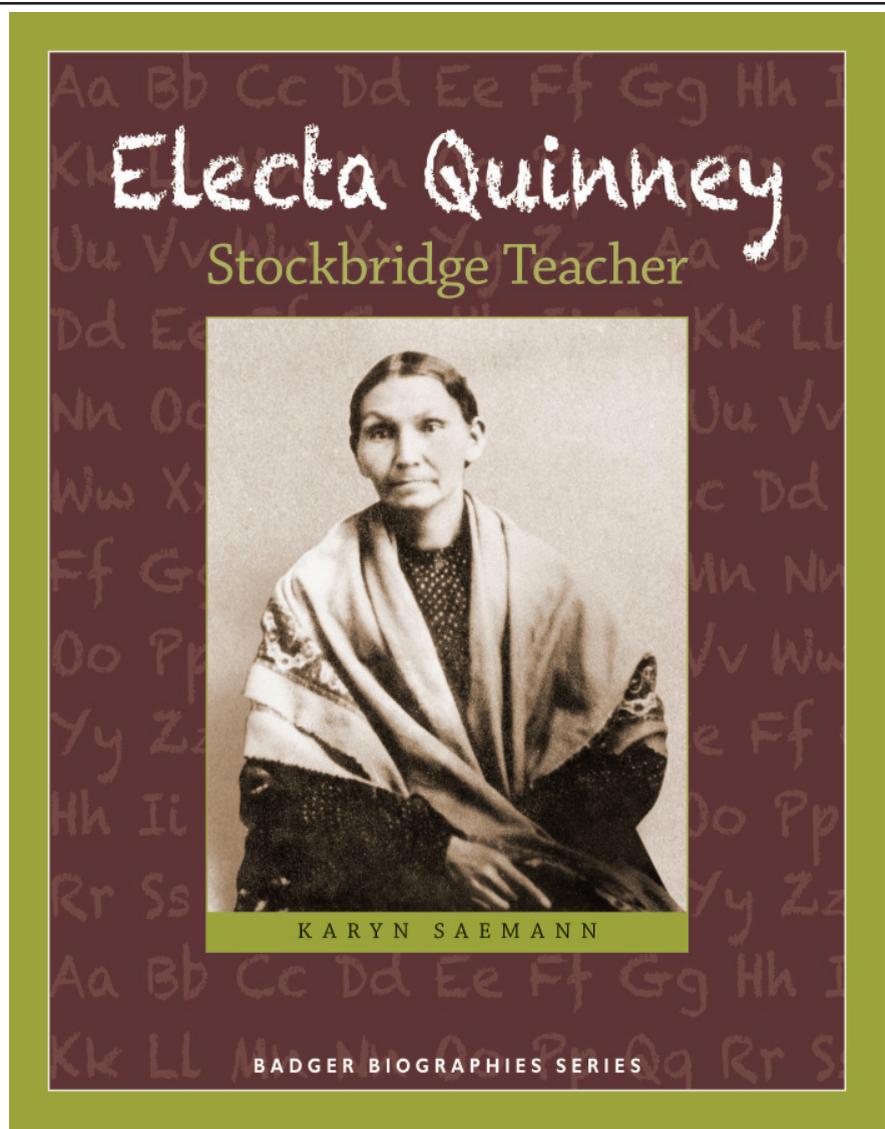
GREEN BAY, Wis. - As of this weekend, more than 90 percent of the surface of the Great Lakes was covered in ice, and that will affect the spring weather, according to meteorologist Jeff Last, National Weather Service, Green Bay. Such a freeze-over is rare, he said.

Last said the frigid winter caused so much ice to form on the Great Lakes that, in turn, it will affect how fast temperatures warm up this spring.

"It'll take a while for it to melt. That means that the Great Lakes will be colder as we go into spring and even the early part of the summer, and that may have an effect on our temperatures then. Because the Great Lakes do cover a lot of area, that cold source will affect springtime temperatures as we go through the next few months," he said.

Lakes continued on page Ten:

"To have over 90 percent ice cover on the Great Lakes is pretty unusual," Last noted. "The last time that happened was back in 1994, and before that back in 1979, so it certainly does not happen very frequently."



Book Profiles Wisconsin's First Public School Teacher

In 1828, Wisconsin's first public school teacher went to work in a log building near present-day Kaukauna.

eastern shore of Lake Winnebago. Almost as soon as Quinney arrived in Wisconsin, she began teaching and became the state's first public school teacher.

Electa Quinney was a Stockbridge Indian and taught the children of the Stockbridge-Munsee Band of Mohican Indians as well as the sons and daughters of nearby white settlers and missionaries.

The story of her life and lifelong love of learning - from Wisconsin to Missouri, Oklahoma, and back again - provides a detailed window into pioneer Wisconsin and documents the challenges and issues faced by American Indians, and women, in the 19th century.

A new Wisconsin Historical Society Press biography for young readers, [Electa Quinney: Stockbridge Teacher](#) (Paperback, Retail \$12.95) by Karyn Saemann, tells Quinney's interesting and inspiring story.

Quinney was a well-known and respected teacher in her lifetime, and her legacy remains strong in Wisconsin education today.

This new addition to the Society Press' [Badger Biographies Series](#) documents Electa's early years in New York, where she attended boarding schools and began teaching, and follows her journey to Wisconsin, into education, and through a long and productive life.

The University of Wisconsin-Milwaukee's Electa Quinney Institute for American Indian Education is named in her honor, as is a grade school in Kaukauna.

An e-book edition of "Electa Quinney: Stockbridge Teacher" is also available.

In 1828, when the government and white settlers forced her tribe to resettle to Wisconsin, Quinney moved to the Fox River area on the

The Wisconsin Historical Society Press, publishing the best of Wisconsin history and culture, since 1855.

Cook cont from page One:

Relations for the Stockbridge-Munsee Community as well as the Education and Cultural Affairs Director before she had Coral. Misty says she is also writing the Integrated Resource Management Plan for the tribe through the Environmental Department

which is due to be complete in September.

Cook says her hobbies include spending lots of time outside, ice skating, keeping up with the Medicines, and spending time with her family.

Heroin on the Horizon



By Susan Savetwith
Mohican News Reporter

According to the Wisconsin Department of Justice, heroin has traditionally been thought of as a problem confined to big cities, desperate people and dark alleys, but it has found a new foothold in Wisconsin's small towns and suburban communities. And its victims aren't hardened addicts, either. They're teens and young adults from all walks of life.

Information from the DOJ also says heroin is an illegal and highly addictive drug that can be smoked, sniffed or injected directly into the bloodstream. Many young people are turning to heroin now that prescription drugs—the most commonly used illegal substance among teens besides marijuana—have become more difficult to obtain and abuse. Heroin is cheap, just \$10 or \$20 on the streets. And its increasing popularity has made the drug that much easier to get.

DOJ says in its purest form, heroin (also called white, cheeva, brown sugar, Juan, tar and H) is a fine white powder. But street heroin looks grey to dark brown or black and can have a tar-like consistency. That's because dealers "cut" the drug with other substances, from Benadryl and sugar to quinine and caffeine. These additives make it impossible to know a dose's strength or purity. And since heroin can dangerously slow heart and lung functions, every hit is an enormous risk.

Information provided by the DOJ show the numbers reveal a growing epidemic. The number of heroin cases processed by the state crime lab has steadily increased in almost every Wisconsin county throughout the last three years. So have the number of heroin-related deaths, rising about 50 percent last year to 199, [according to a recent survey](#) of county coroners. By comparison, Wisconsin averaged 29 such deaths each year from

2000 to 2007.

The Wisconsin Department of Justice is committed to fighting the spread of heroin and heroin-related crime, as well as helping Wisconsin families overcome heroin addiction's damaging effects.

More information from the DOJ advises that heroin is a sedative, it slows down the body's normal functions. First-time users experience an intense euphoric "rush" described by one Wisconsin teenager as a "painless, worriless, free feeling...like being a little kid again." The drug flushes the skin, makes arms and legs feel heavy and thought cloudy. It also dangerously slows a user's breathing and heartbeat. Many heroin users seem drowsy while they're high. They drift in and out of consciousness. It's called "getting the nods," and it's one sure sign of heroin use.

Statistics suggest that more than 75 percent of those who try heroin once will use it again. But because the brain builds up a natural tolerance to the drug's effects over time, users must take more heroin more frequently to feel the same high. Eventually, addicts find themselves taking the drug just to feel normal.

The Body's physical addition to heroin is very real. Many users seek their next fix to escape the tortures of withdrawal, which include muscle and bone pain, fever, diarrhea and vomiting. These symptoms can last for days, even weeks and the longer you've used heroin, the worse they can be.

Every time a person uses heroin, he or she risks dying from it. Overdosing on heroin is easy to do, since there's no way for a user to know how strong it is or what's really in it. The risks are even greater when heroin is combined with other drugs or alcohol.



April is Sexual Assault Awareness Month!

- This year's Awareness month with began on April 7, 2014
- April 7, 2014 11:30am Place Stockbridge-Munsee Family Center, Time: 2:00pm S/A
- Awareness Walk, we will be walking around the housing, those unable to walk this distant can walk around the inside gym.
- Door Prizes-Door Prizes!!!
- The first 20 to sign up for the walk will receive a Teal T shirt and ticket for door prizes!
- Those that wear Teal will receive a ticket for the door prizes!
- Those that finish the evaluations receive a ticket for door prizes!
- A little lunch will be provided to the participants.
- [April 25, 2014 Denim Days](#)
- In Italy in 1990's an 18 year old girl is taken her first driving lesson with her instructor who is a 45 year old man that is married. He takes her to an isolated road and pulls her out of the car, wrestles her out of one leg of her jeans and forcefully rapes her, threatens her with her life if she tells anyone. He makes her drive the car home. Later that night she tells her parents, they help and support her to press charges. The perpetrator get s arrested and is prosecuted. He is convicted of rape and sentenced to jail.
- He appeals the sentence, the case makes it to the Italian Supreme Court, where it is

Heroin suppresses heart and lung function, causing users to pass out, even suffocate. People who overdose also face convulsions, coma and death. Other health risks include skin abscesses, liver disease, and heart and lung infections. Users may even contract HIV/AIDS or hepatitis from sharing needles.

Of course there are other consequences, like going to jail, or becoming the victim of violent crime and sexual assault.

Myth: Taking heroin is just like taking any other painkiller.
Reality: It may be an opiate like morphine or oxycodone, but street heroin is much more dangerous. Additives make it impossible to know a dose's strength or purity, so every

over turned because the Chief Judge argued, "because the victim wore very, very tight jeans, she had to help him remove them, and by removing the jeans it was no longer rape but consensual sex. Within a matter of hours the women in the Italian Parliament launched into immediate action and protested by wearing jeans to work. This call to action motivated and emboldened the California Senate and Assembly to do the same, which in turn spread to Patricia Giggans, Exec. Dir. Of" Peace Over Violence" and Denim Day in LA was born.

We are asking adults of the community and employees want to be a part of the decorating contest to decorate a pair of blue jeans and bring them to the Family Center at 11:30 am to 2:00 pm to vote on the best decorated jeans. First prize \$30.00 Wal-Mart card, second place \$20.00 Gas Card and third place basket of goodies. A little lunch will be provided to the participants.

[Come Join the Fun and Vote for the Best Blue Jeans on the Reservation!!!](#)

[For more information all S/M Family Service](#)

[715-793-7863 or 715-793-4780](#)

hit is a risk.

Myth: Snorting or smoking heroin is less addictive than injecting it.

Reality: It doesn't matter how you do it. Snorting, smoking and injecting heroin are all equally addictive and just as dangerous.

ACCORDING TO A RECENT SURVEY OF COUNTY CORONERS, the number of heroin related deaths in Wisconsin jumped by nearly 50 percent in 2012. According to the Foundation for a Drug-Free World, the number of teens age 12 to 17 who have tried heroin has increased by more than 300 percent since 1995.

The epidemic is real, the epidemic is just over the horizon for Shawano County.

Rooms Available at the Ella Besaw Center



The ELLA BESAW CENTER is a community-based Residential Facility (CBRF) owned and operated by the Stockbridge-Munsee Tribe since May of 1991.

The Center employs a new concept in supportive care for Elders and physically handicapped persons who can not or choose not to live alone.

The purpose is to retain and enhance independence and quality of life... and to preserve family and community ties.

We offer a setting that is as much like "HOME" as possible...a place to feel secure in knowing that someone who cares is near.

It is a place to share with others and still maintain privacy. The ELLA BESAW CENTER does not discriminate by race, color or creed.

S-M Ella Besaw Center
N8697 Moh He Con Nuck RD
Bowler, WI 54416

For more information, call Shirley Metoxen, Manager, at (715) 793-4530.



Bonnie Welch was the Employee of the Month for January at the Stockbridge-Munsee Health and Wellness Center. She provided some incredible help to our Information Technology Specialist, Pam Huck. Bonnie went out of her way to assist Pam; saving her from tangled wires, etc. in the computer room. This assistance is enhancing safety and security. Pam said that Bonnie's assistance "was very innovative."

2014 Summer Youth Work Experience Program

Stockbridge-Munsee Employment & Training Program

When: Summer Youth will start **June 16** and end by **August 15, 2014**

Where: Stockbridge-Munsee Community

Who is Eligible: Stockbridge-Munsee enrolled youth who are between the ages of 14-18. Also, direct descendants may participate if their established residency for the 13/14 school year was within the townships of Bartleme or Red Springs, excluding Middle Village and including Bowler and Gresham. Direct descendants must submit last report card received with application for it to be considered complete and are chosen on a space available basis, chosen by lottery.

DOB: must be 14 years of age on or before June 15, 2014 (NO EXCEPTIONS)

Activities: Skills-building Workshops, Community Services and Work Experience components

Applications available: **S/M Education Office, Harold Katchenago at Bowler School**
and Nancy Buettner at Gresham School.

Deadline: Completed applications **must be dated** as received by program staff no later than **Friday, May 9th, 2014 at 3:00 p.m. NO EXCEPTIONS**



W13447 Camp 14 Road
P.O. Box 70
Bowler, WI 54416

Phone: 715-793-4582 or 715-793-4100
Fax: 715-793-4830
lynn.ninham@mohican-nsn.gov

Employees of the Month



Employees of the Month for the month of January were Joe Azzolina, Security Department and Connie Nelson, Cage Department.



At the Toys for Tots event, President Wally Miller and Tribal Council Member Jeremy Mohawk graciously agreed to be “taped to the wall” as a fun fund raiser.

Starting in MARCH RELAXATION CLASS

JOIN ME IN LEARNING HOW TO RELAX!
I WILL BE STARTING A CLASS THAT FOCUSES ON BREATHING AND STRETCHING TO HELP WARD OFF STRESS THAT WE OFTEN EXPOSE OURSELVES TO. ANY ONE IS WELCOME TO PARTICIPATE!

The Benefits of Meditation

- Reduces stress**: When under lots of stress, the body releases cortisol, a stress hormone. When sustained for long periods of time, cortisol can cause a variety of health problems.
- Lower Blood Pressure**: During meditation the body requires less oxygen, which means the heart can beat fewer beats and reduces blood pressure.
- Fat Loss**: Cortisol causes fat gain around visceral organs, leading to health problems.
- Better Skin**: Cortisol causes collagen loss in the skin, which causes wrinkles.
- Improved Immune System**: Research has shown meditation increases antibodies and helps the immune system act faster.
- Better Bone Density**: Prolonged stress and cortisol production can weaken bone formation, which can lead to osteoporosis.
- Regulates Blood Sugar Levels**: Reducing stress reduces the production of hormones, which can help balance glucose and insulin in the blood.
- Increased Fertility**: Cortisol can interfere with the reproductive system.
- Better Memory**: Long-term cortisol exposure can damage the hippocampus and impair learning.

Just Meditate
10 Minutes of Meditation a Day can Keep the Doctor Away



BENEFITS TO STRETCHING

1. INCREASED FLEXIBILITY
2. INCREASED RANGE OF MOTION
3. REDUCED RISK OF INJURY
4. MENTAL BREAK
5. INCREASED BLOOD AND NUTRIENT SUPPLY TO YOUR MUSCLES

If you have any questions, please contact Andi Weber at 715-793-4803 or email me! ☺

Where: Mohican Family Center
Aerobics Room
When: Tuesdays and Thursdays
Time: 5:00 pm

ASP LOCK-IN 2nd - 6th Grades
Thurs. April 17th
No School Spring Break
Lesson: www.Drug Facts for Young People.org
“Cannibis” Comic Book review/discussion as requested by youth/developmentally appropriate
“Budgeting for Everyday” with Linda & Jan
ROOM CLOSED - Staff Supper Break 5:45-6:45 p.m.
Campfire - Weather Permitting
Drop off 8 p.m. (No Earlier)
Pick up – Fri. 8 a.m.
More Info: #793-4085
Lai Lonnie or Linda

Calling ALL girls 7th-12th Grade for an Exercise BOOT CAMP!

Where: Mohican Family Center
When: Tuesday, Wednesdays and Thursdays
Time: 6:00pm

The objective of this class is to educate and help the young ladies in our community to start and maintain a healthy lifestyle through exercising and proper nutrition. This is NOT a weight loss class. My goal is to help these young girls grow confidence in their own selves and learn that beauty comes from within. Most importantly to be healthy physically, mentally and emotionally. I hope to make this as FUN as possible—and challenging of course! ☺

AT THE END OF THE DAY WHO YOU ARE IS TOTALLY & COMPLETELY UP TO YOU



Any questions or concerns, please contact Andi Weber at 715-793-4803 or feel free to email me.

IT'S NATIONAL NUTRITION MONTH!

Come to the Mohican Family Center on Wednesday, March 26th from 4 to 5 p.m. to enjoy some “Tasty Bites” of several new (or new-to-you) foods.

Sponsored by the Stockbridge-Munsee Health and Wellness Center’s Community Health, Diabetes and SNAP-Ed Programs. Call Margie Pieper, if you have any questions (phone 715-793-5006).

Enjoy the Taste of EATING RIGHT

National Nutrition Month® 2014 eat right Academy of Nutrition and Dietetics



Dean Davis samples a taste of applesauce that was made from locally grown apples.

The Sustainable Development Institute At College of Menominee Nation Welcomes Participation

The Sustainable Development Institute (SDI) at the College of Menominee Nation has started a series of 3rd Thursday Community Food Sovereignty Gatherings that will run through spring and into the summer months. On the 3rd Thursday of each month we will be hosting these events as a way for SDI to engage with the community, inform them of current projects, and talk about future projects, all of which are centered around the themes of food sovereignty, community gardening, and other opportunities.

The idea was the result of an informal workgroup between CMN's Department of Continuing Education, SDI staff, and UW-Extensions staff members. The discussions commented on the many community gardens projects, and individual gardening efforts taking place around the Menominee community. With SDI involvement in climate change related projects, the question that came up was how climate change might impact sustainable food production efforts. The initial 3rd Thursday meetings are an opportunity to see what's happening in the community, inform people about SDI projects, and continue to build on relationships that surround these issues.

The first 3rd Thursday meeting was originally scheduled for February 20th, but was cancelled due to bad weather rescheduled for the evening of March 6th. The meeting was held at the SDI office, which is located in the Old "Area 47" Restaurant just outside of Keshena. At this first meeting, community members and staff were able to learn more about SDI as Chris Caldwell, SDI Director, shared the history of SDI and explained the role the Institute plays in the community.

As the evening progressed, gardening stories were shared and the conversation led towards the idea of creating a community re-

search garden as part of SDI project development efforts. Rebecca Edler, Sustainability Coordinator led a group discussion to draw out ideas from the attendees centered on the idea of creating a garden that would be located at the Institute. What to plant, how to maintain a garden, the shape of the garden, how to include the community, size of a garden, and other related topics were discussed.

In order to raise the awareness of eating locally grown food, attendees were given applesauce to taste made by Kate Flick, Sustainability Education Coordinator, from locally grown apples. Food preparation and storage techniques of apples were discussed and attendees marveled at how sweet the applesauce tasted when no sugar had been added. Kate stated "I was surprised when I made the applesauce without any sugar, and whew it tasted sweet, tart and delicious!"

The Sustainable Development Institute welcomes the community to attend the next meeting to share ideas and stories, and to help establish the framework as we develop projects. The meeting will be held on March 20th; beginning at 5:30 p.m. Jeremy Solin from UW-Extension will be leading an interactive discussion on "The Place of Community Food Systems". Light refreshments will be served. For more information, you may call the Sustainable Development Institute at 715-799-6226 ext. 3041.

(Editor's Note: The Stockbridge-Munsee Community is involved through efforts of Tribal Council to take part in the Food Sovereignty initiative taking place in Indian Country. Vice-President Greg Miller is attending the Second Annual Native Food Sovereignty Summit that will be held at the Radisson Hotel & Conference Center in Green Bay, Wisconsin, April 14-17, 2014).

NASA Grant for Climate Education Innovators Goes to College of Menominee Nation

Keshena - The College of Menominee Nation (CMN) is one of four tribal colleges in the U.S. to be chosen for a grant from NASA's Minority University Research and Education Project (MUREP). The NASA award package of nearly \$3 million is funding new cooperative agreements designed to enhance learning through the use of the agency's Earth science resources.

The awards have a three-year period of performance and range in value from approximately \$413,000 to \$1,009,000. They will support the tribal colleges and their partners as they improve teaching and learning about global climate change on their campuses.

Professor Lisa Bosman of CMN wrote and submitted the proposal that won \$413,423 for work that will be done at the Keshena campus and involves five partner institutions. CMN will work with the NASA Langley Research Center, which will incorporate data sets related to weather and solar irradiation, Argonne National Laboratory, which will provide access to real-time solar energy performance data, and the University of Wisconsin-Milwaukee, the National Council for Science and the Environment, and UW-Platteville, serving as evaluator.

Bosman, a graduate of the Milwaukee School of Engineering and Clemson University, is a member of the faculty in CMN's degree program in Material Sciences and Pre-Engineering. She identifies several research objectives for the new grant, including opportunities for from four to six students in science, technology, engineering or mathematics (STEM) programs to construct a user-friendly solar energy system evaluation tool. The experiential learning project will incorporate the real-world performance of different solar modules at Argonne National Laboratory, NASA weather and solar irradiation data, and detailed cost analysis and investment payback period.

Grant funding will also help establish innovative teaching curricula that fuse STEM concepts with climate change literacy, Bosman says. The result will be combined social science and physical science courses that should have wide appeal to many students. CMN's STEM-based course on Introduction to Statistics will be modified to include climate change literacy in the curriculum through case studies analyzing climate change data. Another CMN course - Global Implications of Climate Change - will be modified to bring science and math concepts into the curriculum through use of a STEM-based lab module.

Impact will be achieved beyond the College's curriculum as the grant helps CMN develop an educational train-the-trainer model as a training outlet for the faculty of tribal colleges and universities and for teachers in local middle schools. Participating teachers will learn how to implement climate change studies in the classroom through the solar energy research and classroom experiences, with special emphasis on including experiences of the Native American community into context and incorporating NASA's weather and solar irradiation data into the science curriculum.

The selected along with CMN for the NASA awards were tribal institutions in Belcourt, North Dakota; Cloquet, Minnesota, and Pablo, Montana.

In making the announcement, NASA reported that the winning proposals illustrated innovative uses of NASA content to support elementary, secondary and undergraduate teaching and learning. There is a strong emphasis on engaging students using NASA Earth observation data and Earth system models, as well as providing climate-related research experiences for teachers, undergraduate and graduate students, particularly in the tribal college community.

Lakes cont from page Six:

In 1979, the ice cover on the Great Lakes was 94.7 percent, the largest recorded by scientists since 1963, the first year Great Lakes ice coverage was tracked. Last said it is a good bet that that record will be broken this year, because the cold weather has not yet relented.

The good news, according to Last, is the heavy ice cover will mean

higher lake levels this summer.

"The ice actually keeps the lake levels up. It reduces the amount of evaporation which typically occurs in the wintertime. With that ice, evaporation is minimized, so that means that the lake levels will stay up," he explained, "and that's good, because they have been at historic lows over the last decade or so."



Taking a Stand

Acting troupe teaches Bowler students about respect and anti-bullying.

Showing respect is essential for students to maximize their learning potential.

This is no exception at Bowler Elementary School, where a professional acting troupe from Minnesota recently brought its anti-bullying message to kindergarten through sixth-grade students.

Two actors from CLIMB (Creative Learning Ideas for Mind and Body) Theatre presented different interactive scenarios to individual grade levels throughout the day – all focusing on respect.

The classes dealt with students respecting their peers, adults, themselves – and the school community in general.

“This was a great way for the students to learn about respect in a fun, yet meaningful way,” said Wade Turner, elementary principal. “The students really paid attention during their performances and seemed to really take their message to heart.”

To reinforce what was said by the two actors, the school conducted PBIS (Positive Behavioral Interventions and Support) stations to students later in the week. Again, focusing on the respect and anti-bullying themes, students rotated to different stations in the school with their classmates to discuss making good choices in common areas, such as the playground, cafeteria, buses and hallways.

“We try to reinforce school-wide expectations,” said Turner. “This is behavior we expect from all students. If the rules are not

followed, the students can expect consequences.”

In conjunction with these anti-bullying measures, the school has also unveiled a six-week anti-bullying curriculum that is taught by both the classroom teacher and school guidance counselor.

Two years ago CLIMB Theatre came to the school to talk specifically about anti-bullying.

The school has tried to remain proactive when dealing with bullying issues, said Turner.

“This is always a challenging issue because every potential bullying case is unique,” said Turner. “We take every case we hear seriously and try to deal with it immediately.”

The district does have an anti-bullying policy in place with appropriate steps that should be taken when bullying is reported – either by students or adults.

“Our intention is to keep all of our students here safe,” said Turner. “Do we have all of the answers? Of course we don’t. But we want the students to report the bullying immediately so the staff can effectively deal with issue. We also want our parents and family members to form a partnership with us. If we can keep a united front against the bullies, hopefully we can lessen this problem – both in and out of school.”

For 39 years CLIMB Theatre has brought character education programming into the schools. Its mission is to create and perform plays and other works that inspire and encourage students. CLIMB Theatre is made possible by a grant through the Minnesota State Arts Board and many generous corporate sponsors.



Annabelle Bradley, a second-grader in Mr. Ferrero’s class at Bowler Elementary, was one of the lucky students who got to strike the pinata recently after her class earned the most reading slips during the school’s Book Fair.

Dear FFA Members, Parents, Alumni and Community Supporters:

The Bowler FFA will be holding their annual “Handi-Helper” Auction on Tuesday, March 25th at 7:00p.m. in the High School Gym. Members will be available to work on “8 hour day”. This would be a great way to get some extra help for baby-sitting, planting trees, raking leaves, picking rocks, cutting or stacking wood, painting, gardening, or cleaning up the yard.

Approximately 55 members will be available. All members are required to attend and receive points for dressing up in work clothes (100pts), attending (50pts) and submitting the names of 3 potential buyers (60pts). Failure to attend means no free ticket for the Annual Banquet.

The purchase of one “worker” means one ticket (limit 2) (\$11.50 value) for the Annual FFA Banquet, which will be held Tuesday, April 29th at the Woodland in Gresham. A chicken and beef tips dinner will be served. Watch the Chalkdust for future Banquet Updates.

The Annual Senior-Faculty Basketball game will begin at 6:00 p.m. with the auction to follow. Soda and cookies will be served after the auction.

Jerry Chuilli of Chuilli’s Auction Service of Wittenberg will conduct the auction promptly at 7:00 pm.

We wish to thank you for your past support and hope you continue to support the Bowler FFA.

Sincerely,
Jay Onesti - FFA President

Gresham Scholarship Fund 13th Annual Banquet Saturday March 29th, 2014

The Woodland Restaurant Gresham, Wisconsin

Time: 4:30 P.M. Reception and Raffle Ticket Sales
6:00 P.M. Dinner

Program: Sally Buettner Davis - Gresham HS Graduate-Class of 1952

Please check one of the following:

_____ Table Sponsorship (\$675 total includes \$300 for table of eight and \$375 for sponsorship).

_____ \$300 Table of eight

_____ \$65 per Couple

_____ \$35 Single

_____ \$25 I would like to sponsor a graduate’s Banquet meal.

I am unable to attend but would like to make a donation of \$ _____

Name: _____

Company: _____

Mailing Address: _____

Telephone: _____ E-Mail: _____

Reservations are on a first come first served basis. Reservations received by March 21st will be mailed, those received after that date will be held at the door.

Tickets for the event WILL NOT be available at the door; you must have a paid reservation by March 25th.

Make checks payable to **Gresham Scholarship Fund** and mail to:

Gresham Scholarship Fund Banquet
P.O. Box 102
Gresham WI, 54128

Any questions - please contact: Bob Klopke (715) 787-3386

On Tuesday, March 4, 2014, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken on the motions:

APPROVAL OF AGENDA-

Add: Contract Extension, January Financials for posting and an Human Resource Issue to Executive Session

Motion by Shannon Holsey to approve the Regular Tribal Council Meeting of Tuesday, March 4, 2014, with the amended additions. Seconded by Terrie K. Terrio. Motion carried.

TRIBAL FINANCIALS-Amanda Stevens, Administrator of Finance

January 2014 (for posting)-

Motion by Terrie K. Terrio to post the financial statements for January. Seconded by Gregory L. Miller. Motion carried.

November 2013 (for approval)-

Motion by Terrie K. Terrio to approve the November 2013 Financial Statements. Seconded by Jeremy Mohawk. Motion carried.

AUDIT RFP-Amanda Stevens, Administrator of Finance

Motion by Shannon Holsey to approve the Request for Proposal for Auditing Services, to be sent on March 10th and returned by May 15th, 2014. Seconded by Terrie K. Terrio. Motion carried.

FY2013 AUDIT-Amanda Stevens, Administrator of Finance

Motion by Terrie K. Terrio to accept the 2013 Audit Report. Seconded by Shannon Holsey. Motion carried.

CONSTITUTION COMMITTEE REQUEST-JoAnn Schedler

No action taken at this time.

DONATION/SPONSORSHIP REQUESTS-

Red Shawl Gala-Terrie K. Terrio, Tribal Treasurer

Motion by Shannon Holsey to approve the donation request of a Rabbit Sponsorship of to benefit the Gerald L. Ignace Indian Health Center 9th Annual Red Shawl Gala. Seconded by Jeremy Mohawk. Motion carried.

Gresham Scholarship Fund-John Bauman and Denise Huntington

Motion by Joe Miller to approve a donation out of Tribal Donation Line Item for the Gresham Scholarship Fund for the Annual Banquet. Seconded by Shannon Holsey. Motion carried.

AIRO Pow-Wow-Brianne Goss, President

Motion by Joe Miller to approve a donation to the AIRO Pow-Wow, University of Wisconsin Stevens Point American Indian Science and Engineering Society. Seconded by Jeremy Mohawk. Motion carried.

American Indian Chamber of Commerce-

Motion by Terrie K. Terrio to pay the American Indian Chamber

of Commerce Membership. Seconded by Shannon Holsey. Motion carried.

CASINO MONTHLY GM'S REPORT-Brian VanEnkenvoort, General Manager

Motion by Gregory L. Miller to approve the GM's Monthly Report for January. Seconded by Terrie K. Terrio. Motion carried.

CASINO/BINGO MONTHLY FINANCIAL REPORT- Brian VanEnkenvoort, GM

Motion by Gregory L. Miller to approve the Casino Financials for January and the Bingo Casio Financials for January 2014, as presented by the General Manager. Seconded by Jeremy Mohawk. Motion carried.

CASINO ENTERTAINMENT CONSTRUCTION PROJECT-Dave and Maggie Brawner

Trinity mechanical contract extension-

Motion by Terrie K. Terrio to extend Trinity Mechanical and Co., Dave Brawner's contract until the end of July 2014. Seconded by Shannon Holsey. Motion carried.

Low voltage contract-

Motion by Shannon Holsey to have the Stockbridge-Munsee Legal Department draft a contract that was awarded for the Low Voltage to VanErt. Seconded by William A. Miller.

Motion maker amends motion to include: to have the President sign a Low Voltage Contract with VanErt. Second concurs. Motion carried.

Surveillance Items-

No action taken at this time, a Special Meeting will be scheduled next week to address these items.

RFP for Stage Curtains-

Motion by Terrie K. Terrio to approve the Request for Proposals for Stage Drapes and Tracks for the Event Center. Seconded by Shannon Holsey. Motion carried.

BUDGET MODIFICATIONS-WIC PROGRAM-Delwar Mian, Health Center Director

Motion by Terrie K. Terrio to approve the request for adding new money from Great Lakes Inter-Tribal Council for the WIC Program. Seconded by William A. Miller. Motion carried.

Pharmacy Program- Delwar Mian, Health Center Director

Motion by Terrie K. Terrio to approve the Pharmacy Department budget modification, due to changes in wages and fringe from one staff after the last budget process. Seconded by William A. Miller. Motion carried.

TRIBAL ACCESS-Rob Orcutt, Lead Attorney

Motion by Shannon Holsey to authorize the President to send a written request for the Tribe to the BIA, Great Lakes Agency, for the Trust Assets and Account Management System (TAAMS) VPN connectivity and designate Starlyn Tourtillott,

Staff Attorney and Chad Miller, Land Management Technician as persons applying for background clearance. Seconded by Jeremy Mohawk. Motion carried.

WDNR SUMMER TRIBAL YOUTH PROGRAM-Randall Wollenhaupt, Wildlife Biologist

Motion by Terrie K. Terrio to approve for submission the Wisconsin Department of Natural Resource Summer Tribal Youth Program Grant proposal. Seconded by William A. Miller.

Motion maker amends motion to include: which also includes approval of resolution 022-14. Second concurs. Motion carried.

WEST POINT MOU-Sherry White, Historic Preservation

Motion by Terrie K. Terrio to authorize President Wallace A. Miller to sign the Memorandum of Agreement between the United States Army Garrison West Point and the Stockbridge-Munsee Community, regarding consultation procedures. Seconded by Shannon Holsey. Motion carried.

NATIONAL PARK SERVICE AGREEMENT-Sherry White, Historic Preservation

Motion by Terrie K. Terrio to authorize Tribal President Wallace A. Miller to sign the Programmatic Agreement among the National Park Service and the Stockbridge-Munsee Tribe, regarding implementation of programs for rehabilitation and preservation maintenance of Polar Grove National Cemetery. Seconded by Gregory L. Miller. Motion carried.

TRIBAL/STATE RELATIONS BOARD APPOINTMENT-

Motion by Gregory L. Miller that Steven Davids be our representative on the Tribal Affairs Committee. Motion dies for a lack of second.

Motion by Terrie K. Terrio that President Wally Miller represent us on the State/Tribal Relations Committee. Seconded by Gregory L. Miller.

Motion maker amends motion to include: if the President is not able to attend the meeting, then we will move down the ranks until a Council Member is. Second concurs. Motion carried.

RESOLUTION: Home Conveyance-

Motion by Terrie K. Terrio to approve resolution 023-14, now therefore be it resolved, that the Stockbridge-Munsee Tribal Council supports the recommendation of the Division of Community Housing in the Conveyance of Tenant #09-63, Duane Schreiber, Jr. Seconded by Gregory L. Miller. Motion carried.

RESOLUTION: NCAI-

Motion by Shannon Holsey to approve resolution 024-14, date, March 4, 2014, now therefore be it resolved, that the Stockbridge-Munsee Community/Tribe, which is the official governing body of

the name Stockbridge-Munsee Community hereby authorizes Wallace A. Miller, who is the official principal tribal official to take the necessary action to place the Stockbridge-Munsee Community in membership in NCAI, and be it finally resolved, that pursuant to Article V., Section 2 of the NCAI Constitution, the Stockbridge-Munsee Community designates the following named persons in Good Standing in NCAI in order to fulfill their responsibilities as official delegates to the National Congress of American Indians, President Wallace A. Miller, Vice President Gregory L. Miller, Tribal Treasurer Terrie K. Terrio and Tribal Council Members William A. Miller, Joe Miller, Shannon Holsey and Jeremy Mohawk. Seconded by Gregory L. Miller. Motion carried.

EXECUTIVE SESSION-

Motion by Gregory L. Miller to go into Executive Session. Seconded by Jeremy Mohawk. Motion carried at 6:19 PM.

Motion by Shannon Holsey to come out of Executive Session. Seconded by Gregory L. Miller. Motion carried at 7:20 PM.

While in Executive Session discussion was held on an audit report, a couple of legal issues, a minor trust request, a waiver request, an education request and an HR Issue.

-OPEN AGENDA-

There were no questions/comments or concerns brought up during Open Agenda.

Motion by William A. Miller to go along with the HR Director Employee Issue as discussed in Executive Session. Seconded by Shannon Holsey. Motion carried.

Motion by Terrie K. Terrio to deny the request for early release on the trust fund.

Seconded by Jeremy Mohawk. Motion carried.

Motion by Terrie K. Terrio to deny the request for reimbursement of out of pocket educational expenses as requested. Seconded by Joe Miller. Motion carried.

Motion by Shannon Holsey to grant the Tribal Member's request and waive the six month probation period for applying for employment, as discussed in Executive Session.

Seconded by Jeremy Mohawk.

Roll Call: Terrie abstain, Willy yes, Shan yes, Greg yes, Jeremy yes and Joe yes. Motion carried.

Motion by Shannon Holsey to go along with Legal's recommendation to cease negotiations with a court case. Seconded by Jeremy Mohawk.

Roll Call: Terrie abstain, Willy yes, Shan yes, Greg yes, Jeremy yes and Joe yes. Motion carried.

ADJOURNMENT-

Motion by Joe Miller to adjourn. Seconded by Gregory L. Miller. Motion carried at 7:24 PM.

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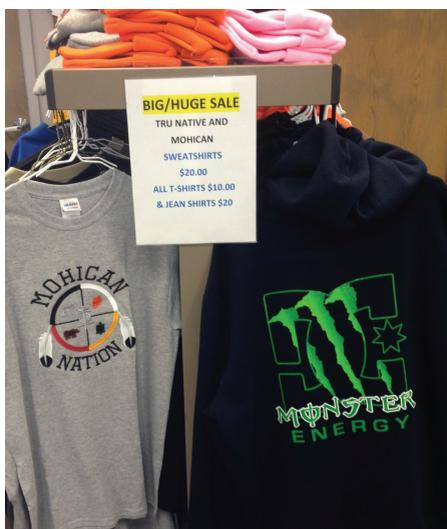
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March 18th, 2014

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