



Assistant Manager at Elderly Services

By Susan Savetwith
Mohican News Reporter

Nikki Bowman is the new Elderly Services Assistant Manager. Her office management duties include accounts payable, purchase orders, supply inventory, filing and maintaining statistical records through data entry.

Bowman is married to Ray Bowman and she has three sons; DC Walker Welch, Bradley Welch and Tad Welch. Her parents are Butch Moede and Sheila Powless.

Nikki obtained her GED, attended the University of Las Vegas, and has a Certificate in Gaming Management. "I recently attended College of Menominee and received a certificate for Home Health Aide," Bowman added.

She says she worked at Mohican Bingo for five years and the North Star Mohican Casino for 20 years before coming to Elderly Services.

Nikki says she enjoys camping, boating, sitting around the campfire and "riding our Harley." "I Love spending time with our grandbabies and making memories," Bowman added.

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Power Outage Tests Community Preparedness



By Susan Savetwith
Mohican News Reporter
A power outage during the Polar Vortex which brought temperatures way below zero and wind chills even farther below tested the community's preparedness and showed cooperation and care amongst community but also room for improvement.

Monday, January 6, 2014 the Stockbridge-Munsee EOC was activated in response to a local area power outage when the temperature was minus 16 degrees with a wind chill of minus 26. The power outage was caused by and knocked out Bowler and Hudson and other adjoining communities. To the credit of Alliant, the power was back on in one hour.

Stockbridge-Munsee Community Preparedness Coordinator, Roger Miller's, report indicated that planning for a power outage in extreme weather was discussed at a Fire Department meeting, and plan of action was developed beforehand. He indicated that when the power went out, 911 paged for Fire Department personnel to respond to the fire station to set up welfare checks in a house to house search. Miller said the Family Center was manned by Fire Department personnel as a warming center and the Elderly Apartments were checked on. "The generator would not start, so elderly needed to be evacuated to the Family Center and arrangements were being developed," Miller added.

The Incident Command System was set up at the Fire Station and the Fire Chief was the Operations Chief. The Emergency

Operations Center was activated and Roger Miller acted as Incident Commander/EOC Manager. (an Incident Command System (ICS) is a standardized, on-scene, all-hazards incident management approach that: allows for the integration of facilities, equipment, personnel, procedures and communications operating within a common organizational structure; enables a coordinated response among various jurisdictions and functional agencies, both public

and private; and establishes common processes for planning and managing resources.)

According to Miller's report, the electric company was notified of the situation and local towns had activated their Fire Department responses for warming centers and this was monitored via radio; Shawano County EM was also notified and updated. His report concludes with, "6 p.m. power came back on and all response was ended with all members of the response team to report back to the Fire Station for Hot wash [debriefing] and the Tribal President updated." Miller said several great suggestions were made that will be implemented.

According to Stockbridge-Munsee Emergency Incident Command Planning Chief, Molly Welch, "The **Power continued on page Six:**



Representatives of Wisconsin's 11 tribes joined the [Wisconsin Department of Transportation](#) (WisDOT) and participants from federal, state and local organizations December 17 through 19 at the seventh annual Wisconsin Tribal Transportation Conference.

(MADISON)—An annual forum held last month provided an opportunity for about 150 participants to share information on transportation initiatives between state and tribal organizations.

Hosted by WisDOT at the Ho-Chunk Casino and Convention Center in Baraboo, the conference provided a forum on collective efforts to promote economic growth and enhance safety. Highlighted at the 2013 conference were presentations on how to do business with the state. Also

discussed was the importance of ongoing partnerships – including through WisDOT's [Inter-Tribal Task Force](#).

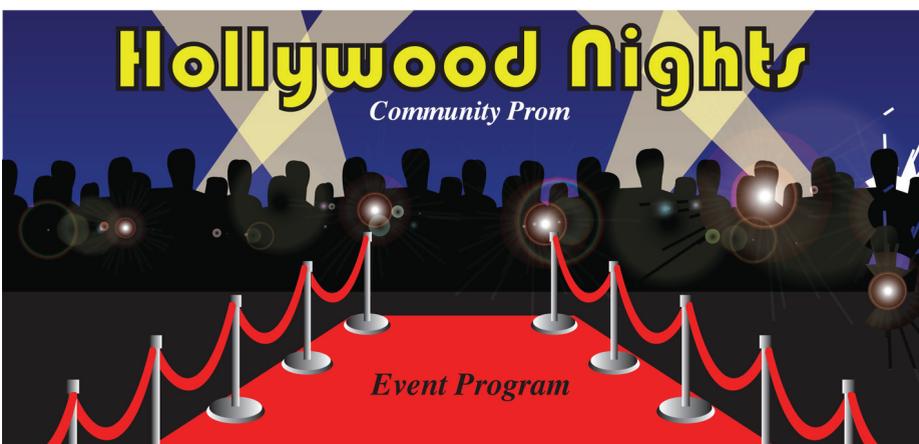
Stockbridge-Munsee Tribal Council member Willy Miller attended the event and said, "We are extremely proud of the relationship we have developed with the State Department of Transportation to ensure our voices are being heard at events such as this and our transportation needs are being met."

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1pm: Registration
Pot Luck Lunch
1pm-4pm: Community Assessment Survey
1:30pm: Informational Booth
Poster Contest
2-4:30pm: Photo Booth

3:00pm: Karaoke and Dance Contest
3:30pm: Educational Speaker
4:00pm: Best Costume Contest
4:30pm: Oscar Award Presentation
Door prize winner announcements

Bright lights, Hollywood Nights Community Prom is for ages 0 - 100 years old
Join the fun by Dressing up as your favorite Movie or T.V. Celebrity, Singer, or Sports Star.

Lights, Camera, Action....

Female and Male of the year award is the crowning of the Prom King and Queen for each age group, award is based on participation of individuals at this event (dancing, singing, helping staff and community members, etc)

- Age Groups for Best Dressed are: 0- 2 years old, 3- 5 years old, 6-10 years old, 11-15years old, 16-18 years old, 19-54 years old , 55 years and older
- Age Groups for Poster Contest are: 5-7 years old, 8-10 years old, 11-15 years old, 16-18 years old, 19 and older
- Age Groups for Best Singers are: 5-7 years old, 8-15 years old, 16 and older
- Age Groups for Best Dancers are: 1-5 years old, 6-10 years old, 11-16 years old, 17-20 years old, 21 and older
- Age Groups for Female of The Year (queen) are: 0-5 years old, 6-10 years old, 11-15 years old, 16-18 years old, 19-54 years old, 55 years and older
- Ages Groups for Male of The Year (king) are: 0-5 years old, 6-10 years old, 11-15 years old, 16-18 years old, 19-54 years old, 55 years and older
- Community Assessment age requirements are: Youth Survey ages 10 -17 years old, Adult Survey ages 18 and older

Food/Pot Luck- Chicken & drinks will be provided
Informational Booths
Informational Speaker: TBA
Community Assessment Survey
Photo Booth
DJ/Karaoke
Contests
Dating Violence Activity
RealityWorks Infant baby Demo
Prizes, Prizes, Prizes
Fun, Fun, Fun



And the Oscar Goes to..

Best Dressed: By Age Groups
Best Dancer: By Age Groups
Best Singer: Karaoke Contest
Best Prevention /Education Poster
Female of the Year Award (crowning of Prom Queen)
By age groups
Male of the Year Award (crowning of the Prom King)
By age groups

Express your thoughts and opinions. Let your voice be heard.
We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped of at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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A HUGE Thank You!

**From the Economic Support Staff,
to all of those who donated money, participated
in payroll deduction, participated in the raffle,
spread the word and bought gifts.
We couldn't have done it without the help of
you!**

**Thank you all once again for making this year's
Giving Tree a great success.**

**Anita Matson-Bowman
Economic Support Caseworker**

**Wisconsin Judicare and Columbia
Law School Present:
The 2014 Indian Wills Caravan**

Judicare staff and Students from Columbia Law School will be at the following locations to assist **anyone** who wants to draft a will, powers of attorney, and other basic estate planning services for **free**.

March 18th, Bowler, WI. Stockbridge-Munsee Community- 9:30 a.m. to 4:30 p.m.

March 19th, Keshena, WI. - 9:30 a.m. to 4:30 p.m.

March 20th- Lac du Flambeau, WI.- 10 a.m. to 5 p.m.

March 21st- Wausau, WI. – 9:30 a.m. to 4 p.m.

Space is limited. Please contact the Indian Law Office of Wisconsin Judicare at 1-800-472-1638 to make your appointment today.

SAVE THE DATE ~ March 22, 2013

**Family Services Community Event
Get Your Dancing Shoes Ready!**

Our Big Community Event/ Community Assessment will be Saturday March 22, 2014 at the Mohican Family Center from 1pm – 5pm. It will be a themed "Community prom" Hollywood Nights' community members ages 0-100 are invited to dress up as their favorite actors, pop star, sports star etc. We will have food, games, dj, poster contests, educational speaker, dance contest, custom contest,

informational booth and will we crown a king and queen for each age group

Our community assessment is due to the State by the end of April, so getting the community assessment surveys complete will be the first thing on the Prom agenda. Planning meeting info available ~ Kori Price, FS Mgr. 715-793-4780

Old Newspapers

Need paper for packing, your wood stove, or puppies? We have old Mohican News issues if you need for packing, puppies or getting the fire going. Give us a call at 715 793-4389 or come over to the office to pick some up. We are located behind the tribal office in the green pole building.



Dear Adult Tribal Members of the Stockbridge Munsee Community residing within the original confines of the Stockbridge Munsee Reservation.

At the request of a petition submitted on behalf of members of the Stockbridge Munsee Community, the Regional Director, Midwest Regional Office, has authorized a Secretarial Election to permit the qualified voters of the Stockbridge Munsee Community to adopt or reject a proposed amendment to the Tribe's Constitution.

The Secretarial Election will be held on February 25, 2014. This election will be conducted in accordance with the requirements set forth in Title 25, Code of Federal Regulations, Part 81 (25.C.F.R. 81). The polls will be open on the date of the election, from 9:00 a.m. to 7:00 p.m., C.D.T.

All Stockbridge Munsee Tribal members who are at least 18 years of age on the day of the election and reside within the original confines of the Stockbridge Munsee Reservation and who register to vote, may vote in the election. Any eligible registered voter who will be absent from the reservation or who because of illness or physical disability, will be unable to vote at the polling location, may notify the Secretarial Election Board and shall be entitled to vote by absentee ballot.

If you have any questions regarding the election or the process, please contact Marion K. Duffy, Election Board Chairman, at 715-682-4527, or Election Board Members, Tammy Pecore at 715-793-4036 and Robert D. Little at 715-787-2535.

Why Vote in the Stockbridge-Munsee Community Secretarial Election?

In 2011 three members of the Constitution Committee attended the Bureau of Indian Affairs (BIA) training in Ashland, WI on "Developing and Rewriting Tribal Constitutions". The trainer was Todd Hembree a tribal citizen and attorney for the Cherokee Nation. One of the main issues we discussed was **tribal sovereignty** in relation to our 1937 constitution. In 1934 to 1937 the Mohicans submitted several draft constitutions to the Office of Indian Affairs (OIA). None written by our tribe were accepted. In November 1937 Washington wrote and sent a constitution which was voted on and accepted by our ancestors. According to records "The Stockbridge-Munsee constitution reads much like other tribal constitutions approved after passage of the IRA [Indian Regulatory Act]" (Oberly, 2005, p. 177).

Since the 1934 IRA was implemented key legislation and policies affecting tribes have passed. They are:

- 1) 1950's: Public Law 280, in which "The Federal government reversed its policy of encouraging tribal sovereignty" in several states including Wisconsin. This law "gave certain states civil and criminal jurisdiction over Indian communities. The federal policy of assimilation was once again reasserted at the expense of the development of tribal governments".

- 2) Urban Indian Relocation Program, "In 1950, the average Native American on a reservation earned \$950. The average black person earned \$2,000, and the average white person earned almost \$4,000 — over four times more than Indians. The Relocation Program did provide some Indians better jobs, at the price of being cut off from tribal roots." <http://www.pbs.org/indiancountry/history/relocate.html>
- 3) 1968: The Indian Civil Rights Act (ICRA)
- 4) 1975: The Indian Self-Determination and Education Assistance Act. This act was amended in subsequent years and was "liberalized to give tribes greater authority to contract and later 'compact' for these services with maximum of tribal control and much reduced federal bureaucratic interference"
- 5) 1988: Indian Gaming Regulatory Act (IGRA) (Tribal Constitutions and Bylaws: handbook 2007, p 1-21 to 1-22)

During the training tribes were made aware of removal of Federal intervention provisions stating that **there are no Federal laws that require Secretarial review**. And "to promote self-determination the Interior Department has been encouraging tribes to remove

Election continued on page Ten:



Elder Wisdom

What If Your Car Gets Totaled?

By Jason Alderman

Each year, auto insurance companies declare millions of vehicles to be "totaled," meaning it's not worth the cost to repair them. It doesn't matter whether the car was damaged in a collision, during a flood or after a thief's joyride went bad.

It's hard to argue with such an assessment if your car was wrapped around a telephone pole or the gas tank exploded. But what if the damage was more cosmetic, such as major dents on the roof and hood from a hailstorm?

A vehicle is considered a total loss if the insurance company determines that the total cost to repair your car to pre-accident condition, plus fees for storage, salvage and a replacement rental car (if included in your policy), is more than a certain percentage of car's retail value. Insurers set their own allowable percentage, within state-mandated guidelines (typically around 60 to 75 percent), and use their own formulas to determine a car's value and estimated repair costs.

Thus, if your \$4,500-valued 2002 Honda Civic sustains \$1,800 worth of damage – moderate bodywork and repainting these days – it might be deemed totaled, even though the engine still runs fine. On the other hand, a late-model Mercedes could sustain far greater damage and still be considered salvageable.

What's worse, if the accident was your fault, or you must otherwise tap your own insurance (e.g., it was caused by an uninsured driver), you would only receive that \$4,500 minus your deductible. Good luck finding a comparable car for that amount.

Other big losers when a car is totaled are people still paying off their auto loan. Since the lender technically owns the car, they'll get first crack at any insurance payment; and you'll still be responsible for paying off the loan balance.

As a preventative measure, you may want to purchase gap insurance if you owe more than the car's retail value – or if you rolled past debt into the new car loan. It will pay the outstanding loan balance if your car is totaled or stolen. Most insurers will let you add gap insurance at any time.

Here are a few additional points you should know about when and why a car is declared totaled, and precautions you can take ahead of time to lessen the impact:

- Make sure the insurance appraisal includes the value of all extra features and aftermarket accessories, like heated seats, custom wheels or an upgraded audio system.
- Be prepared to show documentation of any major repairs or upgrades you made that might boost the car's value – say you recently replaced the engine or bought new tires.
- Do your own research. Use independent pricing sites like Kelly Blue Book or Edmunds to determine your car's worth, factoring in its mileage, added features and overall condition before the accident.
- If your estimate is far off from the proposed settlement, ask whether your policy includes the right to hire your own appraiser for a second opinion. Most states have a procedure for settling such disputes. Understand, however, that no matter the arbitration outcome, you'll still have to pay your appraiser, and likely, a portion of arbitration costs.
- Make sure the insurer's totaled car value includes estimated sales tax to replace the car, as well as registration and title costs, since you wouldn't have incurred these costs if you didn't need to replace the car.

Let's hope your car is never totaled, but it pays to know in advance what to do if it is.

On the Trail Home



Thomas A. Rudesill, Jr.

Thomas A. Rudesill, Jr., age 78 of Gresham, peacefully passed away Wednesday, January 15, 2014 surrounded by his loving family. Born on June 19, 1935 in the Town of Red Springs, he was the second son born to the late Thomas and Imelda (Miller) Rudesill, Sr. After graduating from high school, Tom enlisted with the United States Army and served his country for two years. Upon his honorable discharge from service, Tom went to college to continue his education. With the start of the Vietnam War, Tom re-enlisted in the United States Army to once again serve his country. After service, Tom worked for the Stockbridge Munsee Tribe. He married Myrna LeRoy and together the couple had eleven children. Tom was very active with many veteran groups including the Gresham American Legion, the Oneida Veterans and the Gresham V.F.W. He was also a founding member of the Mohican Veterans as a Sergeant at Arms and a Chaplain for Veterans. In his free time, Tom enjoyed listening to all genres of music, watching wildlife especially searching the sky for

eagles, visiting the local casinos, gardening and being a handyman for his children and grandchildren. He will be missed by his dog and traveling companion, Bud.

Tom is survived by: 10 children, Alpha (Ray) Creapeau, Rose Laehn, Paula Rudesill, Sandra (Quinton) Creapeau and Joe (Colleen) Rudesill all of Gresham, Cheryl Elertson of Shawano, Tom (Rebecca) Rudesill III of Tilleda, Myrna and Sara Rudesill both of Milwaukee, Patricia (Steve) Simons of Omaha, NE; 21 grandchildren; 33 great-grandchildren with a great-granddaughter on the way; and 2 great great-granddaughters. Tom is further survived by: 5 brothers, Keith (Claudette), Hank (Shirley) and Mike (Yvonne) Rudesill and William and Andy (Sue) Summers; and several nieces and nephews.

Tom was preceded in death by: his infant daughter, Geraldine; his wife, Myrna; his parents Thomas Rudesill, Sr. and Imelda Summers; a sister, Bette; and a good friend, Joe Webster.

Funeral services were held on Sunday, January 19, 2014 at the Lutheran Church of the Wilderness near Bowler with the Rev. Melinda Shriner officiating. Military Rites were conducted by the Mohican Veterans at the church following the service. Burial will be in the Red Springs Cemetery in the spring. Visitation was held at the church on Sunday from 1:00pm until the time of the service. Swedberg Funeral Home in Shawano assisted the family with the arrangements.

The family would like to extend a special heartfelt thank you to Tom's caregivers for the last few months, the Ella Besaw Center and the SouthernCare Hospice nurses.

www.swedbergfuneralhome.com

AODA PREVENTION SHARING INFO Shawano County Statistics:

In 2014 (as of January 17th), there were 12 overdoses and one death from overdose of drugs in the first 16 days of the year in Shawano County.

In 2013, there were 152 Narcan deployments. (Narcan is the drug which prevents death from overdose, typically Heroin overdose.)

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Shawano, WI 54166
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FOOD DISTRIBUTION PROGRAM

There have been some changes made to the program as of 10/01/13. The new changes are:

Income increase, elimination of household resources (this includes per caps), income deduction for Medicare Part B Medical Insurance and Part D Prescription Drug Coverage premiums to include other monthly medical expenses in excess of \$35.00 for households with elderly and or disabled members and the last change is income deduction for shelter and utility expenses of \$400.00.

If you have any question please call the Food Distribution Program at 715-793-4941. Jill Duffek-FDP



Misty's Traditional Medicines



NY continued from last issue:

...in mind Granny Gardner came from New York so many of these Medicines are from there too. Conducting a simple internet search will help locate these Medicines in other areas of the country.

Another important point is that only enrolled Tribal members can gather on the Stockbridge-Munsee Band of Mohican Indians Native American Reservation so an individual will need to locate other patches where these Medicines grow.

In addition, when gathering Medicines, be sure to pick from areas that are away from pollution. It is not recommended to pick along the roadside because there may be pollutants that may have affected the plant. Find patches that are as untouched as possible making them healthier to use.

PREPARING MEDICINES BARK MEDICINES

Any of our Bark Medicines can be boiled for 15 minutes to get the strength out of them. For a few of the Medicines, just the bark is shaved off of the tree and used to make the teas.



MAKING TEAS FROM PLANTS

When making teas, they need to be steeped for about fifteen minutes by pouring boiling water over them to get the strength out. Teas are not to be boiled. Generally, about a tablespoon of Medicine is needed to make one cup of tea. Granny Gardner would make the Medicines right when she needed them by using a kettle to heat the water.

MAKING ROOT MEDICINES

When preparing the root Medicines, the root is boiled in water

for about 15 minutes. Cut the roots up so that you can get them into a kettle. Roots do not need to be cut too much because the roots just need to fit in the kettle.

TEA TEMPERATURE

These teas can be taken hot or cold; it is the preference of the user. When one is sick in bed, they may want to drink the teas hot; this will help make them feel better. If they have a fever, they may want to drink them cold, because they will be thirsty and will probably want something cold. Again, it is what the person prefers.

STORAGE OF PREPARED TEAS

The Teas can be refrigerated for up to two weeks in a covered jar and used as needed. This makes them very easy to use.

TINCTURES

Tinctures are made for some of the Medicines which are a really strong concentrated form of the Medicine boiled down to a syrupy consistency.

POULTICES

A Poultice is used at other times and that is when the Medicine is chopped or ground up to expose the juices and placed on a sore area.

SALVES

Medicine that is mixed together with some form of lard, bear grease, oil or bees wax is also used to make salves to help apply the Medicine.

All of these Medicines can be taken at any time of the day. There is no best time to take them. Dave recollected that Ella always said, "Many of the Medicines that you drink are good for many things because they are Indian Medicines. With many of these Medicines, our people use them for more than one ailment. These Medicines also treat the source of the problem, not just the symptom."

SPIRITUALITY OF MEDICINES

Our Medicines were given to us by the Creator through spiritual ways.

Another thing to remember is to always return the Medicines back to the earth when we are done using them. Put the used Medicines and any unused tea back outside so it recycles back into the ground.

What I do is place them on the ground out by a tree and thank the Creator for the Medicines.

These Medicines have a spiritual aspect to them because in order to heal, the spirituality of the person must also be taken into consideration. In the Native way, we have a medicine wheel that helps keep us stay balanced in the mental, emotional, spiritual and physical ways. We strive to keep these four areas equal so we are living a balanced life. With the native Medicines we need to thank the plant, pray about our healing, lay tobacco down for the Medicines, and really take care of that spiritual part. It helps with the healing into the other aspects of the medicine wheel so the physical, mental and emotional will be restored from the Medicines. It is a very connected personal way of healing for the individual. Part of healing is the individual's responsibility to pray and do their part as well as learn how to use these Medicines.

Dave Besaw recollected that Ella said, "You need to believe that the Medicines will help you. Also, don't take Medicines if you don't need to." Ella didn't believe in taking Medicines all of the time, only when needed. There are also dosages for every Medicine that need to be followed. With the native way, we have to be in tune with our bodies to know what the correct dosage is for each person. This has to do with how the Medicine is working for that individual person. If the Medicine tastes too strong to the person, the Medicine can be diluted. If it is not strong enough, the Medicine can be concentrated. For adults there is a certain dosage as well as for children. For children, the Medicine is diluted and they only drink the amount that they want to drink. When the child is full, they have taken enough. That is the dosage that they need. With children, they have an innate sense of what they need when they eat and drink so this needs to be observed.

Ella had a great respect for these Medicines and the healing that they have. Throughout the book, there are a couple of Medicines that she knew how to use, but she didn't give them out to anyone because the Medicine is poisonous if taken in large quantities. She respected the Medicine's strength

so Dave and I decided to document these Medicines so we know about them, but not use them.

With these Medicines, it is important to remember that they have been used since way before modern day Medicines so it is unknown how they interact with today's medications. This is part of the struggle of living in the native world and the modern world because many times the cultures do not flow together. This is very true with the Medicines so trying to live as naturally as possible will help when integrating the Medicines into your lifestyle.

GIFTING THE MEDICINES

Dave recollected that Ella always said that she never charged anybody anything for the Medicines. Dave said, "In our family, money is not needed for Medicines. It is helping someone who is sick with the gifts and knowledge that the Creator has given us." My grandma Mary Burr said that the Medicines would not work if she charged for things, but she would have things show up on her doorstep and she figured it was for her doctoring. In Granny Gardner's case, she never charged anybody either, but the area farmers who called upon her always provided her with meat as a thank you so she always had meat for her family. People usually give gifts of thanks for the Medicines. If they do not, that is fine too because there is great satisfaction of people getting well from these Medicines. Some people simply cannot afford anything so it is great to know that there are Medicines out there for the people who need them, and they have always existed. The Creator gave us these Medicines so everyone could use them. The Medicines also grow in great abundance so there is enough for everyone who needs the Medicines.

Dave felt that our family was gifted by the Creator to find these Medicines, prepare them and teach anyone who wanted to learn how to use the Medicines. I am thankful that Dave and Ella were blessed with great memories so these details would not be forgotten. The help from my aunts, uncles, cousins and tribal members have also filled in the missing details...

Giftting to be cont. next issue:

Power cont from page One:
Safety because their generator did not work. There were members assigned to check on Elders, members working on the generator at Public Safety and the Elderly Apartments, everyone had an assignment.

Kevin Kurtzweil, Vice President of Operations at Central Wisconsin Electric Cooperative said the first call about power being out came in at 4:56 p.m. and his technicians soon indicated there was no power at the Almon Substation, northwest of Bowler. Kurtzweil said the Almon Substation serves Hutchins, Almon, and portions of Bartleme, Red Springs, Seneca, and Morris. "The outage affected 849 members, and lasted one hour and four minutes. It didn't seem that long, but when you're in the thick of it and getting everyone moving towards a solution, you don't realize how much time has passed," Kurtzweil said. Kurtzweil indicated the outage source was at a transmission switching station at Brooks Corners in Birnamwood. "A guy-wire snapped and flung in the air tangling with hot wire and opened a breaker; and the system went to ground. Three feeders went down, but it wasn't on our side; our hands are tied when

transmission goes down that is handled by Alliant. Kurtzweil explained.

Kurtzweil said Alliant resolved the problem and got everything back online. "I really have to hand it to Alliant, they really stepped up to the plate, they had four guys on it," he said. In addition, Kurtzweil said afterward he received several calls from the community saying thank you. "It feels good that the community gives us this kind of feedback."

Kurtzweil said information is available on various social media sites such as, Twitter, Facebook and Pintrest; here are links to those sites: <https://twitter.com/cwecoop/>, <https://www.facebook.com/pages/Central-Wisconsin-Electric-Cooperative/268841143249085>, <http://www.pinterest.com/brendamazemke/>, and their website is www.cwecoop.com

Following the power outage, a meeting was held to review and plan for future weather emergencies with much participation including firefighters, emergency preparedness officers, tribal council members as well as several community department leaders in attendance.

Chili Fry Bread Cook-off
By Susan Savetwith
Mohican News Reporter

The Fire Department's Third Annual Chili and Fry Bread contest was recently held with five contestants for chili and two for fry bread. Anyone from within the community could participate or just come and sample the chili and fry bread and three unbiased judges were selected from those who came to taste.

Mike Penass won first place in the first two years of the Chili Cook-off, so he was the one to beat in the competition. The chillies varied from spicy to saucy, some had beans, some did not, and one did not have noodles in it.

The five chili chefs were Rhianne Terrio, Jill Tiegs, Melissa Penass, Mike Penass, and Bob Vele. The two fry bread contestants were Rhianne Terrio and Jill Tiegs. The judges were Tully and Jolene Kroenig, and Joe Blum. Judges sat in a separate room and were brought a sample of each chili without knowing who made it or which pot it came from.

As folks enjoyed a friendly meal sampling the different varieties of chili available, the judges came out to announce that the chili in sample number two was the winning chili. Sample one took second place and chili in sample three took third place. Bob Vele was the chef for sample number two, unseating Mike Penass from

his two year reign of top chili chef. Taking second was Mike Penass, and third was Jill Tiegs. Jill Tiegs also won for best fry bread.

Come on out next year and bring your best pot of chili enjoy a lunch and try out what other chili chefs are doing.

DOT cont from page One:
"As we go into our ninth year of a unique state, federal and tribal partnership, we celebrate what has proven to be a mutually beneficial relationship," said WisDOT Secretary Mark Gottlieb, who spoke along with Ho-Chunk President Jon Greendeer, Wisconsin Department of Workforce Development Secretary Reggie Newson, Bureau of Indian Affairs Regional Deputy Director Todd Kennedy, and WisDOT State Tribal Liaison Kelly Jackson.

"What started out as a partnership between the Wisconsin DOT, the Federal Highway Administration, and the eleven tribal governments in Wisconsin has grown to include many partners: businesses, labor force development programs, public and private organizations, and local governments and citizens," said Gottlieb.

In 2005, WisDOT, the Federal Highway Administration (FHWA) and the 11 federally recognized tribes of Wisconsin entered into a partnership agreement recognizing the unique government to government relationship between the state of Wisconsin, the federal government and tribal governments.

Breakout sessions included best management practices in the construction industry, business and procurement networking with Disadvantaged Business Enterprise prime and sub-prime contractors and vendors, the real estate process, cultural understanding, tribal traffic safety

and motorcycle safety education. A session on federal Indian law and tribal transportation projects was also presented.

Participants provided conference survey evaluation comments, regarding networking and information sharing opportunities. For example, one attendee said, "I find networking helps my department and co-workers become more familiar with tribal transportation staff. We have similar issues within our respective organizations, so talking with each other develops friendships and networks".

Another wrote, "I am interested in learning more about tribal culture and beliefs. Sharing native customs and traditions may help more non-tribal attendees understand how to bridge the gap between transportation agencies & Tribal leaders."

On Dec. 18, conference participants toured traditional cultural properties, at Kingsley Bend and Man Mound. Additionally an Awards Dinner Banquet honored 2013 awardees for their contributions and service to building and enhancing partnerships with WisDOT and Wisconsin tribal communities: Bruce Gerland, Ruth Geier, Jamie House, Craig Dretzka, Bart Cornelius, Tina Neuman and Craig Clements.

An eighth annual Tribal Transportation Conference is being planned for 2014.

Tax Returns Prepared for Free to members of this community by Volunteers donating their time.



As volunteers, we are trained using material provided by IRS to provide the following services

Will Prepare:

- Form 1040 EZ
- Form 1040 A
- With Schedule 1, 2, 3 & EIC
- Form 1040
- With Schedule A, B, EIC & R
- Form 1040 - V
- Form 1040 - ES
- Form 2441 (Child and Dependent Care Credit)
- Form 8863 (Education Credits)
- Form 8812 (Additional Child Tax Credit)

Will Not Prepare:

- Schedule C (Profit or Loss from Business)
- Complicated & Advanced Schedule D (Capital Gains and Losses)
- Schedule E (Rents & Losses)
- Form SS-5 (Request for Social Security Number)
- Form 2106 (Employee Business Expenses)
- Form 3903 (Moving)
- Form 8606 (Non-deductible IRA)
- Form 8615 (Minor's Investment Income)

Site Name: Stockbridge-Munsee Community

Location: Elderly Center, N8651 Maplewood Street, Bowler

Days: Feb 22 & 23, March 1, 2, 15 & 22, 2014

Hours: 8:00 am-4:00pm Please call 793-4812 for appointments.

What to Bring: For married filing joint, both spouses must be present. All Forms W-2 and 1099's. Information for other income. Information for all deductions/credits. A copy of last year's tax return. Proof of account for direct deposit of refund (e.g., voided check). Social Security cards or Individual Taxpayer Identification notices/card for you, your spouse, and/or dependents. Proof of identification for yourself and/or your spouse. Total paid to day care provider and their tax ID number. Birth dates for you, spouse and or dependents on the return.

IRS, VITA e-file: Service that promises to deliver.



If you are interested in filing your own taxes this year, we have a new service that allows you to enter your tax information right from your personal computer. You can prepare both State and Federal returns and E-file, and the best part is its free. Go to myfreetaxes.com/smc

February 2014 After School Prog. Activities - ages 5-10 yr. DEEP SNOW MOON Xwahteewi-koon-niipaahum

| Jan 2014 | | ~ February 2014 ~ | | | | | | Mar 2014 |
|----------|--|---|--|---|---|--------|--|----------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | |
| 2 | 3 Word Power: Decisions What is right for you? Pg. 8 Peer Pressure issue | 4 What's Your Score? Find out more about positive and negative peer pressure 2nd/4th grade every Tuesday | 5 Window Hearts Lai Lonnie 10 am- 6 PM Linda 1-9 M-F Pun'kin 11-7 M/F & 1-9 T-Th K-1st grade every Monday | 6 Open Room Computers & Games Reading Fun | 7 Free Gym, Movie/ Pop Corn Details-Permission Slips Available LOCK-IN 2nd-6th gr. 8PM - 7:45 A.M. * SNOW GEAR REQUIRED Late Night K-1st gr. 7 PM - 9 PM | 8 | | |
| 9 | 10 Rules that keep you safe and healthy. Pg. 6 | 11 Role play peer pressure game "Take a moment!" | 12 Family Tree | 13 Open Room Computers & Games Reading Fun | 14 Free Gym, Movie Pop Corn | 15 | | |
| 16 | 17 Decision Making: See how you can make Learn good choices Act it out | 18 Steps to a good decision | 19 Geo Art | 20 Open Room Computers & Games Reading Fun | 21 Free Gym, Movie Pop Corn | 22 | | |
| 23 | 24 Family Involvement Activity Grade K-4 5:30 to 7 PM] "Game Night Get Together" | 25 Get a handle on the situation: Avoid it if you can Know who you're with Trust yourself Choose the right friends | 26 Marble Painting Moon phases | 27 Open Room Computers & Games Reading Fun * Subject to change | 28 Free Gym, Movie Pop Corn (TBD)= To Be Determined | Notes: | | |

| Feb. 2014 | Monday | Tuesday Gr. 5 th -6 th (ASP) 5:30pm-7:30pm | Wednesday CHOICES (ASP) | Thursday Gr. 7 th - 12 th (ASP) 6pm-8pm | Friday | Saturday |
|-----------|---|--|---|---|---|---|
| 2 | 3 wk. 11am-7pm Linda off | 4 Anger & Violence TBD: possible speaker | 5 Linda off | 6 Pride N Courage meeting: input Retreat trip | 7 wk. 12:30-8:30pm Bowler School 1pm-3pm Bowler BB game 6pm-8pm | 8 Please call 715-793-4085 or 715-701-8177 before 5pm if you need a ride to scheduled |
| 9 | 10 Warrior Circle 6 th - 12 th gr. 6pm-7:30pm | 11 Valentines at Ella Besaw Center | 12 Youth CHOICES Ears, Eyes & mouth 5:30-7:30pm | 13 Stereo What? Crafts/baking w/ Linda | 14 wk. 11am-7pm Gresham School 1pm-3pm | 15 events. LINDA 1 PM -9 PM MON. - FRI. LENORE MON.& FRI. 11-7 PM TUES-THURS. 1 - 9 PM UNLESS OTHERWISE NOTED ON THIS CALENDAR |
| 16 | 17 Holiday!! Room Closed | 18 Drunk goggles with Linda | 19 Talking Circle with the Elders 5:30-6:30pm ASP room | 20 Drunk goggles with Linda | 21 wk. 12:30-8:30pm Bowler School 1pm-3pm Gresham BB game 6pm-8pm | |
| 23 | 24 Warrior Circle 6 th - 12 th gr. 6pm-7:30pm | 25 Field Trip TBD: per youth input | 26 Teen CHOICES: TBD HOC speaker | 27 College of Menominee Tour 3pm-8pm | 28 wk. 11am-7pm Gresham School 1pm-3pm | |

February 2014 MOHICAN FAMILY CENTER RECREATION

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------|---|---|---|--|--|------------------------------|
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3-7 RC Car Racing | 12-1 Noon-Ball 3:30-4 After School Activity 5 Sweaty Sisters 8-10 Late Night Basketball 9 th and Up | 12-1 Noon-Ball 3:30-4 After School Activity | 12-1 Noon-Ball 3:30-4 After School Activity 4:15 Archery Practice 4 th -12 th grade 5 Sweaty Sisters | 12-1 Noon-Ball 3:30-4 After School Activity 5-7 Youth Night 3 rd - 5 th Grade Obstacle Course | 12-1 Noon-Ball 3:30-4 After School Activity 8-Midnight 7 th -12 th Grade Lock-In | 6-2 Weight Room |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 3-7 RC Car Racing | 12-1 Noon-Ball 3:30-4 After School Activity 5 Sweaty Sisters | 12-1 Noon-Ball 3:30-4 After School Activity 6 3 rd -12 th Grade Swim Trip | 12-1 Noon-Ball 3:30-4 After School Activity 4:15 Archery Practice 4 th -12 th grade 5 Sweaty Sisters 5:30 Board Meeting | 12-1 Noon-Ball 3:30-4 After School Activity 5 Family Fun Night Healthy Heart 8-10 Late Night Basketball 9 th and Up | 12-1 Noon-Ball 3:30-4 After School Activity | 6-2 Weight Room |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Closed | Closed | 12-1 Noon-Ball 3:30-4 After School Activity 6-8 Tween/Teen Night 6 th - 12 th Grade CTP 8-10 Late Night Basketball 9 th and Up | 12-1 Noon-Ball 3:30-4 After School Activity 4:15 Archery Practice 4 th -12 th grade 8-10 Late Night Basketball 9 th and Up | 12-1 Noon-Ball 3:30-4 After School Activity 5 Families 4 Education | 12-1 Noon-Ball 3:30-4 After School Activity 8-Midnight Girls Lock- In Bowling Trip | 6-2 Weight Room |
| 23 | 24 | 25 | 26 | 27 | 28 | |
| 3-7 RC Car Racing | 12-1 Noon-Ball 3:30-4 After School Activity 5 Sweaty Sisters | 12-1 Noon-Ball 3:30-4 After School Activity 6 Tween/Teen Sledding Trip 6 th -12 th Grade | 12-1 Noon-Ball 3:30-4 After School Activity 4:15 Archery Practice 4 th -12 th grade 5 Sweaty Sisters | 12-1 Noon-Ball 3:30-4 After School Activity 5-7 Youth Night 3 rd -5 th Grade CTP | 12-1 Noon-Ball 3:30-4 After School Activity 6-8 Movie Night | SUBJECT TO CHANGE |



Community Kids

Left: I am Barbara J. Boivin or BJ for short and I am 15 years old. I am from Bowler. Nancy and Dale Boivin, Sr. are my parents. My grandparents are the late La Roy and Barbara Miller, John and Dorla Boivin. My favorite colors are purple, neon pink, blue and aqua. I like to read books, be outside and go for walks. What I like about the ASP is the people who work here and the laughs we have.

Right: My name is Tia Terrio and I am 6 years old. I live in the Stockbridge-Munsee community. My mom and dad are Bill and Rhianne Terrio. Verna Miller is my Nana. and Bear is my Grandma. I have many favorite colors, like purple and pink and then yellow and green for the GB Packers. I really like to play on the trampoline. At the ASP I can play house, jump rope and learn from puppet shows.



My name is Jylian Malone and I just had a birthday and now I am 6 years old. I am Stockbridge. My mom is Melodi Malone and my dad is John Thiex. LaVonne and Bernard Rudesill and Marv and Char Malone and Pete and Sue Thiex are all my grandparents. I have sisters and a big brother. My favorite colors are pink and purple. I like to play school, learn music with my friend Cassandra and learn stuff.



Nii ndushiinzi Wat-Lu Cornelius and I am 10 years old, wiimbut. Nii noonjiyayii Stockbridge. My folks are Oleyna Gardner and Lowell Cornelius. Askaskweew or green is my favorite color. I love to play football and basketball. What I like about the ASP is that the people are nice. Anushiik.

2014 INDIAN WILLS CARAVAN

Presented by Wisconsin Judicare



Above: Lilian and Pat Bailey and law student volunteer

In 2012, the Indian Wills Caravan drafted sixty (60) Wills on behalf of Stockbridge-Munsee Community residents.

March 18th, 2014

By appointment:

**Please call
715-842-1681**

Judicare staff and students from Columbia Law School are coming to the Stockbridge-Munsee Community to assist any person regardless of tribal affiliation in the drafting and updating of wills, powers of attorney and other basic estate planning documents.

What you'll Experience:

- One on one session for a customized Will and/or Power of Attorney to fit your individual needs.

What you'll leave with:

- A sense of satisfaction that decisions are made about who inherits your property, who will care for your minor children, what will happen if you become incapacitated, who administers your will and what gets donated to charity.
- All participants will leave with totally finished legal documents at **NO COST** to you!

A generous donation by the Stockbridge-Munsee Community has helped make this service possible to all.

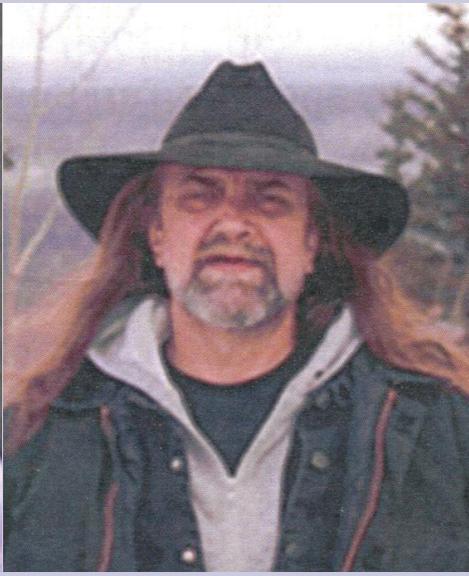
Please call 715-842-1681 to schedule your appointment today.

Hosted at the Mohican North Star Casino

2013 Memorial



Irene Josephine Jacobs
11/18/28 - 1/7/13



Ronald L. "Bee" Burr
10/15/60 - 2/14/13



Nichole M. Merckes
6/29/80 - 2/21/13



Nancy J. Brittain
10/31/53 - 3/2/13



Virginia "Gin" A. Johnson
1/3/14 - 5/6/13



Kenneth William Tucker Jr. Kroening
7/6/70 - 6/19/13



Jeffrey Brushel
7/22/52 - 7/8/13



Robert A. Jacobs
3/20/43 - 7/10/13



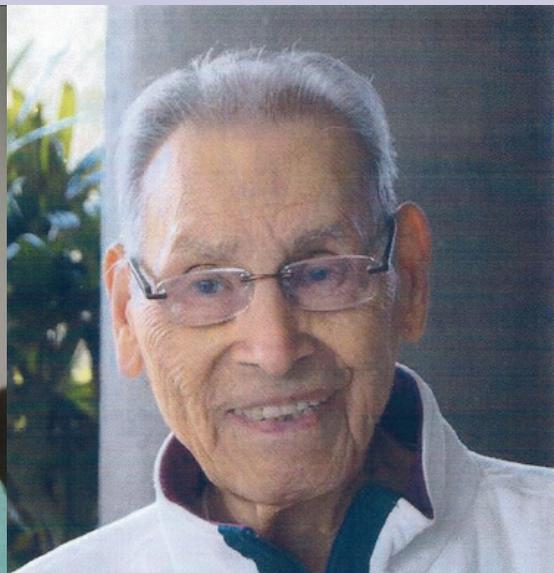
Glenn Lee Davids
11/13/46 - 7/16/13



Talon Gus Peters
7/23/1991 - 7/18/13



Ramona O. Granquist
4/19/29 - 8/2/13



Harvey A. Davids
2/3/19 - 9/16/13



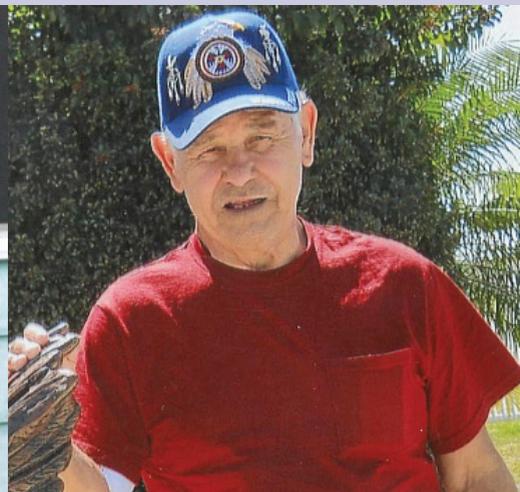
Lulabelle Klemp
4/18/34 - 9/29/13



Beverly White
9/16/35 - 12/5/13



Janelle Tourtillott
6/6/58 - 12/16/13



Keith Alger
5/14/39 to 12/23/13

Mildred Virginia Blazer 2/28/22 - 4/8/13 *no photo available



Community

our tribe even if they do not live on the reservation. Some of our members are active duty members of the military and their careers may keep them from living on the reservation.

Removal of the BIA approval process is a recommendation from the Federal government. The tribe has taken advantage of the Self-determination Act and has successfully administered grants, programs, healthcare, and businesses and can take the next step to determine our own future by allowing the membership to shape our own future incorporating our ideas and traditions into our constitution, not those of non-members.

There are significant changes from 1937 to today as shown in the following chart.

| | 1937 | 2014 |
|-------------------|---|---|
| 1) Communication: | Oral, letters, telegraph, radio, movies, newspapers, books, magazines | Same as 1937 plus, Telephone (Smartphone's), Fax, TV, internet, emails, texting, twitter, tweet, Facebook, texting, Skype |
| 2) Transportation | Automobile (Only one tribal member had a auto in 1934 on the reservation). Trains, boats, bikes, horse and buggy and walking. | Today most tribal member own autos. Trains, buses, airplanes, boats, bikes, walking |
| 3) Employment | Tribal government 7 council members WI Progress Admin (WPA) & Civilian Conservation Corp- Indian Division (CCC-ID) | 850 employees- (Est.) (162 tribal members work for our government) (60 tribal members work at the casino) <u>76 tribal members work for the tribe and live off the reservation</u> |
| 4) Land | Land, "1,250 acres of submarginal land in the town of Bartelme," (Oberly 2005, p.177). By 1937 13,077 acres were purchased for the tribe. | 17,217 acres in trust, <u>6,664 in fee</u> 23,881 acres total Bartelme & Red Springs. Plus the tribe owns land in New York |
| 5) Benefits | In the 1930's "Few if any tribal members could borrow from private lender" (p. 178). | Health care, education, land assignments, employment opportunities, housing loans, fishing and hunting, forest resources, men and women can vote and hold elected office etc. |
| 6) Membership | 450 (1938 Indian Census for Stockbridge-Munsee) 137 voted to ratify the 1937 Constitution | 1,501 members (per enrollment 2014) |

In summary, voting in the 2014 Secretarial Election to amend the 1937 Constitution of the Stockbridge-Munsee Community is an opportunity to make a significant correction to allow all tribal members 18 years old and older to vote in all tribal elections in the future. In 1937, in order to receive land and loans, tribal leaders worked hard but were denied their own constitution and were presented with a model written by non-tribal members. In 1946 our tribal leaders amended the membership ordinance to eliminate residency on the reservation for membership. There is no problem if our leadership asks for a review by the BIA of any amendment, but the final decision to approve the amendments should come from our people not the Secretary of the Interior or their representatives.

Anushiik,
Jo Ann Schedler
Member Constitution Committee

Election cont from page Three:

from their constitutions, through the amendment process, the Secretarial review provisions. Many tribes have done so..." (Tribal Constitutions and Bylaws: handbook, 2007, p 3-5).

Why vote in the Stockbridge-Munsee Community 2014 Secretarial Election? In 1937 our ancestors were unable to have their own constitution accepted and the "BIA Superintendent was the dominant figure on the reservation". Today the Mohican Nation is self-determined to govern and remain sovereign. In seventy-six years there has only been one constitutional amendment approved. It is time to remove the paternal dominance of the BIA.

Some people believe that the Stockbridge-Munsee Community Constitution is only for those living within the reservation boundaries. In 1946 our tribal council developed an amendment to the Enrollment Ordinance to approve enrollment using a birth certificate

which eliminated residency as a restriction for enrollment. This was approved by the BIA 1-11-1949.

Because of this change, all tribal members, no matter their residency, who are 21 years old and older, are eligible to vote in tribal elections (Chapter 49). All members "have a right to share in the beneficial use of the natural resources of the tribe's trust & fee lands" (Chapter 21). They can "share in the beneficial use of the forest" (Chapter 22). All tribal members are eligible for land assignments (Chapter 40). They are eligible to serve on boards and committees appointed by the council. They are eligible for health care services at the tribal clinic and many more benefits. Tribal members must also share in the duties and responsibilities.

Today, we have the ability to know what is happening with our government and community in real time. Travel to work, meetings and community events is no longer a barrier. Many of our members are involved with and work for



Home for Sale

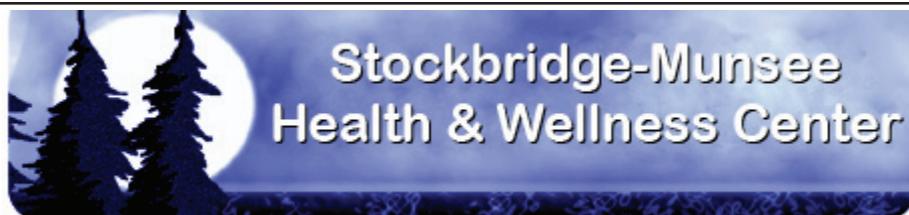
The Stockbridge-Munsee Community is accepting bids from Tribal Members on a house located at N8037 North Schmidt Road, Gresham, WI 54128.
Minimum Bid \$15,000
Home Information
Home is an older farm house built around the 1940's.
Home is approximately 1550 sq. ft.
Two additions have been added to the home at various times.
Home and out-buildings to be sold "As Is Condition"
Up to 5 acre land assignment with approval.
This home will be sold as a cash sale. The Tribe will not provide financing for the purchase of this house. Bidders must be able to pay the accepted bid amount in full within 45 days of bid acceptance.
For more information or to view the home please contact the Division of Community Housing at 715-793-4219.
All bids must be sealed and presented to:
Tribal Secretary, Tribal Office, P.O. Box 70, Bowler, WI 54416
The sealed bid should be clearly marked on outside of envelope "BID FOR HOME AT N8037 NORTH SCHMIDT ROAD."

Bids will be accepted until: March 31, 2014, 4:30pm.

Stockbridge-Munsee Health and Wellness Center Employee of the Month - Rita Kopitzke



The SMHWC is proud to announce the employee of the month – Rita Kopitzke! Rita is the Accreditation Coordinator here at the SMHWC. Rita has worked for the Stockbridge Munsee Community for 13 years in her position and also stepping up as the Assistant Director in the past when we needed her. If you have a question that needs to be answered, Rita is the one that has the answer. Again, we are proud to have Rita be the employee of the month as she goes above and beyond to help others here at the SMHWC. Congratulations Rita!



Phacts from the Pharmacy

Ear Infections – To Treat or Not to Treat?

Having a sick kid at home can be miserable. They don't sleep well, so you don't sleep well, and you may even have to take time off of work to stay home with your child. You want to do everything you possibly can to make your child feel better as soon as possible. But did you know that antibiotics are not always the right choice?

is "watchful waiting." Watchful waiting means letting the child's body try to fight the infection for two or three days before prescribing antibiotics. But that doesn't mean you have to suffer through having a fussy child. There are a number of things you can do to help your child feel better while they are fighting the infection

Many times, children can fight off an ear infection on their own, without the help of antibiotics. Antibiotics can have side effects, like diarrhea, that aren't very nice to deal with as a parent. And using antibiotics inappropriately can make bacteria harder to treat.

Giving medicine like acetaminophen (Tylenol®) or ibuprofen (Motrin®, Advil®) can help with any pain your child might have. You should try not to give your child a decongestant, like pseudoephedrine (Sudafed®), or antihistamine, like diphenhydramine (Benadryl®), cetirizine (Zyrtec®), or loratidine (Claritin®), because these medications have not been shown to help in ear infections and may cause side effects.

So when should you be getting antibiotics from the doctor? If your child is less than six months old, an ear infection should always be treated with antibiotics. If your child is six months to two years old, there are a number of things the doctor takes into consideration before prescribing antibiotics.

In summary, sometimes kids don't need antibiotics to fight off an ear infection and inappropriately using antibiotics can lead to side effects and resistant bacteria. Antibiotics should be prescribed if your child is less than six months old or has any of the severe symptoms listed above for their age group. You can help your child feel better by giving them medicine like acetaminophen (Tylenol®) or ibuprofen (Motrin®, Advil®) to help with any pain and swelling. Avoid giving children antihistamines like diphenhydramine (Benadryl®), cetirizine (Zyrtec®), or loratidine (Claritin®), because these may cause side effects without making your child feel better.

The American Academy of Pediatrics recommends that antibiotics be given to children age six months to two years **only if** one of the following happens:

- Both ears are infected
- Moderate to severe ear pain for at least 48 hours
- Temperature of at least 102°F
- Ear drainage

For kids older than two years, antibiotics should only be prescribed if they have moderate to severe ear pain for at least 48 hours, a temperature of at least 102°F, or ear drainage.

The most recommended strategy

(Editor's Note: Phacts from the Pharmacy is a new column that will be coming out once per month and is provided to our readers by Rachel Branson).

Save the Date !!!

May 7 – 9, 2014

"Share the Care 2014 Cancer Conference"

Lac du Flambeau, WI

Lake of the Torches Resort-Casino

"Northwoods Strong"

For more information contact:

Teresa K. Barber-Buch 715-588-1034 tbarber@glitc.org or

Traci Buechner 715-588-1043 tbuechner@glitc.org

There's so much more in life to see: Don't let glaucoma take your sight away

The best years are yet to come. With more free time, you can set your sights on wonderful places to go and people to see. Just make sure you keep an eye on glaucoma.

Glaucoma is a group of diseases that damages the eye's optic nerve, which carries visual signals to the brain. It can lead to vision loss or blindness if left untreated.

Primary open-angle glaucoma is the most common form of this disease and often has no symptoms in its early stages. Quite frequently, by the time people are diagnosed with glaucoma, they've already begun to notice changes in their side, or peripheral, vision.

While anyone can get glaucoma, people at higher risk for glaucoma include African Americans age 40 and older; everyone over age 60, especially Mexican Americans; and those with a family history of the disease.

"Studies show that at least half of all persons with glaucoma don't know they have this potentially blinding eye disease," said National Eye Institute (NEI) director Dr. Paul Sieving. "The good news is that glaucoma can

be detected in its early stages through a comprehensive dilated eye exam."

A comprehensive dilated eye exam is a procedure in which an eye care professional places drops in your eyes to dilate (or widen) the pupil to examine the back of your eyes and check the optic nerve for signs of disease.

This exam may help save your sight because when glaucoma is detected early, it can be controlled through medications or surgery. If you are at higher risk, make sure you get a comprehensive dilated eye exam every 1 to 2 years and encourage family members to do so as well.

So wherever life takes you, keep vision in your future. Don't wait until you notice problems with your vision to see an eye care professional.

A low-cost exam may be available to you through Medicare. For more info, call 1-800-MEDICARE or visit www.medicare.gov.

For additional information about glaucoma, visit www.nei.nih.gov/glaucoma or call NEI at 301-496-5248.



12th Back-up Day

February WIC
4th Cert or Recert.
Day
5th Check Pick up
Day

If you have any questions please contact Julie Casper at 715-793-5013



Education

*Please
Join Us
Language*

Class

Every

*** Monday**

2:30-3:30 P.M.

in

Family Service's

**After School/Teen
Prevention Room**

at

MFC

with

Jeremy Mohawk

Everyone is welcome!

Info: #793-4085

** Except Holidays*



Two fourth-grade students, Lukas Pecore and Kyah Schwantes, performing a shadow puppet play with the assistance of reading specialist Linda Bangert. This was a culminating activity after they completed a reading unit.

ATTENTION JOB SEEKERS

We are looking for individuals to participate in our Education & Employment and Training Program. Please review the below service matrix and if you are interested or have further questions please contact Lynn Ninham, Education & Employment and Training (EET) Program Specialist at (715) 793-4582. Lynn's office hours are Tuesday, Wednesday, and Friday from 8am to 4:30pm.

Education & Employment and Training Program Service Matrix

ELIGIBILITY:

- Tribally Enrolled in a federal recognized tribe;
- Taxable income meets federal poverty guidelines at 185%;
- Residing in the townships of Bartelme or Red Springs, excluding Middle Village and including Bowler and Gresham; and
- Youth 14-21 years old and Adult 21+ years old

| Employment and Training Work Experience, ages 21+ (Old JTPA) | Employment and Training Support Services, ages 21+ (Old JTPA) | Employment and Training Classroom | Employment and Training Youth, ages 14-21 |
|--|--|---|---|
| <p>SERVICE</p> <p>This program assists participants with short-term employment to further the participants' work history, work skills, and vocational needs, goals, or interests.</p> <p>This includes funding to gain employment and/or job readiness. It also includes job search, career counseling, and literacy/skill training (time management, budgeting, interviewing, resume writing, typing, and math/reading).</p> | <p>SERVICE</p> <p>This program assists participants in overcoming personal or environmental handicaps, which inhibit their employability.</p> <p>This includes assisting participants with funding toward fulfilling work required needs.</p> | <p>SERVICE</p> <p>This program assists participants with any training in an institutional setting designed to provide individuals with the technical skills and information required to perform a specific job or group of jobs.</p> <p>This includes training designed to enhance the employability of a participant by upgrading their educational attainment level by providing a necessary certification or by developing communication skills</p> <ul style="list-style-type: none"> • GED Testing Fees paid for S/M members • GED Classroom Training is open to all Community members • Limited Computer /Printing Access | <p>SERVICE</p> <p>This program assists participants by focusing on increasing the High School graduation rate, reducing the drop-out rate, improving academic performance, building positive social behavior, and leadership development.</p> <p>This includes, short-term employment, school related fees, summer academic camps, career, vocational exploration, and financial literacy and education planning programs.</p> |

19 Winter Power Outage Safety Tips from the Nonprofit Federal Alliance for Safe Homes

By Anna Alexopoulos

The nonprofit Federal Alliance for Safe Homes (FLASH) offers the following 19 tips to keep families safe and comfortable:

1. Include power outages in your family disaster plan, identifying alternate means of transportation and routes to home, school or work.
2. Keep extra cash on hand since an extended power outage may prevent you from withdrawing money from automatic teller machines or banks.
3. Keep your car fuel tank at least half-full; gas stations rely on electricity to power their pumps.
4. During a power outage, resist the temptation to call 9-1-1 for information—that's what your battery-powered radio is for.
5. Turn off all lights but one, to alert you when power resumes.
6. Check on elderly neighbors, friends, or relatives who may need assistance if weather is severe during the outage.
7. Keep a supply of flashlights, batteries and a battery-powered radio on hand. Do not use candles as they pose a fire hazard.
8. Put on layers of warm clothing. Never burn charcoal for heating or cooking indoors.
9. If you are using a gas heater or fireplace to stay warm, be sure the area is properly ventilated.
10. Go to a designated public shelter if your home loses power or heat during periods of extreme cold. Text SHELTER + your ZIP code to 43362 (4FEMA) to find the nearest shelter in your area (example: shelter 12345)
11. Keep a supply of non-perishable foods, medicine, baby supplies, and pet food as appropriate on hand. Be sure to have at least one gallon of water per person per day on hand.
12. Avoid opening the fridge or freezer. Food should be safe as long as the outage lasts no more than four hours.
13. Have one or more coolers for cold food storage in case power outage is prolonged. Perishable foods should not be stored for more than two hours above 40 degrees Fahrenheit.
14. If you eat food that was refrigerated or frozen, check it carefully for signs of spoilage.
15. Do not run a generator inside a home or garage. Use gas-powered generators only in well-ventilated areas.
16. Connect only individual appliances to portable generators.
17. Don't plug emergency generators into electric outlets or hook them directly to your home's electrical system – as they can feed electricity back into the power lines, putting you and line workers in danger.

18. When power comes back on, it may come back with momentary "surges" or "spikes" that can damage equipment such as computers and motors in appliances like the air conditioner,

refrigerator, washer or furnace.

19. When power is restored, wait a few minutes before turning on major appliances to help eliminate further problems caused by a sharp increase in demand. www.greatwinterweatherparty.org.



On Tuesday, January 7, 2014, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken on the motions:

APPROVAL OF AGENDA-

Add: Home Issue

Motion by Shannon Holsey to approve the Regular Tribal Council Meeting of Tuesday, January 7, 2014, as amended. Seconded by Terrie K. Terrio. Motion carried.

CASINO JOB DESCRIPTIONS-

Karla Bowman, Human Resource Manager, Terrance Miller, Director of Security, David Shubinski and BethAnn Molkentin, Marketing

Entertainment Coordinator-

Motion by Joe Miller to approve the new job description of Entertainment Coordinator as presented by the Administration of North Star Casino. Seconded by Shannon Holsey. Motion carried.

Executive Hosts-

Motion by Shannon Holsey to approve the Executive Hosts position description with the revised language in number two as preferred. Seconded by William A. Miller. Motion carried.

HIPPA POLICIES AND PROCEDURES-Rene Montez, Insurance Specialist

Motion by Gregory L. Miller to approve by consent the HIPAA Policies that were implemented in 2013, Auditing Information System Activity Policy, Communication of Protected Health Information Policy, Facility Access Policy, Presentation by Virchow Krause HIPAA's Security Rule, Plan Document Policy, Risk Analysis & Risk Management Policy, System Access Policy, Business Associate Agreement Agreements, Data Management and Backup Policy, Facility Repairs and Maintenance Policy, HIPAA Security Check List, Policies and Procedure and Security Incident Response Policy. Seconded by Terrie K. Terrio. Motion carried.

DOT TASKFORCE DESIGNEE-Linda Katchenago, Tribal Administrator

Motion by Shannon Holsey to appoint Stacey Schreiber as the representative for the Wisconsin DOT Tribal Taskforce and appoint Willy Miller as the alternate, and to authorize the Tribal President

to sign the attached draft letter. Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: NIGA-Terrie K. Terrio, Tribal Treasurer

Motion by Shannon Holsey to adopt resolution 013-14, now therefore be it resolved, that the Stockbridge Munsee Tribal Council here by designates President Wallace A. Miller as the Tribe's Delegate, with Vice President Gregory L. Miller, Treasurer Terrie K. Terrio, Council Members Shannon Holsey, Joseph Miller, William A. Miller and Jeremy Mohawk, as Alternates. Be it Finally Resolved, that the above named delegate and alternate appointments shall remain in effect until October 2014. Seconded by Terrie K. Terrio. Motion carried.

RESOLUTION: General Assistance, TMD/Wildlife and Parks

Motion by Gregory L. Miller to adopt resolution 014-14, therefore be it resolved, that the Stockbridge-Munsee Tribe requests that the Bureau of Indian Affairs accept the Tribe's Model Contract for FY 14, 15, 16 for the purpose of 638 contracting with the Bureau of Indian Affairs for the following programs: General Assistance, TMD/Wildlife and Parks. Seconded by Shannon Holsey. Motion carried.

RESOLUTION: Tribal Policy in Relation to OSHA-

Motion by Joe Miller to adopt resolution 015-14, now therefore be it resolved, Tribal Council establishes that it is the policy of the Stockbridge-Munsee Community to conduct itself and operations in accordance with OSHA and its regulations so as to best insure that it is providing a safe work place for all Tribal employees. Seconded by Terrie K. Terrio. Motion carried.

DRAFT REQUEST FOR REFINANCING THE SHAKOPEE LOAN-

Motion by Shannon Holsey to approve the request for proposal for the refinancing of the Shakopee Loan and to set the date for release as January 8, 2014 and the responses are due February 10th of 2014. Seconded by William A. Miller.

Motion make amends motion to state: refinancing of the

Construction Loan. Second concurs. Motion carried.

RESOLUTION: LIMITED WAIVER OF SOVEREIGN IMMUNITY-

Motion by Gregory L. Miller to adopt resolution 016-14, whereas, the Tribal Council wishes to have the Stockbridge-Munsee Health and Wellness Center become part of various insurance networks, so that it may receive payment to cover the cost for care provided to patients who have insurance as part of those networks; whereas, the Tribal Council believes that entering into such network health plan agreements is in the best interests of the Tribe and will allow the Tribe to save money on the cost of providing care to Indian Health Service beneficiaries so that those funds can be used for other health care activities; now therefore be it resolved, the Tribal Council hereby authorizes the Tribal President or, in his absence, the Vice-President to execute network health plan agreements to become a covered provider for purposes of recovering payment for health care provided to individuals who are covered by such insurance plans. Seconded by Terrie K. Terrio. Motion carried.

HOME OF SCHMIDT LANE-

Motion by Terrie K. Terrio to honor the request from Housing to keep the Schmidt Lane Property on the current bid, as is until the end of March when they will come back, hopefully before then, come back with some recommendations for the property, if we don't get a buyer. Seconded by Shannon Holsey. Motion carried.

EXECUTIVE SESSION-

Motion by Shannon Holsey to go into Executive Session. Seconded by Terrie K. Terrio. Motion carried at 5:25 PM.

Motion by Gregory L. Miller to come out of Executive Session. Seconded by Joe Miller. Motion carried at 5:44 PM.

While in Executive Session discussion was held on (2) legal issues and a contract issue.

Motion by Joe Miller to enter into contractual legal services with Waldo "Buck" Martin for Lobbying Services for the Tribe with the parameters of the contract as discussed in Executive Session. Seconded by Terrie K. Terrio. Motion carried.

Motion by Gregory L. Miller to move forward with case number 2013AA0005. Seconded by Shannon Holsey.

Roll Call: Terrie abstain, Willy yes, Shan yes, Greg yes, Jeremy yes and Joe no. Motion carried.

-OPEN AGENDA-

Vice Chairman Gregory L. Miller apologized to the Community for the rescheduling of the last Regular Tribal Council Meeting due to a family emergency.

ADJOURNMENT-

Motion by Joe Miller to adjourn. Seconded by Shannon Holsey. Motion carried at 5:47 PM

Section 184 Indian Housing Loan Guarantee Program Available at BAY BANK

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* Nationwide program on trust land, allotted trust, or fee simple land. In Wisconsin, Tribal Members may obtain financing through the 184 Program for properties located on or off the Reservation.

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25¢ THURSDAY WINGS AT THE GROOVE 11AM-9PM

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EARN 5 POINTS AND GET \$10 IN FREE PLAY.
One per Thursday. Must show ID.
8am - Midnight

\$13 FRIDAY CRAB LEG BUFFET 4PM-10PM

FRIDAYS



WIN YOUR SHARE OF \$28,800.
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\$11 SATURDAY GREAT AMERICAN STEAK OUT 4PM-10PM

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